



**University:** Port Said  
**Faculty:** Nursing  
**Department:** Psychiatric Nursing and Mental Health.

### Program Specification (2018- 2019)

#### A. Basic Information

1. **Program Title:** Master degree

2. **Program Type:**

Single  Double  Multiple

3. **Department:** psychiatric Nursing and Mental Health

4. **Last date of program specifications approval:** / /

#### B. Professional Information

##### 1- Program Aim:

The aim of the program is to graduate competent professional nurses able to provide holistic nursing care independently and in collaboration with members of health team in a variety of psychiatric and mental health services, and to deal effectively within ethical, legal and professional standards and provide education for nursing professional to contribute to the mental health and wellness of individuals focusing on the utilization of theory and research as a basis for practice.

##### 2- Intended Learning Outcomes (ILOs):

**By the end of the program the nurse student should be able to:**

##### 1- Knowledge and understanding:

a.1-Discuss basic theories related to psychiatric nursing.

a.2 - Recognize biological, mental, emotional, behavioral and environmental determinants of health and illness in a given case.

a.3 -Identify advanced knowledge in chosen area of study within advanced nursing practice.

a.4- Recognize the theories and research used in assessing, diagnosing,



planning, implementing and evaluating comprehensive care for Individuals, families and populations across the health continuum.

**a.5-** Determine risks in clinical practice related to psychiatric and mental health nursing.

**A.6-** Discuss new trends and issues related to psychiatric nursing.

**A.7-** Recognize basics and ethics of psychiatric nursing scientific research.

**a.8-** Identify principles and concepts of quality in psychiatric nursing professional practice.

**a.9-** Acquire advanced concepts of management and leadership skills required for professional practice.

## **2 -Intellectual Skills:**

**b.1-** Analyze theories, concepts and principles of psychiatric nursing to deliver appropriate nursing care for clients with mental health problems.

**b.2-** Utilize knowledge of psychiatric nursing and related sciences to identify and prioritize health needs of clients with mental health problems.

**b.3-** Apply the new trends related to psychiatric and mental health nursing.

**b.4-** Integrate knowledge from the physical and behavioral sciences, informatics, and the humanities into of psychiatric professional nursing practice.

**b.5-** Use methods of enquiry to collect and interpret data in order to provide information that would inform or benefit in caring of individuals, families and populations across the health continuum .

**b.6-** Use innovative nursing interventions to assist individuals to adapt to the physiological and psychological changes and overcome their mental health



threats.

- b.7-** Measure critically the outcomes of nursing care during provision of care.
- b.8-** Use recent available evidence of nursing standards to evaluate the level of nursing care and its outcomes.
- b.9-** Utilize critical thinking to provide holistic and continuous, nursing care to clients and their families.
- b.10-** Analyze current situations by different quality tools to identify clinical practice problems and solve and improve those situation.
- b.11-** Collaborate effectively with the multidisciplinary team to provide quality care to individuals, families and populations across the health continuum.
- b.12-** Criticize the research papers.
- b.13-** Interpret and present numerical and narrative data.
- b.14-** Select appropriate methods of statistical analysis according to psychiatric nursing.
- b.15-** Select appropriate methods of teaching according to educational domain.
- b.16-** Discuss new concepts of community studies and its health problems.
- b.17 -** Differentiate between different types of treatment modalities.

### **3- Professional Skills:**

- c.1-** Perform therapeutic nursing interventions directed toward health promotion, health maintenance, disease prevention and quality of life.
- c.2-** Document the psychiatric nursing interventions.
- c.3-** Conduct research and other scholarly activity in the field of psychiatric and mental health nursing.
- c.4-** Implement standardized protocols and guidelines during nursing intervention.



**c.5-** Provide safe personalized care based on principles of safety consumers and environment within the reality of specific situation.

**c.6-** Use methods of teaching appropriate to individual or group abilities.

**c.7-** Utilize advanced computer skills.

#### **4 – General and transferable Skills:**

**d.1-** Use effective and appropriate oral, written and technological communication skills in clinical, educational, and professional contexts and systems

**d.2-** Adopt team work approach.

**d.3-** Use information technology to practice professionalism.

**d.4-** Utilize the statistical program effectively.

**d.5 -** Make creative & ethical decision.

**d.6-** Use recent available evidence of nursing standards to evaluate the level of nursing care and its outcomes.

**d.7-** Upgrade students English language skills.

**d.8-** Develop research project according to psychiatric nursing.

**d.9-** Utilize guidelines concerning the rights of patients in all health care settings.

**d.10-** Adopt self- learning approach.

**d.11-** Manage time effectively.



### 3-Program Academic Standards: National Academic Reference Standards for Post graduate Master Program

#### مواصفات الخريج لمرحلة الماجستير:

خريج برنامج الماجستير فى اى تخصص يجب ان يكون قادرا على :

- ١- اجاءة تطبيق اساسيات ومنهجيات البحث العلمى واستخدام ادواته المختلفة .
  - ٢- تطبيق المنهج التحليلى واستخدامه فى مجال التخصص.
  - ٣- تطبيق المعارف المتخصصة ودمجها مع المعارف ذات العلاقة فى ممارسته المهنية .
  - ٤- اظهار وعيا بالمشاكل الجارية والرؤى الحديثه فى مجال التخصص .
  - ٥- تحديد المشكلات المهنية وايجاد حلول لها .
  - ٦- اتقان نطاق مناسب من المهارات المهنية المتخصصة واتخدام الوسائل التكنولوجية المناسبة بما يخدم ممارسته المهنية .
  - ٧- التواصل بفاعلية والقدرة على قيادة فرق العمل .
  - ٨- اتخاذ القرار فى سياقات مهنية مختلفة .
  - ٩- توظيف الموارد المتاحة بما يحقق اعلى استفادة والحفاظ عليها .
  - ١٠- اظهار الوعى بدورة فى تنمية المجتمع والحفاظ على البيئة فى ضوء المتغيرات العالمية والاقليمية .
  - ١١- التصرف بما يعكس الالتزام بالنزاهة والمصدقية والالتزام بقواعد المهنة .
  - ١٢- تنمية ذاته اكاىميا ومهنيا وقادرا على التعلم المستمر .
- ١- المعايير القياسية العامة

#### أ- المعرفة والفهم

- بانتهاء دراسه برنامج الماجستير يجب ان يكون الخريج على فهم ودراية بكل من :
- ١- النظريات والاساسيات المتعلقة بمجال التعلم وكذا فى المجالات ذات العلاقة .
  - ٢- التأثير المتبادل بين الممارسة المهنية وانعكاسها على البيئة .
  - ٣- التطورات العلمية فى مجال التخصص .
  - ٤- المبادئ الاخلاقية والقانونية للممارسة المهنية فى مجال التخصص .
  - ٥- مبادئ واساسيات الجودة فى الممارسه المهنية فى مجال التخصص .
  - ٦- اساسيات واخلاقيات البحث العلمى .



### ب-المهارات الءهنية

- بانتهاء ءراسه برنامج الماجستير يجب ان يكون الخريج قاءر اعلى:
- 1- ءليل وءقييم المءلوماء فى مجال ءءصص وءقياص عليها لءل المشاكل .
  - 2- ءل المشاكل المءءصصة مع ءءم ءوافر بعض المءطياء .
  - 3- الربط بين المءارف المءءلفة لءل المشاكل المهنية .
  - 4- اءراء ءراسه بءءية و/او ءءابة ءراسه علمية منهءية ءول مشءلة بءءية .
  - 5- ءقييم المءاطر فى الممارساء المهنية فى مجال ءءصص .
  - 6- ءءطياء لءءوير الاءاء فى مجال ءءصص .
  - 7- اءءاء القراءاء المهنية فى سياقااء مهنية مءنوعة .

### ء-المهاراء المهنية

- بانتهاء ءراسه برنامج الماجستير يجب ان يكون الخريج قاءر اعلى:
- 1- اءقان المهاراء المهنية الاءاسية وءءءية فى مجال ءءصص
  - 2- ءءابة وءقييم ءقارير المهنية
  - 3- ءقييم الطرق وءالءواء القائمة فى مجال ءءصص .

### ء-المهاراء العامة وءل منءقلاء

- بانتهاء ءراسه برنامج الماجستير يجب ان يكون الخريج قاءر اعلى:
- 1- ءءواصل الفعال بأءواعه المءءلفة
  - 2- اسءءءام ءءنولوجيا المءلوماء بما يءءم الممارسة المهنية .
  - 3- ءءقييم الءاى وءءءءء اءءياءة ءءلمية الشءصية.
  - 4- اسءءءام المصاءر المءءلفة للءصول على المءلوماء وءل مءارف
  - 5- وءع قواءء وءؤشراء ءقييم أءاء الاءرين
  - 6- العءل فى فريق وءياءة فرق فى قياسااء مهنية مءءلفة .
  - 7- اءارة الوءء بكفاءة
  - 8- ءءعلم الءاى وءل مسءم .

**4-Benchmarks:** Not Applicable (NA)

### 5- Program Structure and Contents:

#### a. Program duration:

Three semesters classified into:

1<sup>st</sup> semester; Preparatory= 15 weeks

2<sup>nd</sup> semesters; Specialty= 15 weeks

3<sup>rd</sup> semesters; Specialty= 15 weeks

In addition to the research project; the master thesis.

(The total duration is 4 years that could be extended to 5 years after the

Psychiatric Nursing and Mental Health (Master)



permission of faculty counsel based on the suggestion of supervisor and the agreement of department).

**b. Program structure:**

- **No. of hours:** 42 Graduate hour

**Preparatory:**

Theory: 14      Practical: -----

Total: 14

Compulsory: 10      Selective: 4      Optional: NA

**Specialty: Two semesters:**

**Theory:** 23 Credit hour

**Practical:** 6                      **Total:** 29 Credit hour

**Compulsory:** 23 Credit hour

**Selective:** 6 Credit hour

**Optional:** -----

**c- Credit hours:** 29 Credit hour

**d. Program Courses:**



a. Compulsory

Code No.	Course Title Preparatory/Specialty	No. of Credit hours	No of Hours/Week			Grade &level	Semester
			Lect.	lab	Exercise \Clinical field		
GEN 911	Research methodology (البحث العلمي)	2	2	—	—	preparato ry	First
GEN 912	Strategies of nursing learning (استراتيجيات تعليم التمريض)	2	2	—	—	preparato ry	First
GEN 913	Biostatistics احصاء (حيوي)	2	2	—	—	preparato ry	First
GEN 914	New trends in nursing (الاتجاهات الحديثة في التمريض)	2	2	—	—	preparato ry	First
GEN 915	Nursing Informatics (نظم المعلومات في التمريض)	2	2	—	—	preparato ry	First
PSY 721	Psychiatric nursing and mental health (التمريض النفسي و (1) الصحة العقلية (1) نظري)	3	3	—	—	—	Second
PSY 722	Psychiatric nursing and mental health (1) clinical التمريض النفسي و الصحة العقلية عملي 1	3	-----	—	3	—	Second
PSY 723	Psychology (علم نفس)	2	2	—	—	—	Second
PSY 724	Psychiatric medicine طب نفسي	2	2	----	—	—	Second





Code No.	Course Title Preparatory/Specialty	No. of Credit hours	No of Hours/Week			Grade &level	Semester
			Lect.	lab	Exercise \Clinical field		
PSY 725	New trends in psychiatric nursing الاتجاهات الحديثة في التمريض النفسي	2	2	---	---	---	Second
PSY731	Psychiatric nursing and mental health (2) التمريض النفسي و الصحة العقلية (٢) نظري	3	3	----	----	---	Third
PSY732	Psychiatric nursing and mental health (2) clinical التمريض النفسي و الصحة العقلية عملي (٢)	3	-----	---	3	---	Third
PSY733	Psychophysiology علم نفس فسيولوجي	2	2	---	---	---	Third
PSY734	Psychopharmacolog y علم الدواء النفسي	2	2	----	---	---	Third
PSY735	Psychiatric Rehabilitation التاهيل النفسي	2	2	---	---	---	Third
PSY736	Violence and health العنف و الصحة	1	1	---	---	---	Third



b .Selective (NA)

Code No.	Course Title	No. of Units	No of Hours/Week			Grade &level	Semester
			Lect.	.lab	.Exercis		
GEN 916	Educational psychology علم نفس تعليمي	2	2	----	-----	preparatory	First
GEN 917	Community study and health دراسة problems المجتمع و مشاكلة الصحية	2	2	----		preparatory	First
GEN 918	Health Education (1)التثقيف الصحي	2	2	-----		preparatory	First
GEN 919	Human Relation العلاقات الانسانية	2	2	-----		preparatory	First
GEN 920	Scientific writing الكتابة العلمية	2	2	----		preparatory	First
PSY 726	Alternative therapies in psychiatric nursing and mental health العلاجات البديلة في التمريض النفسي و الصحة النفسية	2	2			Specialty	Second



Code No.	Course Title	No. of Units	No of Hours/Week			Grade & level	Semester
			Lect.	.lab	.Exercis		
GEN 921	Child Psychology علم نفس الطفل	2	2			Specialty	Second
PSY 737	Psychosocial aspect of addiction المنظور النفس اجتماعي للادمان	2	2			Specialty	Third
PSY 738	Psychiatric Counseling الارشاد النفسي	2	2			Specialty	Third



**5- Courses' content: Refers to courses specifications.**

**Course content: According to postgraduate (Master) by law**

**6. Program Admission Requirements:**

- 1- That the student holds a bachelor's degree in nursing from a university in the Arab Republic of Egypt at least a good grade or an Equivalent degree from a college or a scientific institute last recognized by the Supreme Council of Universities
- 2- Have practiced nursing for a period not less than two years after the internship year of training in general or private hospital, or other Science Institute. Or have practiced or work as a demonstrator or clinical instructor in a university for a period not less than one year.
- 3- Full time students are allowed to be enrolled at least for two years.
- 4- Acceptance for study will be in one of the nursing specialties according to the approval of the concerned department with at least a good grade.
- 5- The students will be registered in begin the study in second week of September, and begin the study in third week of September.
- 6- The students will be achieve 48 credit hour classified into 42 credit hour successful achieved in their study courses, in addition to 6 credit hour the research project and the master thesis.
- 7- The students will be allowed to register complete semester hours, in addition to some courses as well as 6 credit hour maximum.
- 8- Pass an English language exam (TOEFL) with minimum score of 450 not to have been more than two years on the last evaluation.



