



Port-Said University
Faculty of Nursing



كلية التمريض - جامعة بورسعيد
قسم التمريض النفسي والصحة العقلية
تاريخ اعتماد التوصيف: ٢٠٢١ / ١

١- بيانات المقرر

الفرقة / المستوى: الثالث	اسم المقرر: الارشاد النفسي Psychological Counseling	الرمز الكودي: Sup E 605
عملى----	عدد الساعات المعتمدة: نظري (one credit hr/ week)	التخصص : التمريض النفسي و الصحة العقلية

2 - Aim of the course:

This course aims to provide nursing students who study counseling techniques and approaches with essential knowledge, and attitude to demonstrate appropriate understanding of the competitive role of counselor.

3-Course specification based on competency



DOMAIN 2: HOLISTIC PATIENT-CENTERED CARE

Competency	Key elements	Course Subjects	Subjects objectives	Teaching Methods	Media used	Assessment Methods
<p>2-1- Provide holistic and evidence-based nursing care in different practice settings.</p>	<p>2.1.1.Conduct holistic and focused bio- psychosocial and environmental assessment of health and illness in diverse settings.</p>	<p>Self-concept</p> <p>Self- Image</p> <p>Stress and stress management</p> <p>Anger and aggression management</p> <p>Crisis intervention</p>	<p>2.1.1.1 Discover the self - concept and self-image.</p> <p>2.1.1.2 Identify crises and crisis intervention.</p> <p>2.1.1.3 Discuss stress and stress management.</p> <p>2.1.1.4 Identify anger management.</p> <p>2.1.1.5 Explain assertiveness.</p> <p>2.1.2.1. Identify the nature and techniques of a counselor’s work.</p> <p>2.1.2.2. Clarify basic concepts of counseling.</p> <p>2.1.2.3. Characterize major</p>	<p>Modified lecture</p> <p>-EBK</p> <p>-Role play</p> <p>Student assignment</p>	<p>-Data show</p> <p>-Online interaction</p>	<ul style="list-style-type: none"> - Discussion - Peer and self assessment - Written question and exercise with short, extended and multiple choices answer <p>Meaningful home work assignment</p>



**Port-Said University
Faculty of Nursing**



			<p>approaches therapy towards smoking and drugs abuse.</p> <p>2.1.2.4. Discover ethical guidelines in counseling practice.</p> <p>2.1.2.5. Differentiate between counseling and psychotherapy.</p> <p>2.1.2.6. Discover the self -concept and self-image.</p> <p>2.1.2.7. Describe the qualities needed to be a counselor.</p> <p>2.1.2.8. Classify barriers to effective counseling</p>			
	<p>Basic concepts of counseling.</p> <p>Therapeutic counseling.</p> <p>Theories of counseling.</p>	<p>2.2.5.1 Discuss counseling concepts.</p> <p>2.2.5.2 Identify the nature and techniques of a counselor's work.</p> <p>2.2.5.3 Describe the qualities</p>	<p>Modified lecture</p> <p>-EBK</p>	<p>-Data show</p> <p>-Online interaction</p>	<ul style="list-style-type: none"> - Discussion - Pop quiz - Peer and self assessment - Written question and exercise with short, 	



**Port-Said University
Faculty of Nursing**



<p>2-2 COMPETENCY: Provide health education based on the needs/problems of the patient/client within a nursing framework.</p>	<p>2.2.5. Communicate health information and coordinate health education/promotion activities effectively according to patient/client needs.</p> <p>2.2.6. Utilize information from variety of reliable sources for planning and improving health promotion and health education activities</p>		<p>needed to be a counselor.</p> <p>2.2.5.4 Clarify basic concepts of counseling.</p> <p>2.2.5.5 Differentiate between counseling and psychotherapy.</p> <p>2.2.5.6 Introducing therapeutic counseling.</p> <p>2.2.6.1 Characterize major approaches therapy towards stress and anger.</p> <p>2.2.6.2 Discover ethical guidelines in counseling practice.</p>			<p>extended and multiple choices answer</p>
--	---	--	---	--	--	---



Port-Said University
Faculty of Nursing



Basic concepts of counseling. Therapeutic counseling. Theories of counseling. Self-concept Self- Image Stress and stress management Anger and aggression management Crisis intervention	<u>4- محتوى المقرر</u> Course Content
Lecture Modified lecture Student assignment	<u>5- اساليب التعليم و التعلم:</u> Teaching and Learning Methods
1- Interpretation for any difficulties in professor office. 2- Use academic monitoring. 3- Senior students help junior students. 4- Apply study groups system. 5- Apply extra hours for teaching.	<u>6- أساليب تعليم و التعلم للطالب</u> <u>ذوى القدرات المحدودة</u> Teaching and Learning Methods of Disables



Port-Said University
Faculty of Nursing



6- Group discussion.		
Students Assessment		7-تقويم الطالب :
-Quizzes -Semester work -Final written exam		أ- الأساليب المستخدمة Used Methods
Quizzes : (twice /per semester)after 4th week and after 10 th week Semester work: During the course Final written: in 15 th week		ب-التوقيت : time
Midterm Exam 10 - 10% Semester work 15 - 15% Final Exam 25 - 50% Total 50 - 100		ج-توزيع الدرجات : Marks distribution
List of References		8- قائمة الكتب الدراسية و المراجع
Part by Part-----		أ- مذكرات Course note



Port-Said University
Faculty of Nursing



<ul style="list-style-type: none">- Sutton J,& Stewart W. (2017) Learning To Counsel: How to develop the skills, insight and knowledge to counsel others, 4th ed, Robinson,120-400.- Murphy D (2019): Counselling Psychology: A Textbook for Study and Practice , 1st ed,169-500. McLeod J (2013): An Introduction to Counselling. 5 th ed , McGraw- Hill Education, New York	<p>ب-كتب ملزمة</p> <p>Required Books (Text Books)</p>
	<p>ج-كتب مقترحة</p> <p>Recommended Books</p>

رئيس القسم: أ.م.د. عبير السيد برمة

منسق المقرر : د. هدي جابر



Port-Said University
Faculty of Nursing



كلية التمريض - جامعة بورسعيد
قسم تمريض الأمومة والنساء والتوليد
تاريخ اعتماد التوصيف: ٢٠٢١ / ١

١- بيانات المقرر

الفرقة / المستوى : 3 rd year/ 2 nd semester		اسم المقرر : : تمريض النساء والتوليد (نظري) <i>Gynecology & Obstetrics Nursing (Theory)</i>	الرمز الكودي : Nur304
-----	عملي	عدد الساعات المعتمدة : نظري + 3 credit hrs / week جلسة تعليمية 1 credit hrs / week	التخصص : تمريض الأمومة و النساء و التوليد

2 - Aim of the course:

The aim of the course is to acquaint the undergraduate students to provide care to the women throughout her childbearing cycle. It focuses on woman during different phases of the reproductive age as well as newborn care through utilizing critical thinking in providing comprehensive nursing care across life span.

3-Course specification based on competency: