



جامعة بورسعيد
كلية التمريض
وحدة توكيد الجودة و الإعتقاد



University: Port Said

Faculty: Nursing

Department: Psychiatric and Mental Health Nursing

Program Specification

A. Basic Information

1. Program Title: Psychiatric Nursing Diploma

2. Program Type:

Single Double Multiple

3. Department: psychiatric Nursing and Mental Health

4. Last date of program specifications approval: / /

B. Professional Information

1- Program Aim:

The aim of the program is to provide graduates with specialized knowledge and skills to provide safe, comprehensive, and holistic care to individuals in a variety of mental health care setting. Each semester builds on foundational concepts and skills to prepare graduates to respond to mental health care needs within the context of families, groups, and communities.

2- Intended Learning Outcomes (ILOs):

By the end of the program the post graduate student should be able to:

2/1 Knowledge and understanding:

a.1	Identify the theories and research used in assessing, diagnosing, Planning, implementing and evaluating comprehensive mental care for Individuals, families and populations across the health continuum.
a.2	Recognize biological, mental, emotional, behavioral and psychiatric related environmental determinants of health and illness.
a.3	Identify basic theories related to psychiatric nursing.



a.4	Enumerate principles and concepts of quality in psychiatric nursing professional practice.
a.5	Recognize basics and ethics of psychiatric nursing scientific research.
a.6	Identify new trends and issues related to psychiatric nursing.
a.7	Describe risks in clinical practice related to psychiatric and mental health nursing.
a.8	Determine advanced concepts of management and leadership skills required for professional practice.

2/2 Intellectual Skills:

b.1	Utilize knowledge of psychiatric nursing and related sciences to identify and prioritize health needs of clients with mental health problems.
b.2	Integrate knowledge from the physical and behavioral sciences, informatics, and the humanities into of psychiatric professional nursing practice.
b.3	Use theories, concepts and principles of psychiatric nursing to deliver appropriate nursing care for clients with mental health problems.
b.4	Acquire the learning, analytical and appraisal skills that will equip the professional nurse to update knowledge and practice in the light of changing evidence and practice standards
b.5	Analyze current practical multidimensional situations by different quality tools in order to identify clinical practice problems and solve and choose the appropriate method to overcome it.
b.6	Demonstrate knowledge of pharmacology and drug administration to effectively and safely organize and manage the



	administration of medicines.
b.7	Paraphrase theories, models and principles of ethical decision making in nursing situations across the lifespan in a variety of settings.
b.8	Innovate nursing interventions to assist individuals to adapt to the physiological and psychological changes and their mental health problems.
b.9	Assess the new trends related to psychiatric and mental health nursing.
b.10	Collaborate effectively with the multidisciplinary team to provide quality care to individuals, families and populations across the health continuum.
b.11	Critically evaluate the outcomes of nursing care during provision of care.
b.12	Use recent available evidence of nursing standards to evaluate the level of nursing care and its outcomes.
b.13	Demonstrate the ability to practice in accordance with the Code of Professional Conduct within limitations of the individuals own competence, knowledge and sphere of professional practice, consistent with the legalization relating to mental health nursing practice.

2/3/1 Professional Skills:

c.1	Perform therapeutic nursing interventions directed toward health promotion, health maintenance, disease prevention and quality of life.
c.2	Integrate with practice knowledge in order to develop best practice and professional care.
c.3	Demonstrate different clinical skills in professional level for Psychiatric patients.
c.4	Utilize scientific intervention according to the situation and the psychiatric patient' health needs.
c.5	Draw up an appropriate knowledge and skills in order to make profession judgment, recognize the limits of her practice.



c.6	Formulate specific plans for meeting needs and problems of Psychiatric patients
c.7	Utilize strategies for improving practice, contributing to the development.
c.8	Conduct research and other scholarly activity in the field of Mental health nursing.
c.9	Use different and appropriate teaching methods according to individual or group abilities
c.10	Provide safe personalized care based on principles of safety consumers and environment within the reality of specific situation.
c.11	Apply recent available evidence of nursing standards to evaluate the level of psychiatric nursing care and its outcomes.
c.12	Accurately document and evaluate the outcomes of nursing and other interventions.
c.13	Criticize different nursing intervention used with patients in order to develop evidence- based practice.
c.14	Demonstrate the ability to pose researchable questions relating to practice and critically assess the strength of evidence and its applicability to practice.