## **7. Regulations for progression and program completion:**

- 1-**They will not permit to attend the final written exam if they attend less than 75% of the clinical experience period.
- 2-** The students should conduct research on agreed topic by the postgraduate and research counsel of university based on the suggestion of department counsel the agreement of faculty counsel.
- 3-**Besides, presenting the research results should be through agreed master thesis from the judgment committee after discussion.
- 4-**However, it isn't agreed to present the thesis at least one year from the acknowledgement of registering the research topic by faculty counsel.
- 5-** The students should be scheduled to final written exam at the end of finishing studying of preparatory and specialty separately. The success in preparatory is a conditional to enter the specialty exam. The preparatory exam is hold in January for first turn and in June for second turn. Whereas, it is hold in September for first turn, in January for second turn for specialty.
- 6-**The student who had absent or failed in certain subject, he should rescheduled for exam as a second turn in this subject and passed with minimum score. However, if student formally excuses for absenteeism, he will has the real obtained score. In addition, the student is considered fail bylaw when obtains less than 30% from written exam.



## 8. Methods and rules of student's evaluation

Methods	Program Intended Learning Outcomes
Written exam	Knowledge & understanding, intellectual skills
Oral Exam	Transferable & Intellectual skills
Semester work (Seminars & oral presentation, clinical fieldwork) in addition to thesis.	Transferable, professional & practical skills

\*35% of total grades for Preparatory science and 65% total grades for specialty science.

\*written exam=50%, semesters' activities=30% and oral exam =20%.

## 9. Evaluation of Program Intended Learning Outcomes

Evaluator	Tool	Sample
1. Senior candidate	Questionnaire	70-100%
2. Alumni	Questionnaire	70-100%
3. Stakeholders	Questionnaire ( Structured interview)	30-50%
4-External Evaluator	Questionnaire	1-3
5. Other	----	---

Program Coordinator: Dr/ Sohier Goda

Date: 2018-2019



**University:** Port said  
**Faculty :** Nursing

**Program title:** psychiatric nursing and mental health master degree

**Department:** psychiatric nursing and mental health

**Program Matrix( Course Titles with Program ILOs)**  
( psychiatric nursing and mental health master degree)

<b>Course Titles (Master)</b>	<b>Knowledge And intellectual skills</b>	<b>Intellectual skills</b>	<b>Practical skills</b>	<b>General and Transferable skills</b>
<b>Research methodology</b>	a4	----	c3,4,7	d7,8,10
<b>Strategies of nursing learning</b>	----	b15	c6	d7,10
<b>Biostatic</b>	---	b13,14	c7	d3,4,7,10
<b>New trends in nursing</b>	a3,6	b3,8,11,16	c7	d6,7,10
<b>Nursing Informatics</b>	----	b5,11	c7	d3,7,10
<b>Educational psychology</b>	----	b6	----	D4,5,6,7,10
<b>Community study and health problems</b>	----	b7,10,11,16	c5	d7,9,10
<b>Health Education(1)</b>	----	b15	c6	d7,10
<b>Human Relation</b>	a1,8	b1,4,11	---	d1,2,7,10
<b>Scientific witting</b>	a4	----	c3,4,7	d7,8,10



<b>Psychiatric nursing and mental health (1)</b>	a1,2,3,4,5,6,8	b1,2,3,4,5,6,7,8,9,10,11	c1,2,6,7	d1,2,3,7,9,10
<b>Psychiatric nursing and mental health (1) clinical</b>	a1,2,3,4,5	b1,2,3,4,5,6,7,8,9,10,11	c1,2,5	d1,2,3,5,6,7,9,10,11
<b>Psychology</b>	a1,2,3	b1, ,4,5,6	c 6,7	d1,2,3,7,9,10
<b>Psychiatric medicine</b>	a1,2,3	b,4,5,6	c 6,7	d1,2,3,7,9,10
<b>New trends in psychiatric nursing</b>	a1,2,3,6	b3, ,4,5,8	C3, 6,7	d1,2,3,7,9,10
<b>Alternative therapies in psychiatric nursing and mental health</b>	a1,2,3,6	b3 ,4,5,6,17	c 6,7	d1,2,3,7,9,10
<b>Professional ethics and law</b>	a7	-----	c2, 6,7	d1,2,3,5,7,9,10
<b>Psychiatric nursing and mental health (2)</b>	a1,2,3,4,5,6	b1,2,3,4,5,6,7,8,9,10,11	c1,2, 6,7	d1,2,3,7,9,10
<b>Psychiatric nursing and mental health (2) clinical</b>	a1,2,3,4,5	b1,2,3,4,5,6,7,8,9,10,11	c1,2,5	d1,2,3,5,6,7,9,10,11
<b>Psychophysiology</b>	-----	b6	c 6,7	d1,2,3,7,9,10
<b>Psychopharmacology</b>	a1,2,3	b1,2,3,4,5	c 6,7	d1,2,3,7,9,10
<b>Psychiatric Rehabilitation</b>	a1,2,3,6	-----	c 6,7	d1,2,3,7,9,10





جامعة بورسعيد  
كلية التمريض  
وحدة توكيد الجودة و الإعتداد



<b>Violence and health</b>	a1,2,3	b5	c 6,7	d1,2,3,7,9,10
<b>Psychosocial aspect of addiction</b>	a1,2,3,5	b5	c 6,7	d1,2,3,7,9,10
<b>Psychiatric counseling</b>	a1,2,3	b5	c 6,7	d1,2,3,7,9,10

**Program coordinator**

**Head of the department:**

**Dr/ Sohier Goda**



**Program Matrix ( NARS with Program ILOs)**  
( psychiatric nursing and mental health master degree)

<b>NARS</b>	<b>Knowledge And intellectual skills</b>	<b>Intellectual skills</b>	<b>Practical skills</b>	<b>General and Transferable skills</b>
<b>المعرفة والفهم</b>				
النظريات والاساسيات المتعلقة بمجال التعلم وكذا في المجالات ذات العلاقة .	1-2-3-4-5-6-7-8-9	-----	-----	-----
التأثير المتبادل بين الممارسة المهنية وانعكاسها على البيئة	1-2-3-4-5-6-7-8-9	-----	-----	-----
التطورات العلمية في مجال التخصص .	3-4-6-7-8-9	-----	-----	-----
المبادئ الاخلاقية والقانونية للممارسة المهنية في مجال التخصص .	7-8	-----	-----	-----
مبادئ واساسيات الجودة في الممارسه المهنية في مجال التخصص .	3-8	-----	-----	-----
اساسيات واخلاقيات البحث العلمي .	4-7	-----	-----	-----
<b>المهارات الذهنية</b>				
تحليل وتقييم المعلومات في مجال التخصص والقياس عليها لحل المشاكل .	-----	1-7-10	-----	-----
حل المشاكل المتخصصة مع عدم توافر بعض المعطيات .	-----	2-4-5-6-8	-----	-----
-الربط بين المعارف المختلفة لحل المشاكل المهنية .	-----	2-4-5-11	-----	-----
-اجراء دراسته بحثية و/او كتابة دراسته علمية منهجية حول مشكلة بحثية .	-----	5-7-8-9-10-12-13-14	-----	-----
-تقييم المخاطر في الممارسات المهنية في مجال التخصص .	-----	10	-----	-----
-التخطيط لتطوير الاداء في مجال التخصص .	-----	2-4-5-6-9	-----	-----
اتخاذ القرارات المهنية في سياقات مهنية متنوعة .	-----	5-10	-----	-----



المهارات المهنية				
اتقان المهارات المهنية الاساسية والحديثة في مجال التخصص	-----	-----	1-4-5	-----
كتابة وتقييم التقارير المهنية	-----	-----	2-3-7	-----
تقييم الطرق والادوات القائمة في مجال التخصص .	-----	-----	3-6-7	-----
المهارات العامة والمنتقلة				
التواصل الفعال بأنواعه المختلفة	-----	-----	-----	1
استخدام تكنولوجيا المعلومات بما يخدم الممارسة المهنية .	-----	-----	-----	3-8
التقييم الذاتي وتحديد احتياجة التعليمية الشخصية.	-----	-----	-----	5-10
استخدام المصادر المختلفة للحصول على المعلومات والمعارف	-----	-----	-----	1-3-4- 6-7-9
وضع قواعد ومؤشرات تقييم أداء الآخرين	-----	-----	-----	2-5
العمل في فريق وقيادة فرق في قياسات مهنية مختلفة .	-----	-----	-----	2
ادارة الوقت بكفاءة	-----	-----	-----	11
التعلم الذاتي والمستمر	-----	-----	-----	10

Program coordinator

Head of the department:

Dr/ Sohier Goda



جامعة بورسعيد  
كلية التمريض  
وحدة توكيد الجودة و الإعتماء





**University:** Port Said  
**Faculty:** Nursing  
**Department:** Psychiatric Nursing

## COURSE SPECIFICATION

<b>1-Course data</b>		
<b>Code:</b> PSY721	<b>Course title:</b> Psychiatric Nursing and Mental Health (1). Theoretical	<b>Academic year / Level:</b> post graduate -2018/2019 -Master Degree
<b>Specialty:</b> <b>Psychiatric Nursing and Mental Health.</b>	<b>No. of hours:</b> 3hr credit hour / 14 weeks	<b>Theory:</b> 3hr / week  <b>Practice:</b> -----

<b>2- Overall Aim of Course:</b>	By the end of the course the student will be prepared for advanced professional and scientific roles in psychiatric nursing for various types of health care systems as well as provides theoretical foundation for master degree in psychiatric nursing and mental health.
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<b>3 – Intended Learning Outcomes of Course (ILOs)</b>	
<b>a-Knowledge and Understanding:</b>	a 1- Discuss mental health and mental illness. a2-Explain the various theories that involved over the years to describe psychiatric disorders. a3- Identify the clinical pictures of different psychiatric disorders. a4-Discuss stress and stress management techniques.
<b>b-Intellectual Skills:</b>	b1- Apply acquired critical thinking skills as the basis for managing nursing care for psychiatric patients. b2- Judge the effectiveness of nursing interventions with psychotic patients . b3- Classify different types of substance abuse.
<b>c-Professional and Practical Skills</b>	-----



<b>d-General and Transferable Skills:</b>	<p>d.1- Adopt critical thinking and problem solving skills during the development and implementation of the nursing care plan for psychotic patients.</p> <p>d.2- Relate information technology .</p> <p>d.3- Apply stress management techniques.</p>
<b>4- Course Contents</b>	<ol style="list-style-type: none"> <li>1. Introduction course syllabus</li> <li>2. Mental health and mental illness</li> <li>3. Schizophrenic disorder</li> <li>4. Mood disorders</li> <li>5. schizo affective disorder</li> <li>6. Stress &amp; stress management</li> <li>7. Anxiety &amp; Anxiety disorders</li> <li>8. Somatic symptoms and related disorders</li> <li>9. Trauma &amp; stressors related disorders (Dissociative disorders and post-traumatic disorders).</li> <li>10. Addiction and substance related disorders.</li> </ol>
<b>1. Teaching and learning Methods</b>	<ol style="list-style-type: none"> <li>1. Lectures.</li> <li>2. Group discussion.</li> <li>3. Presentation</li> <li>4. Subtitled assignments</li> <li>5. Test books</li> <li>6. Films and other audio visual aids</li> </ol>
<b>Facilities Required for Teaching and Learning</b>	<ol style="list-style-type: none"> <li>1. Simulation.</li> <li>2. Presentation</li> <li>3. Role play.</li> <li>4. Audio – visual aids e.g. films. <ul style="list-style-type: none"> <li>- Classroom</li> <li>- Data show, computer and microphone.</li> <li>- Active board</li> <li>- White board</li> <li>- Paper &amp; Pencil</li> </ul> </li> </ol> <p>- Not Applicable</p>
<b>Teaching and Learning Methods for students with low achievement</b>	<p>- Not Applicable</p>
<b>a- Student Assessment Methods</b>	<p><b>7.1-</b>Written exam</p> <p><b>7.2-</b>Oral exam</p> <p><b>7.3-</b> Semester work</p>
<b>b- Time</b>	<p>Written exam at the end of the course</p> <p>semester work during the course</p>



<b>c-Weighting of Assessments</b>	Mid- term exam during the course														
	<table border="1"><tr><td>Semester work</td><td>10%</td><td>20</td></tr><tr><td>Midterm exam</td><td>10%</td><td>20</td></tr><tr><td><u>Final-written exam</u></td><td>60%</td><td>60</td></tr><tr><td><u>Final oral Exam</u></td><td><u>20%</u></td><td><u>20</u></td></tr><tr><td><b>Total</b></td><td><b>100%</b></td><td><b>100</b></td></tr></table>	Semester work	10%	20	Midterm exam	10%	20	<u>Final-written exam</u>	60%	60	<u>Final oral Exam</u>	<u>20%</u>	<u>20</u>	<b>Total</b>	<b>100%</b>
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<b>8- List of References</b> <b>ESSENTIAL BOOKS</b> <b>Recommended books</b>  <b>Periodicals, Web Sites, ...</b> <b>etc</b>	<p>Kneisl C. (2014): Contemporary psychiatric mental health nursing ed, USA.</p> <p>2-Sharma P. (2013): Essentials of mental health nursing, 1<sup>st</sup>ed, India</p> <p>3-Mohr W. (2019): Psychiatric mental health nursing, 3<sup>th</sup> ed., Walter de Gruyter, New York, London.</p> <p>4-Videbeck S. (2020): Psychiatric mental health nursing, 1st ed, New York.</p> <p><a href="http://WWW.EULC.EDU.EG">WWW.EULC.EDU.EG</a></p>														

