CURRICULUM VITAE



1-Demographic Data

Name: Sohier Goda EL-Sayed Abdel-Rahman.

Current Position: *professor* of psychiatric and mental health nursing

Place of Birth: EL-Sharkia Gov., Egypt.

Date of Birth: 13/ 11 / 1970

Nationality: Egyptian

Marital Status: Married& have one son & two daughter

Address: Faculty of nursing, Port Said University, Egypt.

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Education:

<u>*Ph.D.N.*</u>" 2008 In psychiatric Nursing ,Faculty of nursing ,Suez canal university .thesis title The relationship between childhood negative experiences ,stressful life events and depression in depressed patient in Port-Said and Ismailia Governorate.

<u>MSc.N</u> In psychiatric nursing, Faculty of nursing, Suez Canal University 2002. Thesis title Assessment of physical an emotional abuse among primary school children in Port-Said city.

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BSc. N., Zagazig University, 1992

Academic Appointments:

-Head department of psychiatric nursing. Faculty of nursing science in the University Medical Science and technology27/3/2007.In Sudan

-Head department of psychiatric nursing. Faculty of nursing science in Zarqaa University 2009\ 2014 In Jordan.
-Head department of psychiatric nursing. Faculty of nursing in Port Said University 2018\2019-2019\2020.

Educational and university teaching activities:

- Teaching women's psychology for the third year, second semester of the academic year 2008/2009-2011\2012

- Teaching the basics of psychology for the fourth year, first semester of the academic year 2015/2016

- Supervising the field training of psychiatric nursing for students of the fourth year of the academic year 2015/2016

- Follow-up of the laboratories of the four academic teams for the second semester of the academic year 2015/2016

- Teaching psychiatric nursing and mental health for the fourth year, first semester of the academic year 2015/2016

-Teaching psychological counseling for the third year, first and second semesters, for the academic year 2018/2019 and 2019/2020.

2- Teaching communication skills and human relations for the first year, second semester, for the academic year 2018/2019

4- Supervising the field training of psychiatric nursing for fourth year students for the academic year 2018/2019 - 2021/2022

6- Teaching psychiatric nursing and mental health for the fourth year, first semester of the academic year 2019/2020

Teaching for Postgraduate Studies:-

-Teaching: psychiatric .nursing, (Master & Doctorate).

- Syllabus design in psychiatric nursing, (Master & Doctorate).

-Participation in teaching/training on women psychology for postgraduate's obstetric health nursing Specialty: in 2012.

- Teaching psychiatric nursing and mental health for postgraduate students, specializing in a master's degree, second and third semester, 2008 | 2009

- Teaching psychology theories and its applications for postgraduate students, specializing in a master's degree, second and third semester, 2008 | 2009

- Teaching educational psychology for pre-master students, first semester $2015|\ 2016$

Participation in the PhD control in Nursing Sciences 201 4-2015

-Teaching, psychiatric nursing and mental health for postgraduate students, specializing in a master's degree, 2015 | 2016

-Teaching a course for seminars in the field of specialization for postgraduate students specializing in a master's degree, first semester 2015/2016

-Member of postgraduate control for the second semester 2016 2017

- Participation in the development and review of study plans for the master's and doctoral stages for the 2015/2016

- Teaching psychiatric nursing and mental health to postgraduate students specializing in a master's degree, second and third semester, 2020/2021 - 2021/2022

- Teaching the subject of violence and health 2018/2019

- Teaching the subject of new trends in nursing 2018/2019

-Member of postgraduate control, Faculty of Nursing, Port Said University 2017/2018

- Teaching psychological counseling to master's Students 2018/2019

-Teaching child psychology, specializing in masters, first and second semesters 2021/2022

- Teaching an independent study in Psychological Nursing for $\begin{tabular}{c} PHD & 2021 \cal{2022} \end{tabular}$

Educational activities outside the Arab Republic of Egypt:

-Teaching mental health nursing theoretical and practical and preparing course descriptions at the faculty of nursing, Zarqa

University in Jordan for the academic year 2009/2010=2010\2011

-Teaching clinical nutrition in the faculty of nursing, Zarqa University in Jordan for the academic year 2010/2011

-Supervising the intensive clinical training at the faculty of nursing, Zarqa University in Jordan for the academic year 2010/2011