2/3/2 General Skills:

d.1	Use effective and appropriate technological communication skills in clinical, educational, and professional contexts.
d.2	Demonstrate the ability to work in team and lead team effectively.
d.3	Demonstrate understanding of leadership roles in different clinical contexts and multi-professional group settings and the ability to act in a leadership capacity.
d.4	Contribute to the professional development of self and other to enhance nursing care practice.
d.5	Effectively manages time and resources and set priorities..
d.6	Demonstrate leadership ability in conducting and managing the



	scientific seminars.
d.7	Motivate self learning and continuous self evaluation
d.8	Demonstrate an ability to use resources effectively and adapt where necessary to meet changes in demand on mental health nursing
d.9	Present information clearly in written, electronic and oral forms using appropriate language.
d. 10	Adopt the principles of continues learning and performance development.

3-Program Academic Standards:

Graduate of the program of a postgraduate diploma in any specialty should be able to:

1. The application of specialized knowledge gained in the professional practice.
2. Identifying the professional problems and suggesting its solving
3. Mastering of professional skills and use of appropriate technology tools in professional practice
4. Communication and leadership to work through the professional work of the Organization
5. Decision-making in the light of available information
6. Employment of available resources efficiently
7. Awareness of his role in developing the community and preserve the environment
8. Reflects the commitment to act with integrity and credibility and rules of the profession and accept accountability and criticism
9. Recognize the need for self-development and engage in continuous education

a.1: Knowledge and understanding

By the end of the postgraduate diploma program the candidate should be able to know and understand the following:

- a.1.01 Theories, basic and specific knowledge related to his specialty as well as basic sciences related to practice in his field .
- a.1.02 Basic of ethics and medico legal aspects of professional practice, related to the specialty .
- a.1.03 Basis and principles of quality assurance in professional practice related to the specialty .



a.1.04 The environmental hazards related Effect of professional practice and the plan for protection.

b.2- Intellectual Skills

By the end of the postgraduate diploma program the candidate should be able to:

- b.2.01 Recognize, define and prioritize problems related to his specialty.
- b.2.02 Solve specific problems related to his profession .
- b.2.03 Critical reading of published researches and topics related to the specialty .
- b.2.04 Assess Risks in professional practices.
- b.2.05 Use the available knowledge in making professional decisions .

C.3- Practical and Clinical Skills

By the end of the postgraduate diploma program the candidate should be able to:

- C.3.01 Apply the essential practical skills related to his specialty
- C.3.02 Write professional reports

d.4 General and transferable skills

By the end of the postgraduate diploma program the candidate should be able to

- d.4.01 Use effectively all tools of communications.
- d.4.02 Use information technology to serve in the development of professional practice
- d.4.03 Perform self evaluation and specify his own educational needs
- d.4.04 Use different resources to obtain knowledge and information.
- d.4.05 Work effectively within team and time management.
- d.4.06 Lead effectively a team within familiar professional contexts.
- d.4.07 Adopt the principles of continuous self learning .

4-Benchmarks:

5- Program Structure and Contents:

a. Program duration:



1st semester = 14 weeks

2nd semester = 14 weeks

b. Program structure:

• **No. of hours:**

First semester :

Theory: 9 credit	Practical: 3	Total: 12
Compulsory: 12	Selective: ----	Optional: NA

Second semester:

Theory: 11	Practical: 3	Total: 14
Compulsory: 12	Selective: 2	Optional: NA

Total (26 credit hours) 100 %

• **Basic science courses:**

4 subjects in 1st semester (6 hours theory) + (0 hour practical) & total 6 credit hours

2 subjects in 2nd semester (4 hours theory) + (0 hour practical) & total 4 credit hours

• **Specialty courses:**

1 subjects in 1st semester (3 hours theory) + (0 hour practical) & total 3 credit hours

2 subjects in 2nd semester (5 hours theory) + (0 hour practical) & total 5 credit hours

• **Others courses :**

1 subject in 2nd semester (2 hours theory) + (0 hour practical) & total 2 credit hours

• **Field work**

1 subjects in 1st semester (0 hours theory) + (3 hour practical) & total 3 credit hours

1 subjects in 2nd semester (0 hours theory) + (3 hour practical) & total 3 credit hours



credit hours

c- Credit hours:

Level I/First Semester (No of Units)

Compulsory: 6 Selective: --- Optional: NA

Level II/Second semester (No of Units)

Compulsory: 5 Selective: 1 Optional: NA

d. Program Courses:

a. Compulsory

Code No.	Course Title (Diploma)	No. of Units	No of Hours/Week		Grade &level	Semester
			Lect.	Exercise/Clinical field/lab		
PSY611	Psychiatric nursing and mental health (1)	---	3	---	Diploma	First
PSY612	Psychiatric nursing and	---	---	3	Diploma	First



Code No.	Course Title (Diploma)	No. of Units	No of Hours/Week		Grade &level	Semester
			Lect.	Exercise/Clinical field/lab		
PSY613	Psychiatric medicine	___	2	___	Diploma	First
PSY614	Human relation	___	2	___	Diploma	First
PSY615	Counseling in Psychiatric Nursing and Addiction	___	2	___	Diploma	First
PSY621	Psychiatric nursing and mental health (2)	___	3	___	Diploma	Second
PSY622	Psychiatric nursing and mental health clinical (2)	___	----	3	Diploma	Second
PSY623	Psychiatric treatment systems	___	2	2	Diploma	Second
PSY624	Psychosocial perspective of addiction	___	2	2	Diploma	Second
PSY625	General psychology	___	2	2	Diploma	Second

b .Selective

The student should select 2 credit hours in second semester

Code No.	Course Title	No. of Units	No of Hours/Week		No of Hours/Week	Semester
			Lect.	Exercise/Clinical field/lab		
GEN901	Evidence-Based Nursing	___	2	___	Diploma	Second
GEN 902	Ethics of nursing profession	___	2	___	Diploma	Second

c. Optional (NA)



Code No.	Course Title	No. of Units	No of Hours/Week			Grade &level	Semester
			Lect.	.lab	.Exercise		
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5- Courses' content: Refer to courses specification

Course Code :

Course title :

Course content: According to postgraduate (diploma) bylaw

6. Program Admission Requirements:

- 1-The student should hold a bachelor's degree in nursing science from Egyptian at least an acceptable grade (rate D).
- 2- The student should be available at least 2 days/ a week.

7. Regulations for progression and program completion:

1. Period of the study to obtain a diploma degree is one academic year divided into 2 semesters during which students devote themselves to study the theoretical and practical courses at least 26 credit hours .
2. The minimum duration of the study is two semesters and the maximum duration of the study is four semesters.
3. Students can study some bachelor's courses and not accounted within the approved hours of the diploma based on both council approval of both the psychiatric department and faculty.



4. Courses taught throughout the academic year for a minimum of 12 hours per semester. Students should attain exams at the end of each semester in the studied courses.
5. The students should be scheduled to final written exam at the end of finishing studying of each semester separately. The diploma exam is hold in January for first semester and in June for second semester.
6. The student who failed the exam must register again to re- study material and exam in the subject, in which he/she failed.
7. Eliminating the student's enrollment if they do not get a diploma in a period of three years from the date of registration including excuses or request a withdrawal form.