**Professor of Subject**  
**Dr/ Abeer Elsayed**  
**Dr/ Hoda Gaber**

**Head of the department**  
**Dr/ Sohier Goda**

**Date:** 2018-2019



## Course Matrix

Course Content	week	Teaching Methods	Evaluation Methods	Knowledge and Understanding skill	Intellectual skills	Practical skills
Registration	1 <sup>st</sup> week					
Introduction course syllabus	2 <sup>nd</sup> week	Modified lectures.		-	-	-
Mental health and mental illness	2 <sup>nd</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a1	b4	-
Schizophrenic disorder	3 <sup>rd</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	a2, 3	b1,2	-
Mood disorders	4 <sup>th</sup> week 5 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	a2, 3	b1,2	-
Anxiety disorders	6 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	a2, 3	b1,2	-
Stress and stress management	7 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm	a2, 3, 5	b1,2	-





		on	exam Final exam			
Somatoform disorders	8 <sup>th</sup> week	Group discussion Presentati on	Semester work, Midterm exam Final exam	a2, 3	b1,2	-
Dissociative disorders	9 <sup>th</sup> week	Group discussion Presentati on	Semester work, Midterm exam Final exam	a2, 3	b1,2	-
Post-traumatic stress disorder	10 <sup>th</sup> week	Group discussion Presentati on	Semester work, Midterm exam Final exam	a2, 3	b1,2	-
Schizoaffective disorder	12 <sup>th</sup> week	Group discussion Presentati on	Semester work, Midterm exam Final exam	A3, 4	b1,2	-
Substance Abuse.	13 <sup>th</sup> week	Group discussion Presentati on	Semester work, Midterm exam Final exam	a2, 3	b1,2, 3	-



**University:** Port Said  
**Faculty:** Nursing  
**Department:** Psychiatric Nursing Department

### ***COURSE SPECIFICATIONS***

<b>1. Course data</b>		
<b>Code:</b> PSY722	<b>Course title:</b> Psychiatric Nursing and Mental Health Clinical (1)	<b>Academic year / Level:</b> post graduate- 2018/2019 Master Degree
<b>Specialty:</b> Psychiatric Nursing and Mental Health.	<b>No. of hours:</b> 3 Credit hours/14 weeks	<b>Theory:</b> -----  <b>Practice:</b> 3hrs / week
<b>2. Overall Aim of Course:</b>	By the end of the course the student will be prepared for advanced professional practice roles in psychiatric nursing, education and administration for various types of health care systems as well as provides practical foundation for master degree, to practice his role in mental health settings and community.	
<b>3. Intended Learning Outcomes of Course (ILOs)</b>		
<b>a. Knowledge and Understanding:</b>	-----	
<b>b. Intellectual Skills:</b>	b1- Discover patient's response to psychotropic medications; including effectiveness, side effects and compliance. b3-Discuss principles of psychiatric nursing b4- Describe stages of nurse –patient relationship. b5- Differentiate between social and professional relationship. b6- Determine the cognitive, affective and behavioral symptoms manifested by clients exhibiting various psychiatric disorders. b7- Describe communication process.	
<b>c. Professional and Practical Skills:</b>	C1- Implement interview skills with psychotic patients in history taking. C2- Demonstrate competency in establishing and maintaining a therapeutic nurse-patient relationship utilizing effective communication techniques. C3- Apply nursing management for the patient suffering from side effects of psychotropic medications. C4- Communicate effectively with psychotic patients.	



	<p>C5- Draw nursing process (assessment, diagnosis, planning, implementation and evaluation) for patient with psychiatric disorders.</p> <p>C6- Apply nursing process (assessment, diagnosis, planning, implementation and evaluation) for patient with psychiatric disorders.</p> <p>C7- Demonstrate psychiatric nursing principles.</p>
<b>d. General and Transferable Skills:</b>	<p>d.1- Apply critical thinking and problem solving skills during the development and implementation of the nursing care plan for psychotic patients.</p> <p>d.2- Demonstrate interpersonal communication to collaborate with health care team to attain desired patient outcome.</p> <p>d.3- Relate information technology .</p> <p>d.4- Apply stress management techniques.</p>
<b>4. Course Contents</b>	<ol style="list-style-type: none"> <li>1. Introduction course syllabus</li> <li>2. General signs and symptoms of psychiatric disorders</li> <li>3. Psychiatric nursing principles</li> <li>4. Nurse patient relation ship</li> <li>5. Communication techniques</li> <li>6. Antipsychotic drugs</li> <li>7. Anti-depressant drugs</li> <li>8. Anti-manic drugs</li> <li>9. Anti-anxiety drugs</li> <li>10. Training in psychiatric hospital (Acute Psychiatric Ward)</li> </ol>
<p><b>1. Teaching and learning Methods</b></p> <p><b>Facilities Required for Teaching and Learning</b></p>	<p>Group discussion.</p> <p>Student Activities</p> <p>History taking</p> <p>Mental health assessment</p> <p>Psychometric assessment</p> <p>Personality assessment</p> <p>Process recording</p> <p>Counseling</p> <p>Case studies</p> <p>Case presentation</p> <p>Project work</p> <p>Simulation.</p> <p>. Presentation</p> <p>. Post clinical conference.</p> <ul style="list-style-type: none"> <li>- Role play.</li> <li>- Audio – visual aids e.g. films.</li> </ul>



	<ul style="list-style-type: none"> <li>- Classroom</li> <li>- Data show, computer and microphone.</li> <li>- Active board</li> <li>- White board</li> <li>- Paper &amp; Pencil</li> </ul>															
<b>Teaching and Learning Methods for students with low achievement</b>	Not applicable															
<b>a- Student Assessment Methods</b>	<ul style="list-style-type: none"> <li>- Written exam</li> <li>- Oral exam</li> <li>- Semester work</li> </ul>															
<b>b- Time</b>	<p>Final Clinical Exam      at the end of the course</p> <p>Mid Term Exam            during the course</p> <p>Semester Work            during the course</p>															
<b>c-Weighting of Assessments</b>	<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td>Semester Work</td> <td>20%</td> <td>20</td> </tr> <tr> <td>Mid Term Exam</td> <td>20%</td> <td>20</td> </tr> <tr> <td>Final Clinical Exam</td> <td>60%</td> <td>60</td> </tr> <tr> <td>Total</td> <td></td> <td>100</td> </tr> <tr> <td></td> <td>100%</td> <td></td> </tr> </table>	Semester Work	20%	20	Mid Term Exam	20%	20	Final Clinical Exam	60%	60	Total		100		100%	
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**Professor of Subject**

**Head of the department**

**Dr/ Sonia Elsayed  
Dr/ Soma Ebrahium**

**Dr/ Sohier Goda**

**Date: 2018-2019**

## Course Matrix

Course Content	Week	Teaching Methods	Evaluation Methods	Knowledge and Understanding skills	Intellectual skills	Practical skills	General and Transferable skills
Registration	1 <sup>st</sup> week						
1-Introduction course syllabus	2 <sup>rd</sup> week	Modified lectures.		-	-	-	-
2- General signs and symptoms of psychiatric disorders	2 <sup>rd</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	B6	1	D1,2,3
Psychiatric nursing principles	2 <sup>rd</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	B3	C7	D1,2,3



Nurse patient relation ship	3 <sup>rd</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	B4,5	C1,2	D1,2,3
Communication	3 <sup>rd</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	B7	C1,2,4	D1,2,3
Antipsychotic drugs	4 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	B1	C3	D1,2,3
Anti-depressant drugs	4 <sup>th</sup> week			-	B1	C3	D1,2,3
Anti-manic drugs	5 <sup>th</sup> week			-	B1	C3	D1,2,3
Anti – anxiety drugs	5 <sup>th</sup> week			-	B1	C3	D1,2,3
Training hospital	6 <sup>th</sup> week			-	-	C1,2,3 ,4,5,6	D1,2,3

**University:** Port Said

**Faculty :** Nursing

**Department:** Psychiatric Nursing

### ***COURSE SPECIFICATIONS***

<b><i>1-Course data</i></b>		
<b>Code:</b> PSY723	<b>Course title:</b> Psychology.	<b>Academic year / Level :</b> post graduate _ 2018-2019, Master Degree
<b>Specialty:</b>	<b>No. of hours :</b>	<b>Theory:</b> 2hrs / week



Psychiatric Nursing and Mental Health	2 Credit hour/ 14 weeks	<b>Practice:</b> .....
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<b>2– Overall Aim of Course:</b>	This course aims to understanding the major concepts, techniques, and theoretical perspectives in psychology.
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**3 – Intended Learning Outcomes of Course (ILOs)**

<b>a-Knowledge and Understanding:</b>	<p>a1-Identify Basic concepts of psychoanalytic theories</p> <p>a2-Discuss Basic concepts of cognitive theories</p> <p>a3-Explain Basic concepts of humanistic theories</p> <p>a4- Discuss Basic concepts of behavioral theories</p>
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<b>b-Intellectual Skills:</b>	<p>b1- Analysis theories, concepts and principles of nursing to deliver patient centered care for individuals, families and communities.</p> <p>b2- Predict health needs of clients and their families according to psychological theories.</p> <p>b3-Formulate a view of the human being as a continuously growing, experiencing and learning organism.</p> <p>b4-Interpret view of human nature according to Freud , Erikson and Sullivan.</p> <p>b5-Discuss human nature according to Ellis and Beck.</p> <p>b6-Interpret human nature according to Maslow, Carl Roger.</p>
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<b>c-Professional and Practical Skills:</b>	<p>c1-Demonstrate concepts and principles of psychoanalytic theories.</p> <p>c2-Apply concepts and principles of cognitive theories.</p> <p>c3-Apply concepts and principles of humanistic theories.</p> <p>c4-Apply concepts and principles of behavioral theories.</p>
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<b>d-General and Transferable Skills:</b>	<p><b>d1-</b> Adopt critical thinking and problem solving approach in nursing intervention.</p> <p><b>d2-</b> Demonstrate interpersonal communication skills to collaborate with health care team to attain desired patient outcome</p>
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<b>4- Course Contents</b>	<b>Introduction</b>
	<b>Psychoanalytic theories</b>
	<b>Behavioral theories</b>
	<b>Humanistic theories</b>



	<b>Cognitive theories</b>															
<b>5- Teaching and Learning Methods</b>  <b>Facilities Required for Teaching and Learning</b>	<b>6.1.</b> Lectures. <b>6.2.</b> Group discussion. <b>6.3.</b> Presentation <ul style="list-style-type: none"> <li>- Classroom</li> <li>- Data show, computer and microphone.</li> <li>- Active board</li> <li>- White board</li> <li>- Paper &amp; Pencil</li> <li>- Extracurricular activities</li> <li>- Assignments</li> <li>- Lecture revision</li> </ul>															
<b>Teaching and Learning Methods for students with low achievement</b>	Not applicable															
<b>7-Students assessment</b>																
<b>a- Student Assessment Methods</b>	Written exam															
<b>b- Time</b>	<b>Final Written Exam</b> at the end of the course <b>Mid Term Exam</b> during the course <b>Semester Work</b> during the course															
<b>c-Weighting of Assessments</b>	<table border="1" style="margin-left: auto; margin-right: auto;"> <tbody> <tr> <td>Semester Work</td> <td>20%</td> <td>20</td> </tr> <tr> <td>Mid Term Exam</td> <td>20%</td> <td>20</td> </tr> <tr> <td>Final Clinical Exam</td> <td>60%</td> <td>60</td> </tr> <tr> <td>Total</td> <td></td> <td>100</td> </tr> <tr> <td></td> <td>100%</td> <td></td> </tr> </tbody> </table>	Semester Work	20%	20	Mid Term Exam	20%	20	Final Clinical Exam	60%	60	Total		100		100%	
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<b>8- List of References Essential books Recommended books</b>  <b>Periodicals,</b>	<p><b>Gross R. (2014):</b> Psychology for nurses and health professional, 2<sup>nd</sup> ed. New York, London.</p> <p><b>Sharma P. (2013):</b> Essential of mental health nursing, 1<sup>st</sup> ed., Walters Kluwer, India.</p> <p><b>Videbeck S. (2014):</b> Psychiatric Mental Health Nursing, 6<sup>th</sup> d., Mosby, London, Philadelphia New York.</p> <p><a href="http://www.eulc.edu.eg">www.eulc.edu.eg</a>  <a href="http://www.sciencedirect.com">www.sciencedirect.com</a></p>															





Web Sites,... etc	
Professor of Subject:  Dr/ Amel Sobhy Dr/ Soma Ebrahiem  Date: 2018-2019	Head of the department

### Course Matrix

Course content	week	Knowledge And Understanding Skills	Teaching methods	Evaluation methods	Intellectual skills	Practical skills	General and Transferable skills
1-Introduction	1 <sup>st</sup>	-			-	-	-



course syllabus	week						
2-Psychoanalytic theories	2 <sup>nd</sup> week 3 <sup>rd</sup> week 4 <sup>th</sup> week	a1	Group discussion Presentation	Semester work, Midterm exam Final exam	b1,2,6,7	-	d1,2
3- Behavioral theories	5 <sup>t</sup> week 6 <sup>th</sup> week 9 <sup>th</sup> week	a2	Group discussion Presentation	Semester work, Midterm exam Final exam	b3 ,6,7	-	d1,2
4- Humanistic theories	7 <sup>th</sup> week 8 <sup>th</sup> week 9 <sup>th</sup> week	a3	Group discussion Presentation	Semester work, Midterm exam Final exam	b4,6,7	-	d1,2
5-Cognitive theories	10 <sup>th</sup> week 11 <sup>th</sup> week 12 <sup>th</sup> week	a4	Group discussion Presentation	Semester work, Midterm exam Final exam	b5,6,7	-	d1,2



**University:** Port Said

**Faculty :** Nursing

**Department:** Psychiatric Nursing

### ***COURSE SPECIFICATION***

<i>1-Course data</i>		
<b>Code: PSY724</b>	<b>Course title:</b> Psychiatric Medicine	<b>Academic year / Level :</b> post graduate _ 2018-2019, Master Degree
<b>Specialty:</b> Psychiatric Nursing and Mental Health	<b>No. of hours :</b> 2 Credit hour/14 weeks	<b>Theory:</b> 2hr / week <b>Practice:</b> -----

<b>2- Overall Aim of Course:</b>	This course aims to preparing the student for advanced professional practice roles in psychiatric nursing.
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### **3 – Intended Learning Outcomes of Course (ILOs)**

<b>a-Knowledge and Understanding:</b>	a.1- Classify of psychiatric emergencies. a.2- Enumerate causes of schizophrenic disorders. a.3- Identify causes of depressive disorders. a.4- Discuss clinical manifestation of manic disorders. a.5- Identify causes of somatoform disorders. a.6- List causes of personality disorders. a.7- Discuss types of anxiety disorder. a.8- Identify causes of organic brain syndrome . a.9- Discuss types of substance abuse. a.10- Explain the philosophy upon which community mental health is based. a.11- Discuss causes of eating disorders.
<b>b-Intellectual Skills</b>	b.1- Discriminate between organic brain disorders. a) Delirium b) Dementia c) Amnesic disorder b.2- Differentiate between types of schizophrenic disorders. b.3- Demonstrate depressive disorder and manic disorder. b.4- Distinguish between anxiety disorder and phobic disorder. b.5- Discriminate between suicide and Para suicide. b.6- Describe types of personality disorders.