-Teaching mental health nursing, theoretical and practical, at the faculty of nursing, Zarqa University in Jordan for the academic year 2012/2013-2013\2014

- Teaching human relations for the first semester at the faculty of nursing, Zarqa University in Jordan for the academic year 2012/02/2013

- Teaching management in clinical nursing for the second semester at the faculty of nursing, Zarqa University in Jordan for the academic year 2012/2013

- Teaching nursing trends and issues for the second semester at the faculty of nursing, Zarqa University in Jordan for the 2012/2013 academic year

- Head of the student issues committee at the faculty of nursing, Zarqa University in Jordan for the academic year 2009/2010-2010/2011-2013/2014-2014/2015

-Member of the oral examination committee for intensive clinical training for graduates, faculty of nursing, Zarqa University in Jordan for the academic year 2009/2010-2010/2011

- Member of the Scientific Research and conferences committee, faculty of nursing, Zarqa University in Jordan for the academic year 2009/2010-2010/2011

- Psychological counselor for college students at the faculty of nursing, Zarqa University in Jordan for the academic year 2009/2010-2010/2011--2015

-Member of the accreditation and quality assurance committee at the Faculty of Nursing, Zarqa University in Jordan for the academic year 2009/2010-2010/2011

- Member of the faculty in the university council, faculty of nursing, Zarqa University in Jordan for the academic year 2010/2011

-Member of the study plan committee at the faculty of nursing, Zarqa University in Jordan for the academic year 2009/2010-2010/2011

-Member of the university library committee, Faculty of Nursing, Zarqa University in Jordan for the 2014/2015 academic year

-Rapporteur of the examination committee at the Faculty of nursing, Zarqa University in Jordan for the academic year 2014/2015

-Member of the graduate follow-up committee at the faculty of nursing, Zarqa University in Jordan for the academic year 2014/2015

- Member of the faculty council, faculty of nursing, Zarqa University in Jordan for the academic year 2009/2010-2010/2011

- Head of the college library committee, faculty of nursing, Zarqa University in Jordan for the academic year 2012/2013-2014 $\2015$

-Member of the student issues committee at the faculty of nursing, Zarqa University in Jordan for the academic year 2012/2013

-Member of the scientific research committee at the faculty of nursing, Zarqa University in Jordan for the academic year 2012/2013

- Member of the quality assurance committee at the faculty of nursing, Zarqa University in Jordan for the academic year 2012/2013

-Member of the examination committee at the faculty of nursing, Zarqa University in Jordan for the academic year 2012/2013

-Chairman of the oral examination committee for intensive clinical training for graduates, the first and second semesters, at the faculty of nursing, Zarqa University in Jordan for the academic year 2012/2013 - 2014/2014

- Dean faculty of nursing, Zarqa University, Jordan, during the period 11-15/2/2015

- Academic advisor for students at the faculty of nursing, Zarqa University in Jordan for the academic year 2012/2013-2014/20

- Participation in the free medical day of the faculty of nursing at the university (psychological counseling) Zarqa University in Jordan for the academic year 2010/2011 2012/2013- 2014/2015

- Participation in the meeting on developing a national curriculum for education in the field of mental health nursing through the Jordanian nursing council in the academic year 2009/2010

- Participation in community service by making plays for health education at Shafa Badran Addiction treatment center in Jordan for the academic year 2009/2010-2012/2013

- Participation in the program to prepare new faculty members at Zarqa University in Jordan 2009

Workshops and training courses:

" Credit hour" 21-23 November 2006, Faculty Leadership Development Project.

-Three certificates from faculty of nursing – Suez Canal University for participation in workshop about quality assurance and accreditation in 2005.

-Certificate from faculty of nursing – Suez Canal University for participation in workshop about communication program during period from 8 till 11/8/2005.

-Certificate from faculty of nursing – Suez Canal University for participation in workshop about using technology of education, methods of teaching and smaller teaching during period from 3 till 18/9/2005.

-Attending a workshop in Ismailia on OSCE 2009

-Attending a workshop on the Academic Reference Standard "NARS" at the Faculty of Nursing, Port Said University 2009

-Participation in the Program for Developing Thinking and Management Skills - Entrepreneurship Curriculum in cooperation between Cairo University, Egyptian universities and the International Labor Organization 2012

-Conducting a workshop on domestic violence at the Islamic center secondary school in Zarqa, Jordan 2013

- Attending a workshop on designing scientific research at the Faculty of Nursing, Port Said University, 2015.