8. Methods and rules of student's evaluation

Methods	Program Intended Learning Outcomes
Written exam	Knowledge & understanding, intellectual skills
Oral Exam	Transferable & Intellectual skills
Semester work (Seminars & oral presentation, clinical fieldwork) in addition to thesis.	Transferable, professional & practical skills

Evaluation system

100 score is calculated for each course and must break the score to the nearer score and is distributed as follows:-

1. Theoretical course that doesn't contain practical parts
 - 20 % semester work
 - 20 % mid-term exam
 - 60% final written exam
2. Courses, which contain practical parts
 - 10% semester work
 - 10% the mid- term exam



- 20 % final practical exam
- 10% oral exam the end of the chapter
- 50% final written exam
- 3. Clinical / field Courses
 - 20 % semester work
 - 20 % mid-term exams
 - 60% final exam

In all cases, the student must get 60% of the theoretical final exam's score in theoretical courses that don't contain or don't contain practical parts, and the final exam for clinical / field courses.

Each exam's hour is specialized for each credit hour so that at least two hours and not more than 3 hours.

9. Evaluation of Program Intended Learning Outcomes

Evaluator	Tool	Sample
1. Senior candidate	Questionnaire	70-100%
2. Alumni	Questionnaire	70-100%
3. Stakeholders	Questionnaire (Structured interview)	30-50%
4-External Evaluator	Questionnaire	1-3
5. Other	----	---

Program Coordinator:

Signature:

Date: / /



جامعة بورسعيد
كلية التمريض
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University: Port said
Faculty : Nursing

Program title: Psychiatry Diploma
Department: Psychiatric and mental health Nursing

Program Matrix
(Nursing sciences of psychiatric diploma)

Course content (Diploma)	Knowledge And intellectual skills	Intellectual skills	Practical skills	General and Transferable skills
Psychiatric nursing and mental health (1)	a.2, a.7	b.1	c.2, c.3, c.8, c.12	d.4, d.7, d.8, d.9
Psychiatric nursing and mental health clinical (1)	a.5	b.2,b.4,b.9	c.1, c.2, c.3, c.4, c.5, c.6, c. 7, c.8, c.12, c14	d.1, d.2, d.3, d.4, d.5, d.7, d.8, d.9
Psychiatric medicine	a.4	b.8	c.2	d.4, d.7
Human relation	a.1	b.1	c.2,c.12	d.4, d.7, d.8
Counseling in Psychiatric Nursing and Addiction	a. 3	b.7, b.13	c.5, c.6,c. 7	d.2,d.4, d.7
Psychiatric nursing and mental health (2)	a.2, a.7	b.1, b.14	c.2,c.3	d.4, d.7
Psychiatric nursing and	a.5	b.1, b.4, b.6, b.9	c.2, c.3, c5, c.6, ,	d.2, d.4, d.7, d.8



mental health clinical (2)			c. 7, c.8, c.12, c14	
Psychiatric treatment systems	a.3	b.6, b.11,b12	c.5, c.6, c.8,c.11, c.12	d.1, d.2, d.3, d.5, d.7, d.8, d.9
Psychosocial perspective of addiction	a.3	b.7, b.10	c.2, c.3, c.8, c.12	d.4, d.7, d.8
General psychology	A.1, a.4	b.1	c.2, c.7, c.9, c.10,	d.4, d.7, d.8
Evidence-Based Nursing	a.6, a9	b.3,b.4, b5,b.12	c.2	d.4, d.7
Ethics of nursing profession	a.7	b.10	c.1, c.4, c.5,c.14	d.1,d.4, d.6, d. 7

Program coordinator:

Head of the department:-

University: Port Said

Faculty: Nursing

Department: Psychiatric Nursing Department

COURSE SPECIFICATIONS

1-Course data		
Code: PSY611	Course title: Psychiatric Nursing and Mental Health (1).	Academic year / Level: post graduate -Diploma Degree
Specialty: Psychiatric Nursing and Mental Health.	No. of hours: 3 credit hour	Theory: 3hr / 14 weeks Practice: -----