	<p>b.7- Explain signs of withdrawal symptoms in different types of substance abuse.</p> <p>b.8- Discover types of somatoform disorders.</p> <p>b.9- Analyze the various mental health services in the community.</p> <p>b.10- Discriminate between types of eating disorders.</p>
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<b>c-Professional and Practical Skills:</b>	-----
<b>d-General and Transferable Skills:</b>	<p>d.1- Appreciate a management plan for psychotic disorder.</p> <p>d.2- Adopt a management plan for neurotic disorders.</p> <p>d.3- Design a management plan for psychiatric emergencies (suicidal behavior, violence, panic attacks).</p>
<b>4- Course Contents</b>	Psychiatric emergency
	Schizophrenic disorders
	Mood disorders
	Anxiety disorders
	Somatoform disorders
	Organic brain syndrome
	Personality disorders
	Substance abuse
	Community mental health
	Treatment modalities
	Eating disorders.
Revision	
<b>5- Teaching and Learning Methods</b>	<p><b>5.1-</b> Lecture</p> <p><b>5.2-</b> Discussion and brainstorming ( self learning)</p> <p><b>5.4-</b> Group presentation</p>
	<p><b>Facilities Required for Teaching and Learning</b></p> <ul style="list-style-type: none"> <li>- Data show , computer and microphone.</li> <li>- Active board</li> <li>- White board</li> </ul>



<b>Teaching and Learning Methods for students with low achievement</b>	Not Applicable												
<b>7-Students assessment</b>													
<b>a- Student Assessment Methods</b>	Written exam												
<b>b- Time</b>	Final Exam at the end of the course Mid Term Exam during the course Semester Work during the course												
<b>c-Weighting of Assessments</b>	<table border="1"><tr><td><b>Semester work</b></td><td><b>20%</b></td><td><b>20</b></td></tr><tr><td><b>Mid term exam</b></td><td><b>20%</b></td><td><b>20</b></td></tr><tr><td><b>Final-written Exam</b></td><td><b>60%</b></td><td><b>60</b></td></tr><tr><td><b>Total</b></td><td><b>100%</b></td><td><b>100</b></td></tr></table>	<b>Semester work</b>	<b>20%</b>	<b>20</b>	<b>Mid term exam</b>	<b>20%</b>	<b>20</b>	<b>Final-written Exam</b>	<b>60%</b>	<b>60</b>	<b>Total</b>	<b>100%</b>	<b>100</b>
<b>Semester work</b>	<b>20%</b>	<b>20</b>											
<b>Mid term exam</b>	<b>20%</b>	<b>20</b>											
<b>Final-written Exam</b>	<b>60%</b>	<b>60</b>											
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<b>Professor of subject:</b> <b>Dr/ Ashraf Tantawy</b>  <b>Date:</b> 2018-2019	<b>Head of the department:</b> <b>Dr/ Sohier Goda</b>												



### Course Matrix

Course content	week	Teaching methods	Evaluation method	Knowledge And understanding Skills	Intellectual skills	Practical skills	General and Transferable skills
Registration	1 <sup>st</sup> week						
Psychiatric emergency	2 <sup>nd</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	a1	b5	-	d3
Schizophrenic disorder	3 <sup>rd</sup> week 4 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	a2	b2	-	d1
Mood disorder	5 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	a3,4	b3	-	d1
Anxiety disorders	6 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	a7	b4	-	d2
Somatoform disorders	7 <sup>th</sup> week	Group discussion	Semester	a5	b8	-	d2



		Presentati on	work, Midter m exam Final exam				
Organic brain syndrome	8 <sup>th</sup> week	Group discussion Presentati on	Semest er work, Midter m exam Final exam	a8	b1	-	d2
Personality disorders	9 <sup>th</sup> week	Group discussion Presentati on	Semest er work, Midter m exam Final exam	a6	b6	-	d2
Substance abuse	10 <sup>th</sup> week	Group discussion Presentati on	Semest er work, Midter m exam Final exam	a9	b7	-	d3
Community mental health	11 <sup>th</sup> week	Group discussion Presentati on	Semest er work, Midter m exam Final exam	a10	b9	-	-
Treatment modalities	12 <sup>th</sup> week	Group discussion Presentati on	Semest er work, Midter m exam	-	-	-	-



			Final exam				
Eating disorders.	13 <sup>th</sup> week	Group discussion Presentation		a11	b10	-	d2

**University:** Port-Said

**Faculty:** Nursing

**Department:** Psychiatric Nursing

### ***COURSE SPECIFICATION***

<b>1. Course data</b>		
<b>Code:</b> PSY725	<b>Course title:</b> New trends in psychiatric nursing	<b>Academic year / Level:</b> Post graduate - 2018-2019 Master Degree / Second Semester
<b>Specialty:</b> Psychiatric Nursing and Mental Health	<b>No. of hours:</b> 2 Credit hour/14weeks	Theory: 2hr / week
<b>2. Aim of Course:</b>	This course is designed to assist students in developing expertise and in-depth understanding in the field of psychiatric nursing. It will help students to appreciate the client holistically. It will further enable the student to function as educator, manager, and researcher in the field of psychiatric nursing	
<b>3. Intended Learning Outcomes of Course (ILOs)</b>		
<b>a-Knowledge and Understanding:</b>	a.1- Discuss the psychiatric-mental health nursing standards.  a2. Describe the concepts of psychobiology in mental	





	<p>disorders and its implications for psychiatric nursing</p> <p>a3. Discuss types of self-transcendence.</p> <p>a4. Identify psychiatric capital.</p> <p>a5- Discuss principals of reminiscence therapy.</p> <p>a6. Identify levels of insight for psychiatric patients.</p>
<b>b-Intellectual Skills</b>	<p>b1- Appreciate the new trends and issues in the field of psychiatry and psychiatric nursing.</p> <p>b2- Demonstrate empathy.</p> <p>b3- Incorporate evidence based nursing practice and identify the areas of research in the field of psychiatric nursing.</p> <p>b4-Contrast the differences and similarities in the practice of psychiatric-mental health registered nurses and psychiatric-mental health advanced practice registered nurses.</p> <p>b5-Describe dynamics of hallucination.</p> <p>b6. Explain the dynamics of delusion.</p> <p>b7-Describe the application of the nursing process to dealing with delusion and hallucination.</p> <p>b8. Describe reminiscence therapy.</p> <p>b9. Appreciate critical thinking in personal and professional situations.</p> <p>b10. Analyze the impact of psychiatric capital on personality.</p> <p>b11. Demonstrate how to improve psychiatric capital.</p>



	b12. Describe the methods used to improve self transcendence.
<b>c-Professional and Practical Skills:</b>	-----
<b>d-General and Transferable Skills:</b>	d1- Demonstrate critical thinking and problem solving approach in nursing interventions for psychotic patients. d2- Demonstrate interpersonal communication and critical thinking skills to collaborate with health care team to attain desired patient outcome.
<b>4.Course Contents</b>	<ol style="list-style-type: none"> <li>1. Critical and reflective thinking.</li> <li>2. Insight.</li> <li>3. Self-Transcendence</li> <li>4. Empathy and Wellness</li> <li>5. Reminiscence Therapy.</li> <li>6. Psychiatric Capital.</li> <li>7. Hallucinations.</li> <li>8. Delusions.</li> <li>9. Functions and qualities of psychiatric nursing.</li> <li>10. Evidence based practice.</li> </ol>
<b>5.Teaching and Learning Methods</b>  <b>Facilities Required for Teaching and Learning</b>	<ol style="list-style-type: none"> <li>5.1- Lecture</li> <li>5.2- Discussion</li> <li>5.3- brainstorming</li> <li>5.4- Group presentation</li> </ol> <ul style="list-style-type: none"> <li>- Data show, computer and microphone.</li> <li>- Active board</li> <li>- White board</li> </ul>
<b>6. Teaching and Learning Methods for students with low achievement</b>	Not Applicable
<b>7. Students assessment</b>	
<b>a- Student Assessment Methods</b>	Written exam
<b>b- Time</b>	<b>Written exam at the end of the course</b> <b>Mid-term exam during the course</b>



<b>c-Weighting of Assessments</b>	<b>Semester work during the course</b>		
	<b>Semester work</b>	<b>20%</b>	<b>20</b>
	<b>Midterm exam</b>	<b>20%</b>	<b>20</b>
	<b>Final-term Examination</b>	<b>60%</b>	<b>60</b>
	<b>Total</b>	<b>100%</b>	<b>100</b>
<b>8- List of References</b>	1- Ialitha K. (2013): Mental Health and Psychiatric nursing 2 <sup>nd</sup> ed. New Delhi , India.		
<b>Essential books</b>	2- Videbeck N. (2019): Psychiatric Mental Health Nursing, Walters Kluwer, New York, London.		
<b>Recommended books</b>	3- Stuart G. Laria M. (2018): Principles and practice of psychiatric nursing, 7 <sup>th</sup> d., Mosby, London, Philadelphia.		
<b>Periodicals, Web Sites, etc</b>	<a href="http://www.eulc.edu.eg">www.eulc.edu.eg</a> <a href="http://www.sciencedirect.com">www.sciencedirect.com</a>		
<b>Professor of subject:</b>	<b>Head of the department:</b>		
<b>Dr/ Sohier Goda</b> <b>Dr/ Nadia Wehba</b>	<b>Dr/ Sohier Goda</b>		
<b>Date: 2018-2019</b>			



## Course Matrix

Course Content	Week	Teaching Methods	Evaluation Methods	Knowledge and Understanding skill	Intellectual skills	Practical skills	General and Transferable skills
Registration	1 <sup>st</sup> week						
Introduction course syllabus	2 <sup>nd</sup> week	Modified lectures.		-	-	-	-
Critical and reflective thinking	2 <sup>nd</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a1,2	b4,9	-	d1,2
Insight	3 <sup>rd</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	a6	-	-	d1,2
Self-Transcendence	4 <sup>th</sup> week 5 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	a 3	b12	-	d1,2
Empathy and wellness	6 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm	---	b2	-	d1,2



			exam Final exam				
Reminiscence Therapy.	7 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	a 5	b8	-	d1,2
Psychiatric Capital	8 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	a4	b10,11	-	d1,2
Hallucination	9 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	a2	B5,7	-	d1,2
Delusion	10 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	a2	B6,7	-	d1,2
Functions and qualities of psychiatric nursing.	11 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	A1	-	-	d1,2
Evidence Based Practice	12 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	-	b1,3,4	-	d1,2



جامعة بورسعيد  
كلية التمريض  
وحدة توكيد الجودة و الإعتقاد



**University:** Port-Said

**Faculty :** Nursing

**Department:** Psychiatric Nursing Department/Faculty of Nursing

### ***COURSE SPECIFICATIONS***

<b>1. Course data</b>		
<b>Code: GEN 921</b>	<b>Course title:</b> Child Psychology	<b>Academic year / Level:</b> Post graduate - 2018-2019 Master Degree / Second Semester
<b>Specialty:</b> Psychiatric Nursing and Mental Health	<b>No. of hours:</b> 2 Credit hour	<b>Theory:</b> 2hr / 14 weeks
<b>2. Overall Aim</b>	This course aims to provide students with a comprehensive	



<b>of Course:</b>	introduction to developmental psychology and to the scientific study of the major domains of development; biological, cognitive, social, and emotional development from birth to adolescence.
<b>3. Intended Learning Outcomes of Course (ILOs)</b>	
By the end of this course each student will be able to:	
<b>a-Knowledge and Understanding:</b>	<p>a1. Recognize the theories of child development.</p> <p>a2. Describe different children developmental aspects such as, emotional, social and cognitive.</p> <p>a3. Discuss the factors which affecting the development of the children from birth to adolescence.</p>
<b>b-Intellectual Skills</b>	<p>b1. Examine the different factors affect child development at different developmental stages.</p> <p>b2. Predict the children developmental disorder that may be arise along with child developmental period, its causes, risk factors, and clinical manifestations.</p> <p>b3. Evaluate the psychological status of a child and his family.</p> <p>b4. Differentiate between the characteristics of the various developmental stages.</p> <p>b5. Describe stress and stress management.</p>
<b>c-Professional and Practical Skills:</b>	.....
<b>d-General and Transferable Skills:</b>	<p>d1. Utilize effective channels of communication with children and their families.</p> <p>d2. Apply the principles of therapeutic communication based on the psychological aspect of childhood.</p>
<b>4.Course Contents</b>	<p>1.Introduction to Developmental Psychology, Factors affecting child psychology.</p> <p>2. <a href="#">Conceptual Development</a> and Theory of Mind Modularity, Nativism, &amp; <a href="#">Language Development</a></p>