-Attending a workshop on citation in scientific research at the Faculty of Nursing, Port Said University, 2015.

-Attending a workshop on the ethics of scientific research at the Faculty of Nursing, Port Said University, 2015.

-Attending a training course on the values of integrity, transparency and awareness of the dangers of corruption and ways to prevent it at Port Said University 2016.

-Attending a training course on time management and meetings at Port Said University 2016.

-Attending a training course on quality standards in the teaching process at Port Said University 2016.

-Attending a training course on research team management at Port Said University 2016

-Attending a training course on the use of technology in teaching at Port Said University in 2016.

-Attending a training course on Spreadsheet at Port Said University 2016

14- Training of laboratory staff on effective communication at the Faculty of Nursing at Port Said University 2016/2017

Scientific conferences

-The fourth conference of the department of pediatric nursing, faculty of Nursing, Port Said University 2016

-The second international conference of the faculty of nursing, Port Said University 2016-2017-2018-2019-2020-2022

-Autism scientific day towards more challenges, faculty of nursing, University of Jordan 2014

-The first international conference of the faculty of nursing, Zarqa University, Jordan 2010

-The first regional scientific conference on nutrition, disabilities and Mental Health Amman Arab University 2010

-International conference on nursing development Helwan University 2015

-Scientific day for nursing development, University of Jordan 2010

-Scientific day for ethical and legal aspects of nursing practice, Al-Zaytoonah University of Jordan 2010

- The cooperation Project of the International Labor Organization and the Egyptian Universities Prepared by the trainer of Cairo University 2012

Participation in quality activities

-Member of the scientific research committee of the Quality Assurance and Performance Evaluation Unit in 2009

-A member of the committee specialized in writing, reviewing and documenting the annual self-report of the college in 2009

-Member of the committee concerned with writing, reviewing and documenting the report of the educational program in the college in $2009 - 2019 \setminus 2020$

- A member of the committee concerned with preparing the academic reference standards for the college and describing the bachelor's program according to the approved hours list for the academic year $2015/2016.2019 \setminus 2020$

- Worked as a deputy for the faculty evaluation committee in 2012

-Member of the committee to amend the study plan for postgraduate studies 2016

-Head of Graduate follow-up committee for the 2016/2017 academic year

Professional Membership

-Member in Egyptian association of Medicine and Law.

- Century Member in Implementation Team In-Establishment of quality Assurance and Performance Appraisal system Project In FON/SCU.

-Member in community service committee in faculty of nursing – Suez University.

- Member in health Work force Development Committee in FON/SC

-Member in quality Improvement Association of health care at rise of 21st century.

-Member in Arabian Committee for Training and Consolations.

Member of the Laboratories and Scientific Equipment Committee emanating from the College Council for the academic year 2015/2016

Emanating from the College Council for the academic year Member of the Scientific and Cultural Relations Committee 2015/2016

- The owner of a proposal for the idea of a unit for psychological counseling in the college for the academic year 2016/2017

- Academic advisor for new students for the academic year 2015/2016 and 2016/2017

Participation in the personal interview of applicants for admission to the college 2015/2011

-Member of the Laboratories and Scientific Equipment Committee emanating from the College Council for the academic year 2021/2022

-Member of the Scientific and Cultural Relations Committee emanating from the College Council for the academic year 2020/2021

-Member of the Graduate Studies Committee emanating from the College Council for the academic year 2019/2020 and 2020/2021

- Director of the Psychological Counseling Unit at the College for the academic year 2018 to 2022

1- <u>Developmental Activities:</u>

Attending Activities:

- 1- Participation in workshop on Training of Entrepreneurship Trainers (TET) Know about Business (KAB), professors' course, Arabic version 2012 conducted in cooperation with international labor organization (ILO).
- 2- Organizer in the first national conference expanding horizons of nursing profession (Science and Application) in Zarqa private university in Jordan 2010.
- 3- Participation in workshop on Course Specification, held by FON, SCU, Port-Said, at 11th April, 2005