2- The Aim of Course:	By the end of the course the student will be prepared for advanced professional and scientific roles in psychiatric nursing for various types of health care systems as well as provides theoretical foundation for diploma degree in psychiatric nursing and mental health.
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3 – Intended Learning Outcomes of Course (ILOs) By the end of this course each student will be able to;



a-Knowledge and Understanding:	<p>a 1- Describe the concept of mental health and mental illness and the emerging trends in psychiatric nursing.</p> <p>a2.Explain the causes and factors of mental illness, its prevention and control.</p> <p>a3.Identify the symptoms and dynamic of abnormal human behavior in comparison with normal human behavior.</p> <p>A4. Discuss the most important theories that explain mental illness and their application in psychiatric nursing practice</p> <p>A5- Describe etiologies, clinical pictures, diagnosis, and complications of disorders.</p> <p>A6-Explain the different psychiatric nursing interventions for psychiatric patients</p>
b-Intellectual Skills:	<p>b1- Plan a nursing process in caring for psychiatric patients</p> <p>b2- Organize the demonstrate skills in management of psychiatric nursing services including rehabilitation units</p> <p>b3. Evaluate the effectiveness of nursing interventions with psychotic patients.</p> <p>B4 Differentiate between delirium and dementia</p> <p>B5- Construct informal and formal methods of patient psycho-education</p>
c-Professional and Practical Skills	Not applicable
d-General and Transferable Skills:	<p>d.1- Apply critical thinking and problem solving skills during the development and implementation of the nursing care plan for psychiatric patients.</p> <p>d.2- Relate information technology .</p> <p>d.3- Utilize counseling skills as a therapeutic measures.</p> <p>D4. Participate in ongoing educational activities related to professional issues</p>



c-Weighting of Assessments	Mid Term Exam	20%	20
	Final Clinical Exam		60
		60%	
	Total		100
		100%	
8- List of References	Kneisl C. (2014): Contemporary psychiatric mental health nursing, 3 rd ed, USA.		
ESSENTIAL BOOKS	2-Sharma P. (2013): Essentials of mental health nursing, 1 st ed, India.		
Recommended books	3-Mohr W. (2011): Psychiatric mental health nursing, 3 th ed., Walters Kluwer, New York, London.		
	4-Videbeck S. (2014): Psychiatric mental health nursing, 6 th ed, New York.		
Periodicals, Web Sites, ..e	WWW.EULC.EDU.EG		

of the department

Course Matrix

Course Content	week	Knowledge and Understanding skill	Intellectual skills	Practical skills	General and Transferable skills
Introduction course syllabus	1 st week	-	-	-	-
Mental health and mental illness	2 nd week	a1,3,4,5,6	-	-	-
Schizophrenic disorder	3 rd week	a2, 4,5,6	b1,2,3	-	d1,2,3,4
Mood disorders	4 th week	a2, 4,5,6	b1,2,3	-	d1,2,3,4



	5 th week				
Suicide	6 th week	a2, 4,5,6	b1,2,3	-	d1,2,3,4
Anxiety disorders	7 week	a2, 4,5,6	b1,2,3	-	d1,2,3,4
Stress and stress management	8 th week	a2, 4,5,6	b1,2,3	-	d1,2,3,4
Somatoform disorders	9 th week	a2, 4,5,6	b1,2,3	-	d1,2,3,4
Dissociative disorders	10 th week	a2, 4,5,6	b1,2,3	-	d1,2,3,4
Factitious disorder	11 th week	a2, 4,5,6	b1,2,3	-	d1,2,3,4
Malingering Disorder	12 th week	a2, 4,5,6	b1,2,3	-	d1,2,3,4
Organic brain syndrome	13 th week	a2, 4,5,6	b1,2,3,5	-	d1,2,3,4
Substance Abuse.	14 th week	a2, 4,5,6	b1,2,3	-	d1,2,3,4