	<p>3. Individual Differences in Language Development</p> <p>4. Emotional Development, Temperament, and attachment</p> <p>5. Development of the Self and Social Cognition</p> <p>6. Conduct disorders</p> <p>7. Stress</p> <p>8. Autistic disorders</p> <p>9. Learning disability.</p> <p>10. <a href="#">Parenting Styles</a></p>
<p><b>5. Teaching and Learning Methods</b></p> <p><b>Facilities Required for Teaching and Learning</b></p>	<p>5.1- Lecture</p> <p>5.2- Discussion</p> <p>5.3- brainstorming ( self-learning)</p> <p>5.4- Group presentation</p> <ul style="list-style-type: none"> <li>- Data show, computer and microphone.</li> <li>- Active board</li> <li>- White board</li> </ul>
<p><b>6. Teaching and Learning Methods for students with low achievement</b></p>	<p>Not Applicable</p>
<p><b>7. Students assessment</b></p>	
<p><b>a- Student Assessment Methods</b></p>	<p>Written exam</p>
<p><b>b- Time</b></p>	<p><b>Written exam at the end of the course</b></p> <p><b>Mid-term exam during the course</b></p> <p><b>Semester work during the course</b></p>





<b>c-Weighting of Assessments</b>	<b>Semester work</b> <b>20%</b> <b>20</b> <b>Midterm exam</b> <b>20%</b> <b>20</b> <b>Final-term Examination</b> <b>60%</b> <b>60</b> <b>Total</b> <b>100%</b> <b>100</b>
<b>8- List of References</b>  <b>Essential books</b>  <b>Recommended books</b>  <b>Periodicals, Web Sites, etc</b>	1- Cole, M, et al. (2005). The Development of Children. New York: Worth Publishers. 2- Piaget, J. (2000). "Commentary on Vygotsky". New Ideas in Psychology, 18, 241–259. Piaget, J. (2001). Studies in Reflecting Abstraction. Hove, UK: Psychology Press. Seifer, Calvin "Educational Psychology" <a href="http://www.universalclass.com/33623.htm">www.universalclass.com/33623.htm</a> <a href="http://blog.interspike.com/.../fundamentals-of-human-behavior/">blog.interspike.com/.../fundamentals-of-human-behavior/</a> <a href="http://www.indiastudychannel.com">www.indiastudychannel.com</a> <a href="http://www.flipkart.com/.../fundamental... human-behavior7-">www.flipkart.com/.../fundamental... human-behavior7-</a> <a href="http://www.slideshare.net/.../human-behavior-model-general-theory-of-human">www.slideshare.net/.../human-behavior-model-general-theory-of-human</a> <a href="http://openlibrary.org/books/OL1440422M/Fundamentals_of_human_behavior">http://openlibrary.org/books/OL1440422M/Fundamentals_of_human_behavior</a>
<b>Professor of subject:</b>	<b>Head of the department:</b>
<b>Dr/ Amal Sobhey</b> <b>Dr/ Abeer Elsayed</b>	<b>Dr/ Sohier Goda</b>
<b>Date: 2018-2019</b>	



## Course Matrix

Course Content	Week	Teaching Methods	Evaluation Methods	Knowledge and Understanding skill	Intellectual skills	Practical skills	General and Transferable skills
Registration	1 <sup>st</sup> week						
Introduction course syllabus	2 <sup>nd</sup> week	Modified lectures.		-	-	-	
Factors affecting child psychology.	2 <sup>nd</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a3	b1	-	d1,2
Conceptual Development and Theory of Mind Modularity, Nativism, & Language Development	3 <sup>rd</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	a1	b2	-	d1,2
Individual Differences in Language Development	4 <sup>th</sup> week 5 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	a 2	b4	-	d1,2
	6 <sup>th</sup>	Group	Semester	A2	b2,3	-	d1,2



Emotional Development, Temperament, and attachment	week	discussion Presentation	work, Midterm exam Final exam				
Development of the Self and Social Cognition	7 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	-	B6	-	d1,2
Conduct disorders	8 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	-	B7	-	d1,2
Stress	9 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	A5	B5	-	d1,2
Autistic disorders	10 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	-	B9	-	d1,2
Learning disability	11 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final exam	a4	-	-	d1,2
Parenting Styles	1 2 <sup>th</sup> week	Group discussion Presentation	Semester work, Midterm exam Final		b8	-	d1,2



جامعة بورسعيد  
كلية التمريض  
وحدة توكيد الجودة و الإعتقاد



exam

**University:** Port Said  
**Faculty :** Nursing  
**Department:** Psychiatric Nursing

### ***COURSE SPECIFICATION***

<b><i>1-Course data:-</i></b>		
<b>Code:</b> PSY 726	<b>Course title:</b> Alternative Therapy in Psychiatric Nursing	<b>Academic year / Level :</b> Post graduate - 2018-2019 Master Degree, second semester
<b>Specialty:</b> Psychiatric Nursing and Mental Health	<b>No. of hours:</b> 2 credit hrs/14weeks.	<b>Theory:</b> 2hrs / week. <b>Practice:</b> -----

<b>2. Overall Aim of Course:</b>	This course aims to provide the student nurse an overview of the advantage of the complementary and alternative therapy
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	toolbox—a variety of approaches that account for human individuality and that may be able to raise overall health sufficiently to tip the scales toward recovery.
<b>3 – Intended Learning Outcomes of Course (ILOs):-</b>	
<b>a-Knowledge and Understanding skills:</b>	<p><b>a1</b> Define complementary and alternative therapy Concepts.</p> <p><b>a2.</b> Discuss principles of Therapy Through Perceptions.</p> <p><b>a3.</b> Describe The Importance of Hope.</p> <p><b>a4.</b> Identify Commonly Overlooked Medical Maladies</p> <p><b>a5.</b> Recognize the A Brief History about Nutritional Treatments in Psychiatry.</p>
<b>b-Intellectual Skills:</b>	<p><b>b1.</b> Discuss the Methylation Cycle.</p> <p><b>b2.</b> Discriminate between Breathing Technique, Mindfulness, and Yoga.</p> <p><b>b3.</b> Explain Physical Effects of Breathing Practices.</p> <p><b>b4.</b> Discuss The Impact of Breathing on Anxiety and Depression.</p> <p><b>b5.</b> Select a Physical Effects of Meditation.</p> <p><b>b6.</b> Explain Physical Effects of Physical Effects of Yoga.</p> <p><b>b7.</b> Describe the Role of Allergies in Psychiatry.</p> <p><b>b8.</b> Discuss Role of Poisons and Toxins in Psychiatry.</p> <p><b>b9.</b> Explain the CAM Psychiatrist at Work.</p>
<b>c-Professional and Practical Skills:</b>	Not applicable
<b>d-General and Transferable Skills:</b>	<p>d1. Utilize effective channels of communication with patients</p> <p>d2. Apply the principles of therapeutic communication based on the psychological aspect of patients</p>



<b>4- Course Contents:</b>	<ol style="list-style-type: none"> <li>1- Orientation and introduction.</li> <li>2- Promoting Wellness in Mental Health: The CAM Approach in Psychiatry.</li> <li>3- The Comprehensive Medical Exam in Psychiatry.</li> <li>4- Lifestyle Changes That Improve Mental Health.</li> <li>5- Nutritional Treatments in Psychiatry.</li> <li>6- The Role of Allergies, Poisons, and Toxins in Psychiatry.</li> <li>7- Breathing Technique, Mindfulness, and Yoga.</li> <li>8- The CAM Psychiatrist at Work.</li> </ol>
<b>5.a. Teaching and Learning Methods:</b>	<ol style="list-style-type: none"> <li>5.1. Lectures.</li> <li>5.2. Group discussion.</li> <li>5.3. Presentation</li> </ol>
<b>5.b. Required for Teaching and Learning:</b>	<ul style="list-style-type: none"> <li>- Data show, computer and microphone.</li> <li>- Active board</li> <li>- White board</li> <li>- Paper &amp; Pencil</li> </ul>
<b>6. Teaching and Learning Methods for low achiever students:</b>	<ol style="list-style-type: none"> <li>6.1. Extracurricular activities</li> <li>6.2. Assignments</li> <li>6.3. Lecture revision</li> </ol>
<b>7-Students assessment:-</b>	
<b>a- Student Assessment Methods:</b>	<ol style="list-style-type: none"> <li>1. Semester Work</li> <li>2. Midterm Exam</li> <li>3. Final Written exam</li> </ol>
<b>b- Time</b>	<ol style="list-style-type: none"> <li>1. Semester Work <b>during the course</b></li> <li>2. Midterm Exam <b>during the course</b></li> <li>3. Final Written exam <b>15<sup>th</sup> week</b></li> </ol>
<b>c-Weighting of</b>	



<b>Assessments</b>	<b>Semester work</b>	20%	20
	<b>Midterm Exam</b>	20%	20
	<b>Final-term Exam</b>	60%	60
	<b>Total</b>	<b>100%</b>	<b>100</b>

<b>8- List of References</b> <b>Essential books</b> <b>Recommended books</b>  <b>Periodicals, Web Sites,... etc</b>	<i>Stradford D , Vickar G, Berger C, Cass H. (2012):Flying Publisher Guide to Complementary and Alternative Medicine Treatments in Psychiatry, 1<sup>st</sup> ed., Lippincott Williams&amp; Wilkins, Philadelphia.</i>  <a href="http://www.Nursing-world.org">www. Nursing- world.org</a>
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**Professor of Subject:**

**Head of the department:**

**Dr/ Sohier Goda**

**Date: 2018-2019**

### **Course Matrix**



Course content	week	Teaching Methods	Evaluation Methods	Knowledge and understanding skills	Intellectual skills	Practical skills	General and Transferable skills
Registration	1st week						
1-Orientation and introduction.	2 <sup>nd</sup> week	Modified lectures.		-	-	-	-
2-. Promoting Wellness in Mental Health: The CAM Approach in Psychiatry.	3 <sup>rd</sup> week 4 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	A1, 2	b1	-	d1,2
3- The Comprehensive Medical Exam in Psychiatry .	5 <sup>t</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a4	b5	-	d1,2





4- Lifestyle Changes That Improve Mental Health.	6 <sup>th</sup> week	Modified lectures. Group discussion		a4	b4	-	d1,2
5- Nutritional Treatments in Psychiatry.	7 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a5	b1	-	d1,2
6- The Role of Allergies, Poisons, and Toxins in Psychiatry.	8 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	B7,8	-	d1,2
7- Breathing Technique, Mindfulness, and .Yoga	9 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	b2,3, 4,5,6	-	d1,2
8- The CAM Psychiatrist at	10 <sup>th</sup> week	Modified lectures. Group	Semester work, Midterm exam	-	b9	-	d1,2



Work.		discussion	Final exam				
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**University:** Port Said  
**Faculty:** Nursing  
**Department:** Psychiatric Nursing

### **COURSE SPECIFICATION**

<b>1-Course data</b>		
<b>Code:</b> PSY731	<b>Course title:</b> Psychiatric Nursing and Mental Health (2).	<b>Academic year / Level :</b> post graduate _ 2018/2019 , Master Degree
<b>Specialty:</b> Psychiatric Nursing and Mental Health.	<b>No. of hours:</b> 3 credit hour/ 14 weeks	<b>Theory:</b> 3hr / week <b>Practice:</b> -----

<b>2- Overall Aim of Course:</b>	This course aims to help the student for advanced professional and scientific roles in psychiatric nursing for various types of health care systems as well as provides theoretical foundation for master degree in psychiatric nursing and mental health.
<b>3 – Intended Learning Outcomes of Course (ILOs)</b> By the end of this course each student will be able to;	
<b>a-Knowledge and Understanding:</b>	<b>A1-</b> Identify psychotropic medications. <b>A2-</b> Classify the various theories that involved over the years to describe psychiatric disorders. <b>A3-</b> Analyze the clinical pictures of psychiatric disorders. <b>A4-</b> Discuss sleep wake cycle disorder. <b>A5-</b> Describe forensic psychiatric nursing. <b>A6-</b> Classify the various psychosocial needs that involved older adult client. <b>A7-</b> Explain mental health disorders of older adults



<p><b>b-Intellectual Skills:</b></p>	<p><b>b1-</b> Estimate the effectiveness of various treatment modalities for patient with psychiatric disorders.  <b>b2-</b>Apply acquired critical thinking skills as the basis for managing nursing care for psychiatric patients.  <b>B3-</b> Evaluate the effectiveness of nursing interventions with psychotic patients .  <b>B4-</b> Describe neuroleptic Malignant Syndrome.  <b>B5-</b> Differentiate between types of personality disorders.  <b>B6-</b>Describe the role of the psychiatric nurse in a psychiatric facility.  <b>B7-</b> Differentiate between types of mental health disorders of older adults.  <b>B8-</b> Differentiate between anterograde and retrograde amnesia.  <b>B9-</b> Discuss impairments in abstract and conceptual thinking.  <b>B10 -</b> Describe Obsessive- Compulsive and related disorders.</p>
<p><b>c-Professional and Practical Skills</b></p>	<p>-----</p>
<p><b>d-General and Transferable Skills:</b></p>	<p><b>d.1-</b> Apply critical thinking and problem solving skills during the development and implementation of the nursing care plan for psychotic patients.  <b>d.2-</b> Relate information technology .  <b>d.3-</b> Apply Psychological treatment for psychotic and neurotic patients.</p>
<p><b>4- Course Contents</b></p>	<ul style="list-style-type: none"> <li>• Introduction course syllabus</li> <li>• Forensic Psychiatric Nursing</li> <li>• Mental health disorders of older adults</li> <li>• Personality disorders</li> <li>• Delusional disorders</li> <li>• Eating disorders</li> <li>• Sleep-Wake Disorders</li> <li>• Disorders of thinking and problem solving</li> <li>• Neuroleptic malignant syndrome</li> <li>• Psychological treatment</li> <li>• Obsessive- Compulsive and related disorders ( Trichotillomnina, Excoriation, Body dysmorphic and Hoarding).</li> </ul>
<p><b>1. Teaching and learning Methods</b></p>	<p>1. Lectures. 2. Group discussion.</p>



