



Year 2015/2016	Woman Psychology
1 st Term Exam	Third year (Obs.)
Date: 16/1/2019	Total Marks: 25
Time allowed: 2 hours	-DR/ Mervat Zaghoul

Answer the following

I- Define the following : (8 Marks)

1- postpartum psychosis.

2- Premenstrual syndrome moden.

3- Rubin's phase (2 Marks)

4- Women crises. (2 Marks)

II- Choose the best correct answer: (5 Marks)

1- A woman's menstrual cycle is often linked with mood swings because:	
a. emotional disturbance during menstruation	b. increase level of estrogen and progesterone
c. monthly fluctuation in hormone levels during menstruation	d. sleeping problems during menstruation
2- The exact cause of premenstrual syndrome is uncertain but there is a theory:	
a. hormonal changes	b. chemical changes
c. weight and exercise	d. stress
e. diet	f. all of the above
3- Dreams and night mares most common occur during pregnancy during :	
a. first trimester	
b. second trimester	
c. third trimester	
d. at any time during pregnancy	
4- Transition phase from 3rd day to 2nd week of the postpartum is called.	
a. Taking -Hold phase	b. Taking-In phase
c. Blue phase	d. Rubin's phase
5- Women psychology is:	
a. the field of the psychology of women recognizes the inequality of social and institutional power	b. the field of women's personalities and mental health, women's health issues, sexuality, reproductive rights



between women and men.	and reproductive health.
c .the field of the psychology of women is referred to as feminist psychology within the larger political and social aspects of society	<u>d. all of the above</u>

III-put (T) on correct answer and (F) on the false answer (5 marks)

- 1- Behavior is shaped by culture and not affected by value of education, punctually or norms. ()
- 2- Mood swing during menstruation causes can also include external factors like alcohol, caffeine, and other stimulants. ()
- 4- The couple's outlook about pregnancy and childbirth are affected by their experiences only. ()
- 5- Insomnia, sleep apnea, daily stress and fatigue can't affecting emotional instability during menstruation.. ()
- 6- Stress plays major role in causing infertility through the physical and psychological changes. ()

IV – Give short account on the following: (6 marks)

- 1- The Social Violence Against Women? (2 marks)
- 2- Nursing care for psychological problems associated with infertility? (2 marks)

2- The Reasons for victim's acceptance of violence ? (2 marks)

Good luck