University: Port Said

Faculty: Nursing

Department: Psychiatric Nursing Department

COURSE SPECIFICATIONS

1.Course data

Code: <i>PSY612</i>	Course title: Psychiatric Nursing and Mental Health Clinical (1)	Academic year / Level: post graduate Diploma Degree
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Specialty: Psychiatric Nursing and Mental Health.	No. of hours: 3 Credit hour	Theory: ----- Practice: 3hr /14 weeks
2. The Aim of Course:	By the end of the course the student will be prepared for advanced professional practice roles in psychiatric nursing, education and administration for various types of health care systems as well as, Recognize there role in community development, be prepared to be knowledgeable consumer of clinical practice.	
3. Intended Learning Outcomes of Course (ILOs) By the end of this course each student will be able to:		
a. Knowledge and Understanding:	Not applicable	
b. Intellectual Skills:	b1- Identify patient's response to psychotropic medications; including effectiveness, side effects and compliance. B2- Measure the effectiveness of nursing interventions with psychotic patients. b3- Describe stages of nurse –patient relationship. b4- Differentiate between social and therapeutic relationship.	
c. Professional and Practical Skills:	C1. Observe professionally patients' psychiatric symptoms by using competent observation skills. C2- Demonstrate competency in establishing and maintaining a therapeutic nurse-patient relationship utilizing effective communication techniques. C3- Apply nursing process (assessment, diagnosis, planning, implementation and evaluation) for patient with psychiatric disorders. C4- Manage side effects of psychotropic medications. C5- Communicate effectively and therapeutically with psychotic patients.	
d. General and Transferable Skills:	d.1- Acquire critical thinking and problem solving skills during the development and implementation of the nursing care plan for psychotic patients. d.2- Adopt interpersonal communication skills in order to collaborate with health care team to attain desired patient outcome. d.3- Relate information technology with nursing approaches . d4. Act to be effective member of the psychiatric team.	



4. Course Contents	<ol style="list-style-type: none"> 1. Introduction course syllabus 2. General signs and symptoms of psychiatric disorders 3. Psychiatric nursing principles 4. Nurse patient relation ship 5. Therapeutic communication 6. Antipsychotic drugs 7. Anti-depressant drugs 8. Anti-manic drugs 9. Anti-anxiety drugs 10. Training in psychiatric hospital (Acute Psychiatric Ward) 																			
1. Teaching and learning Methods	Group discussion. Student Activities History taking Mental health assessment																			
Facilities Required for Teaching and Learning	Psychometric assessment Personality assessment Process recording Counseling Case studies Case presentation Project work																			
Teaching and Learning Methods for students with low achievement	Not applicable																			
a- Student Assessment Methods	<ol style="list-style-type: none"> 7.1- Written exam 7.2- Oral exam 7.3- Semester work 																			
b- Time	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Final Clinical Exam</td> <td style="width: 50%;">at the end of the course</td> </tr> <tr> <td>Mid Term Exam</td> <td>during the course</td> </tr> <tr> <td>Semester Work</td> <td>during the course</td> </tr> </table>		Final Clinical Exam	at the end of the course	Mid Term Exam	during the course	Semester Work	during the course												
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c-Weighting of Assessments	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;">Semester Work</td> <td style="width: 20%; text-align: center;">20%</td> <td style="width: 20%; text-align: center;">20</td> </tr> <tr> <td>Mid Term Exam</td> <td style="text-align: center;">20%</td> <td style="text-align: center;">20</td> </tr> <tr> <td>Final Clinical Exam</td> <td></td> <td style="text-align: center;">60</td> </tr> <tr> <td></td> <td style="text-align: center;">60%</td> <td></td> </tr> <tr> <td>Total</td> <td></td> <td style="text-align: center;">100</td> </tr> <tr> <td></td> <td style="text-align: center;">100%</td> <td></td> </tr> </table>		Semester Work	20%	20	Mid Term Exam	20%	20	Final Clinical Exam		60		60%		Total		100		100%	
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	60%																			
Total		100																		
	100%																			