- 4- Participation in workshop on Program Specification, held by FON, SCU, Port-Said, at 11th June, 2005.
- 5- Participation in the Scientific Day Entitled (Scientific Inquiry in Nursing throughout the Generations) on 2010 in Jordan
- 6-Participation in the five free medical days on 2009 in Zarqa University Jordan
- 7- Participation in the sixth free medical day on May 2011 in Zarqa University Jordan
- 8- Participation in Scientific conference about nutrition and psychiatric health disabilities in Amman Arab University 2010.
- 9- Participation in workshop on. Ethical and legal aspects in nursing practice, Zaitona University 2010
- 10- Participate in the meeting on the development of a national curriculum for education in the field of mental health nursing through the Jordanian Nursing Council 2010
- 11- Chairman of the Committee on the issues of students, Faculty of Nursing Zarqaa University of Jordan2009\2010
- 12- Member of the oral examination of clinical material intensive training for undergraduates Faculty of Nursing Zarqaa University of Jordan2009\2010
- 13-Counselor for college students Faculty of Nursing Zarqaa University of Jordan 2009\2010
- 14 Member of college of the University Council Faculty of Nursing Zarqaa University of Jordan 2009\2010

Papers:

1- Use of Clinical Teaching Guide for Psychiatric Students and Assessment of Sources of Stress and the Emotional State of Them during Their First Encounter with Psychiatric Patients (Journal of American Science 2012;8(10))373-377

2- Nurses' Characteristics and their Attitudes
Toward Death and Caring for Dying Patients in a Public Hospital in Jordan 2013 (HEALTH SCIIENCE JOURNAL (2013), 7(4)384-389 3- The perceived factors and compliance with treatment that lead to relapse in schizophrenic patients and their families 2013 (Journal of American Science 2013;9(12) 512-517

4-Health Risk Behaviors among Port Said University Students Journal of American Science (2013; 9(12s)

5- Internalized Stigma of Mental Illness among Jordanian Patients Resident in National Center for Mental Health Asian Academic Research Journal of Multidisciplinary volume 1 ISSUE 22 (JUNE 2014) ISSN : 2319 – 2801

6-The relationship between tendency toward suicide and self harm .A study on residents of addiction center in Jordan Asian Academic Research Journal of Multidisciplinary volume 1 ISSUE 31 (JUNE 2015) ISSN : 2319 - 2801

7- Patterns used by Schizophrenic Patients to Cope with Auditory Hallucination port said scientific Journal of nursing number (1) volume (4) issue 2356 -8658 June 2017

8- Causes and consequences of street life on homeless children . choice or compulsion? third international conference faculty of nursing\ port said university. April 2017

9- Internship and clinical decision making combined with critical thinking disposition among nursing students third international conference faculty of nursing\ port said university. April 2017

10- Nurses' Experience of Burnout: A Consequence of Workplace Violence in Selected Settings IOSR Journal of Nursing a nd Health Science (IOSR-JNHS) e- ISSN: 2320–1959.p- ISSN: 2320–1940 Volume 7, Issue 4 Ver. II (Jul.-Aug. 2018), PP 43-47

11- Organizational justice and workplace bullying: The Experience of Nurses American Journal of Nursing Research,

2018, Vol. 6, No. 4, 208-213 Available online at http://pubs.sciepub.com/ajnr/6/4/9 ©Science and Education Publishing DOI:10.12691/ajnr-6-4-9

12- Ruminative thinking and mindfulness among patients with depression. International journal of psychiatric and mental health. 2020, V1 (3): 1-9

13- Physical and psychological effects of internet addiction among faculty of nursing students at port said university. Port Said Scientific Journal of Nursing Vol.8, No. 1, June 2021

14- Stress, anxiety and depression among adolescents suffering from thalassemia. Port Said Scientific Journal of Nursing Vol.8, No. 3, December 2021

15- Aggressive behavior and psychosocial adjustment among Port Said University adolescent. Tanta Scientific Nursing Journal (Print ISSN 2314 – 5595) (Online ISSN 2735 – 5519)

16- The relation between the burden of caregiving, submissive behaviors, and depressive symptoms among caregivers of psychiatric patients (accepted in International Egyptian Journal of Nursing Sciences and Research)

17- The importance of social support and recovery among patients with psychiatric disorders. (accepted in Tanta Scientific Nursing Journal)