<b>Facilities Required for Teaching and Learning</b>	<ol style="list-style-type: none"> <li>1. Simulation.</li> <li>2. Presentation</li> <li>3. Role play.</li> <li>4. Audio – visual aids e.g. films.</li> </ol> <ul style="list-style-type: none"> <li>- Classroom</li> <li>- Data show, computer and microphone.</li> <li>- Active board</li> <li>- White board</li> <li>- Paper &amp; Pencil</li> </ul>															
<b>Teaching and Learning Methods for students with low achievement</b>	- Not Applicable															
<b>a- Student Assessment Methods</b>	<ol style="list-style-type: none"> <li>7.1-Written exam</li> <li>7.2-oral exam</li> <li>7.3- semester work</li> </ol>															
<b>b- Time</b>	<p><b>Written exam at the end of the course</b>  <b>Mid-term exam during the course</b>  <b>Semester work during the course</b></p> <table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td>Semester work</td> <td>10%</td> <td>10</td> </tr> <tr> <td>Oral &amp; Practical exam</td> <td>10%</td> <td>10</td> </tr> <tr> <td>Final-written exam</td> <td>60%</td> <td>60</td> </tr> <tr> <td>Final-oral exam</td> <td>20%</td> <td></td> </tr> <tr> <td><b>Total</b></td> <td><b>100%</b></td> <td><b>100</b></td> </tr> </table>	Semester work	10%	10	Oral & Practical exam	10%	10	Final-written exam	60%	60	Final-oral exam	20%		<b>Total</b>	<b>100%</b>	<b>100</b>
Semester work	10%	10														
Oral & Practical exam	10%	10														
Final-written exam	60%	60														
Final-oral exam	20%															
<b>Total</b>	<b>100%</b>	<b>100</b>														
<b>c-Weighting of Assessments</b>																



<b>8- List of References</b>  <b>ESSENTIAL BOOKS</b> <b>Recommended books</b>       <b>Periodicals, Web Sites,</b> <b>... etc</b>	1-Kneisl C. (2014): Contemporary psychiatric mental health nursing, 3 <sup>rd</sup> USA. 2-Sharma P. (2016): Essentials of mental health nursing, 1 <sup>st</sup> ed, India. 3-Mohr W. (2018): Psychiatric mental health nursing, 3 <sup>rd</sup> ed., Walters Kluwer, New York, London. 4-Videbeck S. (2014): Psychiatric mental health nursing, 6 <sup>th</sup> ed, New Y  <a href="http://WWW.EULC.EDU.EG">WWW.EULC.EDU.EG</a>
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**Professor of Subject**

**Dr/ Amal Sobhey**

**Dr/ Nadia Wehba**

**Head of the department**

**Dr/ Sohier Goda**

**Date: 2018-2019**

## **Course Matrix**



Course Content	week	Teaching Methods	Evaluati on Methods	Kn owledge and Unde rstan ding skill	Intellectua l skills	Practic al skills	General and Transferable skills
Registration	1st week						
Introduction course syllabus	2nd week	Modified lectures.		-		-	-
Forensic Psychiatric Nursing	2nd week	Modified lectures. Group discussion	Semest er work, Midter m exam Final exam	A5	B6	-	d 2
Mental health disorders of older adults	3rd week	Modified lectures. Group discussion	Semest er work, Midter m exam Final exam	A6,7	B7,8	-	-
Personality disorders	4th week	Modified lectures. Group discussion	Semest er work, Midter m exam Final exam	A2, 3	b,5	-	D1,2,3
Delusional disorders	5th week	Modified lectures. Group discussion	Semest er work, Midter m exam Final exam	a 2,3	b,2,3	-	d1,2,3
Eating disorders	6th	Modified	Semest	A2, 3	b,2,3	-	D1,2,3



	week	lectures. Group discussio n	er work, Midter m exam Final exam				
• Obsessive- Compulsive and related disorders ( Trichotillomni, Excoriation, Body dysmorphic and Hoarding).	7th week	Modified lectures. Group discussio n	Semest er work, Midter m exam Final exam	A2, 3	b,2,3,10	-	d1,2,3
Sleep-Wake Disorders	8th week	Modified lectures. Group discussio n	Semest er work, Midter m exam Final exam	A3, 4	b2,3	-	d2,3
Neuroleptic malignant syndrome	9th week	Modified lectures. Group discussio n	Semest er work, Midter m exam Final exam	-	B4	--	d2,3
Disorder in thinking problem solving	10th week	Modified lectures. Group discussio n	Semest er work, Midter m exam Final exam	a2,3	B9	-	D1,2
Psychological treatment	11th week	Modified lectures. Group discussio n	Semest er work, Midter m exam Final	A1	B1	-	D1,2



exam

**University:** Port Said  
**Faculty :** Nursing  
**Department:** Psychiatric Nursing Department

### ***COURSE SPECIFICATIONS***

#### ***1-Course data***

<b>Code:</b> PSY732	<b>Course title:</b> Psychiatric Nursing and Mental Health Clinical. (2)	<b>Academic year / Level :</b> post graduate _ 2018/2019 , Master Degree
<b>Specialty:</b> Psychiatric Nursing and Mental Health.	<b>No. of hours:</b> 3 Credit hour	<b>Theory:</b> ----- <b>Practice:</b> 3hr / 14 weeks

<b>2- Overall Aim of Course:</b>	By the end of the course the student will be prepared for advanced professional practice roles in psychiatric nursing, education and administration for various types of health care systems as well as provides theoretical and practical foundation for master degree, Recognize his role in community development, be prepared to be knowledgeable consumer of clinical practice.
<b>3 – Intended Learning Outcomes of Course (ILOs)</b> By the end of this course each student will be able to;	
<b>a-Knowledge and Understanding:</b>	-----





<p><b>b-Intellectual Skills:</b></p>	<p>b1- Discuss electroconvulsive therapy. b2- Explain restrictive intervention. b3- Describe characteristics of seclusion room.</p> <p>b4- Demonstrate appropriate activity therapy according patient state. b5. Discuss steps of limit setting.</p>
<p><b>c-Professional and Practical Skills</b></p>	<p>C1- Evaluate the effectiveness of nursing interventions with psychotic patients . C2-Discover patient’s response to electroconvulsive therapy; including effectiveness, side effects and compliance.</p> <p>C3- Determine patient’s mental health by utilizing interview and observation skills and performing a complete mental status exam. C4- Demonstrate competency in establishing and maintaining a therapeutic nurse-patient relationship utilizing effective communication techniques. C5- Apply nursing process (assessment, diagnosis, planning, implementation and evaluation) for patient with psychiatric disorders. C6- Apply nursing management for the patient suffering from side effects of psychotropic medications. C7- Apply the nursing care before, during and after E C T. C8-Apply nursing interventions for patient with aggression. C9- Apply limits setting steps.</p>
<p><b>d-General and Transferable Skills:</b></p>	<p>d.1- Adopt critical thinking and problem solving skills during the development and implementation of the nursing care plan for psychotic patients. d.2- Use interpersonal communication to collaborate with health care team to attain desired patient outcome. d.3- Appreciate information technology . d.4- Utilize stress management techniques within psychiatric hospital</p>
<p><b>4- Course Contents</b></p>	<p>1-Introduction course syllabus 2-Electro compulsive therapy 3- Limit setting 4- Restraint and seclusion 5Activity therapy 6-Training in psychiatric hospital (Acute Psychiatric Ward)</p>
<p><b>1. Teaching and</b></p>	<p>1. Lectures.</p>



<p><b>learning Methods</b></p> <p><b>Facilities Required for Teaching and Learning</b></p>	<p>2. Group discussion. 3. clinical practice.</p> <p>1. Simulation. 2. Presentation 3. Role play. 4. Audio – visual aids e.g. films.</p> <ul style="list-style-type: none"> <li>- Classroom</li> <li>- Data show, computer and microphone.</li> <li>- Active board</li> <li>- White board</li> <li>- Paper &amp; Pencil</li> </ul>																														
<p><b>Teaching and Learning Methods for students with low achievement</b></p>	<p>- Not Applicable</p>																														
<p><b>a- Student Assessment Methods</b></p>	<p>7.1-Oral and Practical exam 7.2-Midterm exam 7.3- Semester work</p>																														
<p><b>b- Time</b></p> <p><b>c-Weighting of Assessments</b></p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 40%;"></th> <th style="width: 20%; text-align: center;"><b>Oral and Practical exam</b></th> <th style="width: 20%; text-align: center;"><b>at the end of the course</b></th> <th style="width: 20%; text-align: center;"><b>Mid-term exam</b></th> <th style="width: 20%; text-align: center;"><b>during the course</b></th> </tr> <tr> <th></th> <th></th> <th></th> <th></th> <th></th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">Semester work</td> <td style="text-align: center;">20%</td> <td style="text-align: center;">20</td> <td style="text-align: center;">20</td> <td style="text-align: center;">20</td> </tr> <tr> <td style="text-align: center;">Oral &amp; Practical exam</td> <td style="text-align: center;">20%</td> <td style="text-align: center;">60</td> <td style="text-align: center;">60</td> <td style="text-align: center;">60</td> </tr> <tr> <td style="text-align: center;">Final-term Examination</td> <td style="text-align: center;">60%</td> <td style="text-align: center;">100</td> <td style="text-align: center;">100</td> <td style="text-align: center;">100</td> </tr> <tr> <td style="text-align: center;"><b>Total</b></td> <td style="text-align: center;"><b>100%</b></td> <td style="text-align: center;"><b>100</b></td> <td style="text-align: center;"><b>100</b></td> <td style="text-align: center;"><b>100</b></td> </tr> </tbody> </table>		<b>Oral and Practical exam</b>	<b>at the end of the course</b>	<b>Mid-term exam</b>	<b>during the course</b>						Semester work	20%	20	20	20	Oral & Practical exam	20%	60	60	60	Final-term Examination	60%	100	100	100	<b>Total</b>	<b>100%</b>	<b>100</b>	<b>100</b>	<b>100</b>
	<b>Oral and Practical exam</b>	<b>at the end of the course</b>	<b>Mid-term exam</b>	<b>during the course</b>																											
Semester work	20%	20	20	20																											
Oral & Practical exam	20%	60	60	60																											
Final-term Examination	60%	100	100	100																											
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**Professor of Subject**  
**Dr/ Abeer Berma**  
**Dr/ SomaEbrahiem**

**Head of the department**  
**Dr / sohier Goda**

**Date:** 2018-2019

## C Course Matrix

Course Content	Week	Teaching Methods	Evaluation Methods	Knowledge and Understanding skills	Intellectual skills	Practical skills	General and Transferable skills
Registration	1 <sup>st</sup> week						
1-Introduction course syllabus	2 <sup>rd</sup> week	Modified lectures.		-	-	-	-
2-Electro compulsive therapy	2 <sup>rd</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	b1	C2,7	D1,2,3,4
3- Limit setting	3 <sup>rd</sup> week	Modified lectures. Group	Semester work, Midterm exam	-	B5	C9	D1,2,3,4



		discussion	Final exam				
4-Restraint and seclusion	4 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	B2,3	C8	D1,2,3,4
5-Activity therapy	6 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	B4	-	D1,2,3,4
6-Training in psychiatric hospital (Acute Psychiatric Ward)	7 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	-	C1,2,3 4,5,6, 7,8,9	D1,2,3,4



**University:** Port Said

**Faculty :** Nursing

**Department:** Psychiatric Nursing Department/Faculty of Nursing

### **COURSE SPECIFICATIONS**

<b>1- Course Data</b>		
<b>Code:</b> PSY733	<b>Course title:</b> Psychophysiology (علم نفس فسيولوجي)	<b>Academic year / Level :</b> post graduate _ 2018-2019, Master Degree
<b>Specialty:</b> Psychiatric Nursing and Mental Health	<b>No. of hours :</b> 2 Credit hour	<b>Theory: :</b> 2hr / 14 weeks <b>Practice:</b>

<b>2–Aim of Course:</b>	Be prepared for advanced professional knowledge about anatomy and functions of brain.
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**3 – Intended Learning Outcomes of Course (ILOs)**  
By the end of this course each student will be able to;

<b>a-Knowledge and Understanding:</b>	a.1- Discuss basic concepts of psychophysiology. a.2- Discuss concepts & bioelectrical measurement. a.3- Discuss brain &( EEG) Electroencephalography. a.4- Discuss function of higher cortex of brain. a.5 – Identify physiological changes during sleep. a.6- Memorized anatomy of limbic system. a.7- Generalized mechanism of memory. a.9- Describe emotions. a.10- Recognize phobias.
<b>b-Intellectual Skills:</b>	b.1- Distinguish various ways of learning. b.2- Distinguish between different types of memory. b.3- Discriminate between various functions of limbic system. b.4- Discriminate between stages of sleep. b.5- Discover systems & measures.