8- List of References ESSENTIAL BOOKS Recommended books Periodicals, Web Sites, ... etc	1-Varcarolis E. (2015): Manual of psychiatric Nursing Care Planning, 3rd ed, New York. 2-Gupta M. (2015): A textbook of therapeutic Modalities in Psychiatric Nursing, 1sted, India. 3-Videbeck S. (2014): Psychiatric mental health nursing, 6th ed, New York. WWW.EULC.EDU.EG
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Professor of Subject

Head of the department

Course Matrix

Course Content	Week	Knowledge and Understanding skill	Intellectual skills	Practical skills	General and Transferable skills
1. General signs and symptoms of psychiatric	1 st week	-	-	c1	d3



disorders					
2. Psychiatric nursing principles	2 nd week	-	-	c1	d3
3. Nurse patient relation ship	3 rd week	-	b2,3,4	c1,2	d2
4. Communication	5 th week	-	b2	C2,5	d2
5. Antipsychotic drugs	6 th week	-	b1	c4	d1,3
6. Anti-depressant drugs	7 th week	-	b1	c4	d1,3
7. Anti-manic drugs	8 th week	-	b1	c4	d1,3
8. Anti – anxiety drugs	9 th week	-	b1	c4	d1,3
9. Training hospital	6 , 7 , 8 , 9, 10,11,12, 13, 14 th week	-	b2,3,4	C3	d1,2,3,4

Professor of Subject

Head of the department

University: Port Said

Faculty : Nursing

Department: Psychiatric Nursing Department

COURSE SPECIFICATIONS

<i>1-Course data</i>		
Code: PSY613	Course title: Psychiatric Medicine	Academic year / Level : diploma degree/ 1 st semester



Specialty: -----	No. of hours : 2 Credit hour	Theory: 2hr / 14 weeks Practice: -----
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2– The Aim of Course:	The course aims to provide the learner with the fundamentals of cognitive, emotional and psychosocial development in adult people and also describe the biological, psychological and social fundamentals of personality and behavior as well as the bases of psychotherapy and psychopharmacology for psychiatric patients.
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3 – Intended Learning Outcomes of Course (ILOs)

By the end of this course each student will be able to:

a-Knowledge and Understanding:	<p>a.1- Discuss major psychiatric signs and symptoms .</p> <p>a.2- Describe the steps of proper management of different psychiatric emergencies</p> <p>a.3- Describe the causes, clinical picture and management of Mood disorders .</p> <p>a.4- Describe the clinical picture of anxiety disorders.</p> <p>a.5- Identify the essential criteria for diagnosis of substance abuse and dependence .</p> <p>a.6- Discuss subtypes of schizophrenic disorders.</p> <p>a.7- Identify causes of somatoform disorders.</p> <p>a.8- Discuss causes of personality disorders.</p> <p>a.9- determine causes of organic brain syndrome .</p> <p>a.10- identify main causes of eating disorders.</p> <p>a.11-Determine the use and the side effects of the main psychopharmacological drugs (neuroleptics, antidepressants, anxiolytics, and mood stabilizers) and electro-convulsive therapy.</p> <p>a.12-identify common psychotherapies applied on psychiatric patients.</p>
b-Intellectual Skills	<p>b.1- Discriminate between organic brain disorders (Delirium Dementia).</p> <p>b.2- compare between subtypes of schizophrenic disorders.</p> <p>b.3- Distinguish between depressive disorder and manic disorder.</p> <p>b.4-.Differentiate between the most important psychotic disorders, and their main symptomatology.</p> <p>b.5- Discuss types of personality disorders.</p> <p>b.6- Identify signs of withdrawal symptoms in different types of substance abuse.</p> <p>b.7-Differentiate between types of somatoform disorders.</p>