	<p>b.6- Analyze emotions b.7- Distinguish between types of phobias. b.8- Appraise abnormalities of memory process. b.9- Develop management plan for sleep disorder. b.10- Describe connections of limbic system.</p>
<b>c-Professional and Practical Skills:</b>	Not applicable
<b>d-General and Transferable Skills:</b>	<p>d.1-Value management plan of sleep disorder. d.2- Design a management plan for memory abnormalities.</p>
<b>4- Course Contents</b>	1- Introduction of psychophysiology.
	2- Basics of psychophysiology.
	3- Concepts & bioelectrical measurement.
	4-Brain & EEG electroencephalography.
	7- Function of higher cortex of brain.
	8-Learning.
	9- Limbic system.
	10- Sleep.
	11-Memory.
	12-Emotions.
13-phobia	
<b>5- Teaching and Learning Methods</b>	<p><b>5.1- Lecture</b> <b>5.2- Group discussion</b></p>
<b>Facilities Required for Teaching and Learning</b>	<p>-Classroom - Data show, computer and microphone. - Active board</p>
<b>6- Teaching and Learning Methods for low achievement students:</b>	Not Applicable
<b>7-Students assessment</b>	
<b>a- Student Assessment Methods</b>	Written exam



<b>b- Time</b>	<b>Written exam</b> <b>Mid-term exam</b> <b>Semester work</b>	<b>at the end of the course</b> <b>during the course</b> <b>during the course</b>												
<b>c-Weighting of Assessment</b>	<table border="1"> <tr> <td><b>Semester work</b></td> <td><b>20%</b></td> <td><b>20</b></td> </tr> <tr> <td><b>Midterm exam</b></td> <td><b>20%</b></td> <td><b>20</b></td> </tr> <tr> <td><b>Final-term Examination</b></td> <td><b>60%</b></td> <td><b>60</b></td> </tr> <tr> <td><b>Total</b></td> <td><b>100%</b></td> <td><b>100</b></td> </tr> </table>	<b>Semester work</b>	<b>20%</b>	<b>20</b>	<b>Midterm exam</b>	<b>20%</b>	<b>20</b>	<b>Final-term Examination</b>	<b>60%</b>	<b>60</b>	<b>Total</b>	<b>100%</b>	<b>100</b>	
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**Professor of Subject:**  
**Dr/ Ashraf Tantawy**

**Head of the department**  
**Dr/ Sohier Goda**

**Date:** 2018-2019

### Course Matrix

<b>Course content</b>	<b>week</b>	<b>Teaching methods</b>	<b>Evaluation Methods</b>	<b>Knowledge And Understanding skills</b>	<b>Intellectual skills</b>	<b>Practical skills</b>	<b>General and Transferable skills</b>
Registration	1 <sup>st</sup> week						



1- Introduction of psychophysiology.	2 <sup>nd</sup> week	Modified lectures.		a1	-	-	-
2- Basics of psychophysiology.	3 <sup>rd</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a1	-	-	-
3- Concepts & bioelectrical measurement.	4 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a2	b5	-	-
4-Brain & EEG electroencephalography.	5 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a3	-	-	-
7- Function of higher cortex of brain.	6 <sup>th</sup> week 7 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a4	-	-	-
8-Learning.	8 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	b1	-	-
9- Limbic system.	9 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a6	b3,10	-	-
10- Sleep.	10 <sup>th</sup>			a5	b4,9	-	d1





	week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam				
11-Memory.	11 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a7	b2,8	-	d2
12-Emotions.	12 <sup>st</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a8	b6	-	-
13-phobia	13 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a9	b7	-	-

**University: Port Said**

**Faculty : Nursing**

**Department: Psychiatric Nursing Department/Faculty of Nursing**

### ***COURSE SPECIFICATIONS***

<b><i>1- Course Data</i></b>		
<b><i>Code:</i></b>	<b><i>Course title:</i></b> <b>Psychopharmacology</b>	<b><i>Academic year / Level :</i></b> <b>post graduate _ 2018-2019,</b> <b>Master Degree</b>



<b>Specialty: Psychiatric Nursing and Mental Health</b>	<b>No. of hours : 2 Credit hour</b>	<b>Theory: : 2hr / 14 weeks Practice:</b>
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<b>2– Overall Aim of Course:</b>	<b>Be prepared for advanced professional practice roles in psychiatric nursing</b>
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**3 – Intended Learning Outcomes of Course (ILOs)**  
**By the end of this course each student will be able to;**

<b>a-Knowledge and Understanding:</b>	<p>a.1- Discuss causes of neuroleptic malignant syndrome.</p> <p>a.2- Discuss side effects of typical Antipsychotic.</p> <p>a.3- Discuss side effects of Atypical Antipsychotic.</p> <p>a.4- Identify mechanism of action of anti-depressant .</p> <p>a.5 – Discuss common side effect of anti-depressant.</p> <p>a.6- Identify mechanism of action of Benzodiazepines</p> <p>a.7-- Discuss common side effect of Benzodiazepines.</p> <p>a.8- Identify mechanism of action of Mood stabilizers.</p> <p>a.9– Discuss common side effect of Mood stabilizers.</p> <p>a.10- Identify contraindication of lithium.</p> <p>a.11- Discuss clinical use of addictive drugs.</p> <p>a.12-Discuss management of side effect sedatives drugs.</p> <p>a.13-Discuss causes of metabolic syndrome.</p>
<b>b-Intellectual Skills:</b>	<p>b.1- Distinguish between various types of anti-depressant</p> <p>b.2- Distinguish between different types of Antipsychotic.</p> <p>b.3- Discriminate between various functions of anti-anxiety.</p> <p>b.4- Discriminate between different side effect for mood stabilizer.</p> <p>b.5- Discover clinical use of addictive drugs</p> <p>b.6- Analyze contra indication of lithium.</p> <p>b.7- Distinguish different side effect of sedative drugs.</p> <p>b.8- Reflect on how addictive drugs seriously affects individual health.</p> <p>b.9- Determine nursing management to the patient</p>



	with neuroleptic malignant disorder b.10- Demonstrate nursing management for the patient suffering from side effects of psychotropic medication.
<b>c-Professional and Practical Skills:</b>	-----
<b>d-General and Transferable Skills:</b>	d.1-Value management plan of neuroleptic malignant disorder. d.2- Design a management plan for metabolic syndrome
<b>4- Course Contents</b>	1- Typical Antipsychotic
	2- Atypical Antipsychotic.
	3-Neuroleptic malignant syndrome
	4-Metabolic syndrome
	5- Tricyclic antidepressant.
	6-selective serotonin reuptake inhibitors
	7- selective norepinephrine reuptake inhibitors
	8- Benzodiazepines.
	9-Mood stabilizers
	10-Lithium
	11-Addictive drugs
	12-Sedatives hypnotics
<b>5- Teaching and Learning Methods</b>	5.1- Lecture 5.2- Group discussion
<b>Facilities Required for Teaching and Learning</b>	-Classroom - Data show , computer and microphone. - Active board
<b>6- Teaching and Learning Methods for low achievement students:</b>	Not Applicable
<b>7-Students assessment</b>	
<b>a- Student Assessment Methods</b>	<b>Written exam</b>



<b>b- Time</b>	<b>Written exam</b> at the end of the course <b>Mid-term exam</b> during the course <b>Semester work</b> during the course												
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**Professor of Subject:**  
**Dr/ Ashraf Tantawy**

**Head of the department**  
**Dr/ Sohier Goda**

**Date: 2018-2019**

### Course Matrix

Course content	Week	Teaching methods	Evaluation Methods	Knowledge And Understanding skills	Intellectual skills	Practical skills	General and Transferable skills
Registration	1 <sup>st</sup> week						



1-Typical Antipsychotic	2 <sup>nd</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a2	b2,10	-	
2- Atypical Antipsychotic.	3 <sup>rd</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a3	b2,10	-	-
3-Neuroleptic malignant syndrome	4 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a1	b9	-	d1
4-Metabolic syndrome	5 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a13	-	-	d2
5- Tricyclic antidepressant.	6 <sup>th</sup> week 7 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a4,a5	b1,10	-	-
6-Selective serotonin reuptake inhibitors	8 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a4,a5	b1,10	-	-



7- selective norepinephrine reuptake inhibitors	9 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a4,a5	b1,10	-	-
8- Benzodiazepines.	10 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a7	b3,10	-	-
9-Mood stabilizers	11 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a9	b4,10	-	-
10-Lithium	12 <sup>st</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a10	b6,10	-	-
11-Addictive drugs	13 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a11	b5,8	-	-
12-Sedatives hypnotics	14 <sup>th</sup> week	Modified lectures. Group	Semester work, Midterm	a12	b7	-	-



		discussion	exam Final exam				
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**University:** Port Said  
**Faculty:** Nursing  
**Department:** Psychiatric Nursing

### **COURSE SPECIFICATION**

<b>1-Course Data:-</b>		
<b>Code: PSY735</b>	<b>Course title:</b> Psychiatric Rehabilitation	<b>Academic year / Level :</b> post graduate - 2018-2019, Master Degree.
<b>Specialty:</b> Psychiatric Nursing and Mental Health	<b>No. of hours :</b> 2credit hrs/ 14weeks.	<b>Theory:</b> 2hr / week. <b>Practice:</b> -----

<b>2-Aim of Course:</b>	This course aims to prepare of the students for advanced professional practice of psychological rehabilitation, and apply psychological principles on behalf of persons who have disability due to functional difficulties.
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<b>3 – Intended Learning Outcomes of Course (ILOs):-</b>	
<b>a-Knowledge and Understanding Skills:</b>	<b>a.1-</b> Gain essential principles and knowledge of the field of psychiatric rehabilitation. <b>a.2-</b> Identify various programming models and service-system issues. <b>a.3-</b> State knowledge relevant to understanding the consumer movement, recovery, integration within the community. <b>a.4</b> - Recognize psychological and behavioral dysfunction.



	<p><b>a.5-</b> Identify information related to different employment strategies.</p> <p><b>a.6-</b> Identify a range of practice models utilized in psychosocial rehabilitation.</p>
<b>b-Intellectual Skills:</b>	<p><b>b.1-</b> Clarify the impact of mental illness on the psychological, social, and environmental functioning..</p> <p><b>b.2-</b> Discuss the core principles and best practices of treatment for individuals with psychiatric disabilities.</p> <p><b>b.3-</b> Develop a greater understanding of the critical role of varied community support systems.</p> <p><b>b.4-</b> Integrate rehabilitation and case management strategies in order to improve community living.</p> <p><b>b.5-</b> Clarify the basics of formulating a rehabilitation goal, strengths assessment and documentation.</p>
<b>c-Professional and Practical Skills:</b>	-----
<b>d-General and Transferable Skills:</b>	<p><b>d.1-</b> Provide appropriate patient teaching that reflects developmental stage, age, culture, spirituality, patient preferences, and health literacy considerations to foster patient engagement in care.</p> <p><b>d.2-</b> Develop teaching plans for patients taking psychotropic medications.</p> <p><b>d.3-</b> Appreciate how societal attitudes towards individuals with psychiatric and medical disabilities may impact upon personal adjustment and the rehabilitation process.</p>





<p><b>4- Course Contents:</b></p>	<ol style="list-style-type: none"> <li>1. Introduction to course syllabus.</li> <li>2. Philosophical, Historical, Aspects of the psychological Rehabilitation Profession</li> <li>3. Types of medical rehabilitation programs</li> <li>4. Psychological Resilience in Medical Rehabilitation</li> <li>5. Rehabilitation psychology for mental disorders.</li> <li>6. Rehabilitation psychology for personality disorders.</li> <li>7. Rehabilitation applied to substance abuse disorders.</li> <li>8. Pediatric rehabilitation psychology (for Intellectual Disabilities).</li> <li>9. Pediatric rehabilitation psychology (for Developmental Disabilities).</li> <li>10. Psychological aspects of cardiac rehabilitation.</li> </ol>
<p><b>5.a. Teaching and Learning Methods:</b></p>	<ol style="list-style-type: none"> <li>5.1. Lectures.</li> <li>5.2. Group discussion.</li> <li>5.3. Presentation</li> </ol>
<p><b>5.b. Required for Teaching and Learning:</b></p>	<ul style="list-style-type: none"> <li>- Data show, computer and microphone.</li> <li>- Active board</li> <li>- White board</li> <li>- Paper &amp; Pencil</li> </ul> <ol style="list-style-type: none"> <li>6.1. Extracurricular activities</li> <li>6.2. Assignments</li> <li>6.3. Lecture revision</li> </ol>
<p><b>6. Teaching and Learning Methods for low achiever students:</b></p>	<p>Not applicable</p>
<p><b>7-Students assessment:-</b></p>	



<b>a- Student Assessment Methods:</b>	<ol style="list-style-type: none"> <li>1. Semester Work</li> <li>2. Midterm Exam</li> <li>3. Final Written exam</li> </ol>												
<b>b- Time</b>	<ol style="list-style-type: none"> <li>1. Semester Work <b>during the course</b></li> <li>2. Midterm Exam <b>during the course</b></li> <li>3. Final Written exam <b>15<sup>th</sup> week</b></li> </ol>												
<b>c-Weighting of Assessments:</b>	<table border="1"> <tr> <td><b>Semester work</b></td> <td>20%</td> <td>20</td> </tr> <tr> <td><b>Midterm Exam</b></td> <td>20%</td> <td>20</td> </tr> <tr> <td><b>Final-term Exam</b></td> <td>60%</td> <td>60</td> </tr> <tr> <td><b>Total</b></td> <td><b>100%</b></td> <td><b>100</b></td> </tr> </table>	<b>Semester work</b>	20%	20	<b>Midterm Exam</b>	20%	20	<b>Final-term Exam</b>	60%	60	<b>Total</b>	<b>100%</b>	<b>100</b>
<b>Semester work</b>	20%	20											
<b>Midterm Exam</b>	20%	20											
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<b>List of references</b> <b>Essential books</b> <b>Recommended books</b> <b>Periodicals, Web Sites, ...</b> <b>etc</b>	<p>-----</p> <p>-----</p> <p><a href="http://www.eulc.edu.eg">www.eulc.edu.eg</a></p>												

**Professor of Subject:**

**Head of the department**

**Dr/ Amal Sobhey**

**Dr/ Sohier Goda**

**Dr/ Abeer Berma**

**Date: 2018-2019**

### Course Matrix

Course content	week	Teaching methods	Evaluation methods	Knowledge	Intellectual skills	Practical	General
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				and Understanding skills		skills	and Transferable skills
1. Registration	1 <sup>st</sup> week						
2. Introduction to course syllabus	2 <sup>nd</sup> week	Modified lectures.		a1	b6	-	d3
3. Philosophical, Historical, Aspects of the psychological Rehabilitation Profession	3 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a6	-	-	-
4. Types of medical rehabilitation programs	4 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a1	b5	-	-
5. Psychological Resilience in Medical Rehabilitation	5 <sup>th</sup> week 6 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a2	-	-	-
6. Rehabilitation psychology for mental disorders.	7 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	-	-	d3
7. Rehabilitation psychology for personality disorders.	8 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a4,5	b1,2,3	-	d1,2



<b>8.</b> Rehabilitation applied to substance abuse disorders.	9 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a3	-	-	d1
<b>9.</b> Pediatric rehabilitation psychology (for Intellectual Disabilities).	10 <sup>st</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a3	-	-	d1
<b>10.</b> Pediatric rehabilitation psychology (for Developmental Disabilities).	11 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a3	-	-	d1
<b>11.</b> Psychological aspects of cardiac rehabilitation	12 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a3	b3	-	d1



**University:** Port Said  
**Faculty:** Nursing  
**Department:** Psychiatric Nursing

### **COURSE SPECIFICATION**

<b>1- Course Data</b>		
<b>Code:</b> PSY736	<b>Course title:</b> Violence and Health	<b>Academic year / Level :</b> post graduate _ 2018-2019, Master Degree / Third Semester
<b>Specialty:</b> Psychiatric Nursing, and Mental Health	<b>No. of hours :</b> 1 Credit hour 14 weeks	<b>Theory: :</b> 1hr / week <b>Practice:</b> .....

<b>2- Overall Aim of Course:</b>	This course focuses on forms of violence related to the psychosocial institution of the family. Specifically, the course focuses on the health systems.
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### **3 – Intended Learning Outcomes of Course (ILOs)**

<b>a-Knowledge and Understanding:</b>	a.1- Discuss issues involved in dynamics of violence.  a.2- Explain factors that effects women mental health.  a.3- Explain factors that effects child mental health.  a4. Enumerate principles of human rights
<b>b-Intellectual Skills:</b>	b.1- Explain incidence and prevalence of violence in families and society.  b.2- Articulate impact of stigma.



	<p>b.3- Describe various types of women and child aggression.</p> <p>b.4- Discuss the nurse's role in the prevention, assessment, and treatment of violence.</p> <p>b.5- Analyze the concept of women and child mental health.</p> <p>b.6- Describe how economic, social and environmental factors determine the health of a population locally and globally</p> <p>b.7- Explain the major global health issues and plan an intervention project</p> <p>b.8- Critically examine issues of suicide.</p> <hr/> <p>b.9- Demonstrate knowledge of the causes and consequences of bullying behaviors.</p> <hr/>
<p><b>c-Professional and Practical Skills:</b></p>	<p>-----</p>
<p><b>d-General and Transferable Skills:</b></p>	<p>d.1-Value management plan of human right. d.2- Design a management plan for health maintenances.</p>
<p><b>4- Course Contents</b></p>	<p>1-Overview of Violence (Defining and incidence - prevalence , dynamics and types of violence).</p> <p>2- Women Mental Health.</p> <p>3- Child and adolescent mental health.</p> <p>4-Stigma</p>



	<p>5-Child and adolescent aggression</p> <p>6-women aggression</p> <p>7-Health development and health determinants globally.</p> <p>8-International cooperation for health and well-being.</p> <p>9-Suicide</p> <p>10-Bullying</p>												
<p><b>5- Teaching and Learning Methods</b></p> <p><b>Facilities Required for Teaching and Learning</b></p> <p><b>6- Teaching and Learning Methods for low achievement students:</b></p>	<p><b>5.1-</b> Lecture</p> <p><b>5.2-</b> Group discussion</p> <ul style="list-style-type: none"> <li>- Data show and computer.</li> <li>- Active board</li> </ul> <p>Not Applicable</p>												
<p><b>7-Students assessment</b></p>													
<p><b>a- Student Assessment Methods</b></p>	<p>Written exam</p>												
<p><b>b- Time</b></p>	<table border="1"> <tr> <td><b>Written exam</b></td> <td colspan="2"><b>at the end of the course</b></td> </tr> <tr> <td><b>Mid-term exam</b></td> <td colspan="2"><b>during the course</b></td> </tr> <tr> <td><b>Semester work</b></td> <td colspan="2"><b>during the course</b></td> </tr> </table>	<b>Written exam</b>	<b>at the end of the course</b>		<b>Mid-term exam</b>	<b>during the course</b>		<b>Semester work</b>	<b>during the course</b>				
<b>Written exam</b>	<b>at the end of the course</b>												
<b>Mid-term exam</b>	<b>during the course</b>												
<b>Semester work</b>	<b>during the course</b>												
<p><b>c-Weighting of Assessment</b></p>	<table border="1"> <tr> <td><b>Semester work</b></td> <td><b>20%</b></td> <td><b>20</b></td> </tr> <tr> <td><b>Midterm exam</b></td> <td><b>20%</b></td> <td><b>20</b></td> </tr> <tr> <td><b>Final-term Examination</b></td> <td><b>60%</b></td> <td><b>60</b></td> </tr> <tr> <td><b>Total</b></td> <td><b>100%</b></td> <td><b>100</b></td> </tr> </table>	<b>Semester work</b>	<b>20%</b>	<b>20</b>	<b>Midterm exam</b>	<b>20%</b>	<b>20</b>	<b>Final-term Examination</b>	<b>60%</b>	<b>60</b>	<b>Total</b>	<b>100%</b>	<b>100</b>
<b>Semester work</b>	<b>20%</b>	<b>20</b>											
<b>Midterm exam</b>	<b>20%</b>	<b>20</b>											
<b>Final-term Examination</b>	<b>60%</b>	<b>60</b>											
<b>Total</b>	<b>100%</b>	<b>100</b>											



<b>List of references</b>	
<b>Essential books</b>	-----
<b>Recommended books</b>	-----
<b>Periodicals, Web Sites, ... etc</b>	<a href="http://www.eulc.edu.eg">www.eulc.edu.eg</a>

**Professor of Subject:**

**Head of the department**

**Dr/ Sohier Goda**  
**Dr/ Soma Ebrahiem**

**Dr/ Sohier Goda**

**Date:** 2018-2019

### Course Matrix

Course content	Week			Know ledge And Under standi ng skills	Intellec tual skills	Prac tical skills	Gene ral and Tran sfera ble skills
Registration	1 <sup>st</sup> week						
1-Overview of Violence (Defining and incidence - prevalence , dynamics and types of violence).	2 <sup>nd</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a1	b1,4	-	-





2.Stigma	3 <sup>rd</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	b2	-	-
3.Child aggression	4 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a1	b1,2,4	-	-
4.women aggression	5 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	b1,2,4	-	-
5-Health development and health determinants globally.	6 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	b7	-	d2
6-International cooperation for health and well-being.	7 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a4	b6	-	d1
8. Women Mental Health.	9 <sup>th</sup> week			a2	b5	-	-



		Modified lectures. Group discussion	Semester work, Midterm exam Final exam				
9. Child Mental Health.	10 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a3	b5	-	-
10. Suicide.	11 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	b8	-	-
11. Bullying	12 <sup>nd</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	b9	-	-

**University:** Port Said

**Faculty:** Nursing

**Department:** Psychiatric Nursing.

### ***COURSE SPECIFICATION***

#### ***1. Course Data:***

<b>Code:</b> PSY738	<b>Course title:</b> psychiatric Counseling	<b>Academic year / Level :</b> post graduate _ 2018-2019,
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		Master Degree
<b>Specialty:</b> Psychiatric Nursing and Mental Health	<b>No. of hours :</b> 2 Credit hours/14weeks.	<b>Theory:</b> 2hrs / week. <b>Practice:</b> .....

<b>2- Overall Aim of Course:</b>	This course will focus on offering an inside view of core counseling techniques and approaches, and opportunities for counseling professionals to understand the complex role client diversity plays in their work. When the ailment can't be measured by numbers on the thermometer, that's when a counselor's work begins.
<b>3 – Intended Learning Outcomes of Course (ILOs):</b>	
<b>a-Knowledge and Understanding Skills:</b>	<p><b>a.1-</b> Discuss history and current trends in counseling.</p> <p><b>a.2-</b> Identify job outlook and growth prospects.</p> <p><b>a.3-</b> Define principles, forms and goals of psychological counseling.</p>
<b>b-Intellectual Skills:</b>	<p><b>b.1-</b> Analyze Top Ten Basic Counseling Skills.</p> <p><b>b.2-</b> Characterize major approaches to counseling based on therapy</p> <p><b>b.3 -</b> discover ethical guidelines in counseling practice</p> <p><b>b.4-</b> Differentiate between counseling and psychotherapy</p> <p><b>b.5-</b> Describe The Nature of a Counselor’s Work.</p> <p><b>b.6-</b> Discover the Helping and Healing Side of Counseling</p> <p><b>b.7-</b> Describe The Qualities Needed to be a Counselor.</p> <p><b>b.8.</b> Introducing Egan’s The Skilled Helper Model.</p>
<b>c-Professional and Practical Skills:</b>	-----
<b>d-General and Transferable Skills:</b>	<b>d.1-</b> Provide appropriate counseling for different groups of client.



	<p><b>d.2-</b> Develop appropriate Communication in the Workplace.</p> <p><b>d3.</b> Develop management plan for different clients.</p>
<p><b>4- Course Contents</b></p>	<p><b>1-</b>Developing Basic Counseling Skills</p> <ul style="list-style-type: none"> <li>-Counselor Verses Psychologist</li> <li>-Desirable Qualities Needed to be a Counselor</li> </ul> <p><b>2-</b> Counseling Theories</p> <ul style="list-style-type: none"> <li>- Gestalt theory</li> <li>-Transactional analysis</li> <li>-Existential counseling</li> <li>-Attachment Theory</li> <li>-Postmodern and Crisis Theories of Counseling</li> <li>-Issues in Community Counseling</li> </ul> <p><b>3-</b> Counseling in the Private Sector</p> <ul style="list-style-type: none"> <li>-The Changing Role of Counseling in the Workplace</li> <li>-Violence in the Workplace Today</li> <li>-Career Counseling</li> </ul> <p><b>4-</b>Counseling Formats</p> <ul style="list-style-type: none"> <li>-Individual Counseling</li> <li>-Couples Counseling</li> <li>-Group Counseling</li> </ul> <p><b>5-</b>Counseling in Diverse Environments</p> <ul style="list-style-type: none"> <li>-Institutional Environments</li> <li>-Educational Environments</li> </ul> <p><b>6-</b>Mastering the Techniques of Counseling</p> <ul style="list-style-type: none"> <li>-Role Playing and Audio/Video Tools</li> <li>-Didactic Approach</li> <li>-Experiential Approach</li> <li>-Skill Development Goals</li> </ul> <p><b>7-</b>Counselor Self-Care Strategies</p> <ul style="list-style-type: none"> <li>-Burnout</li> <li>-Causes of stress related burnout</li> <li>-Remedies</li> </ul> <p><b>8-</b>Counseling Based Communication Skills</p> <ul style="list-style-type: none"> <li>-Communication in the Workplace</li> <li>Body Language</li> </ul> <p><b>9.</b> Egan’s The Skilled Helper Model.</p>



<b>5.a. Teaching and Learning Methods:</b>	<b>5.1. Lectures.</b> <b>5.2. Group discussion.</b> <b>5.3. Presentation</b>												
<b>5.b. Required for Teaching and Learning:</b>	- Data show, computer and microphone. - Active board - White board - Paper & Pencil												
<b>6. Teaching and Learning Methods for low achiever students:</b>	<b>6.1. Extracurricular activities</b> <b>6.2. Assignments</b> <b>6.3. Lecture revision</b>												
<b>7-Students assessment:-</b>													
<b>a- Student Assessment Methods:</b>	<b>1. Semester Work</b> <b>2. Midterm Exam</b> <b>3. Final Written exam</b>												
<b>b- Time</b>	<b>1. Semester Work</b> during the course <b>2. Midterm Exam</b> during the course <b>3. Final Written exam</b> 15 <sup>th</sup> week												
<b>c-Weighting of Assessments:</b>	<table border="1"><tr><td><b>Semester work</b></td><td>20%</td><td>20</td></tr><tr><td><b>Midterm Exam</b></td><td>20%</td><td>20</td></tr><tr><td><b>Final-term Exam</b></td><td>60%</td><td>60</td></tr><tr><td><b>Total</b></td><td><b>100%</b></td><td><b>100</b></td></tr></table>	<b>Semester work</b>	20%	20	<b>Midterm Exam</b>	20%	20	<b>Final-term Exam</b>	60%	60	<b>Total</b>	<b>100%</b>	<b>100</b>
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**Professor of Subject:**

**Head of the department**

**Dr/ Sohier Goda**

**Dr/ Sohier Goda**

**Dr/ Nadia wehba**



جامعة بورسعيد  
كلية التمريض  
وحدة توكيد الجودة و الإعتما د



**Date: 2018-2019**

### Course matrix

Course content	Week			Knowledge and Understanding skills	Intellectual skills	Practical skills	General and Transferable skills
Registration	1 <sup>st</sup> week						



1- Developing Basic Counseling Skills	2 <sup>nd</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a1	-	--	d3
2- Counseling Theories	3 <sup>rd</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	-	--	-
3- Counseling in the Private Sector	4 <sup>th</sup> week 5 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a2	b3	--	-
4- Counseling Formats	6 <sup>th</sup> week 7 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	a3	b4	--	-
6- Counseling in Diverse Environments	8 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	b5	--	-
7- Mastering the Techniques of Counseling	9 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	b2	--	-
8- Counselor Self-Care Strategies	10 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam	-	-	--	d1



			Final exam				
9- Counseling Based Communication Skills	11 <sup>th</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	b1	--	d2
10- Egan's The Skilled Helper Model.	12 <sup>st</sup> week	Modified lectures. Group discussion	Semester work, Midterm exam Final exam	-	b8	--	-