	<p>b.8- Determine types of eating disorders.</p> <p>b.9 Discuss the main interventions necessary for important psychiatric syndromes.</p> <p>b.10- Discuss etiological factor of Psychiatric disorders.</p>
c-Professional and Practical Skills:	Not applicable
d-General and Transferable Skills:	<p>d.1- provide health education and counseling to psychiatric patients according to patient needs.</p> <p>d.2- Manage professionally different side effects of psychotropic, antidepressants, anxiolytics, and mood stabilizers) medications.</p> <p>d.3- Apply care needed in different psychiatric emergencies.</p> <p>d. 4- Participate with health care team in applying different psychotherapies.</p>
4- Course Contents	Psychiatric emergency
	Etiology of Psychiatric disorders.
	Symptoms and signs of mental disorders.
	Schizophrenic disorders
	Mood disorders
	Anxiety disorders
	Somatoform disorders
	Organic brain syndrome
	Personality disorders
	Substance abuse
	Treatment modalities
	Eating disorders.
Revision	
5- Teaching and Learning Methods	<p>5.1- Lecture</p> <p>5.2- Discussion and brainstorming (self learning)</p> <p>5.4- Group presentation</p>
Facilities Required for Teaching and Learning	<ul style="list-style-type: none"> - Data show , computer and microphone. - Active board - White board
Teaching and Learning Methods for students with	Not Applicable



low achievement																				
7-Students assessment																				
a- Student Assessment Methods	Written exam																			
b- Time	Final Exam	at the end of the course																		
	Mid Term Exam	during the course																		
	Semester Work	during the course																		
c-Weighting of Assessments	<table border="1"> <tr> <td>Semester Work (presentation-group discussion)</td> <td>20%</td> <td>20</td> </tr> <tr> <td>Mid Term Exam</td> <td>20%</td> <td>20</td> </tr> <tr> <td>Final Clinical Exam</td> <td></td> <td>60</td> </tr> <tr> <td></td> <td>60%</td> <td></td> </tr> <tr> <td>Total</td> <td></td> <td>100</td> </tr> <tr> <td></td> <td>100%</td> <td></td> </tr> </table>		Semester Work (presentation-group discussion)	20%	20	Mid Term Exam	20%	20	Final Clinical Exam		60		60%		Total		100		100%	
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	60%																			
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	100%																			
8- List of References	<p>Gupta M. (2015): A textbook of therapeutic Modalities in Psychiatric Nursing, 1sted, India.</p> <p>Stuart G. Laria M. (2007): Principles and practice of psychiatric nursing, 7th d., Mosby, London, Philadelphia.</p> <p>Eby L., Brown N. (2005): Mental health nursing care, upper saddle river, New Jersey.</p>																			
Essential books																				
Recommended books																				
Periodicals, Web Sites,etc	www.eulc.edu.eg www.sciencedirect.com																			

Professor of subject

Head of the department

Course Matrix

Course content	Week	Knowledge And understanding skills	Intellectual skills	Practical skills	General and Transferable skills



Psychiatric emergency	1 st week	A2	b9	-	d4,3
Etiology of Psychiatric disorders.	2 nd week	-	b10	-	-
Symptoms and signs of mental disorders.	3 rd week	a1	b4	-	-
Schizophrenic disorders	4 th week	a6	b2	-	d2
Mood disorders	5 th week	a10,11	b3	-	d2
Anxiety disorders	6 th week	a4,11	-	-	d2
Mid term	7 th week				
Somatoform disorders	8 th week	a7	b7	-	-
Organic brain syndrome	9 th week	a9	b1	-	-
Personality disorders	10 th week	a8	b5	-	-
Substance abuse	11 th week	a5	b6	-	-
Treatment modalities	12 th week	a12	-	-	d4
Eating disorders.	13 th week	a10	b9, b11	-	-
Revision	14 th week	-	-	-	-

University:Port Said

Faculty : Nursing

Department: Psychiatric Nursing and Mental Health Department

COURSE SPECIFICATIONS



1-Course data		
Code: PSY614	Course title: Human Relation	Academic year / Level diploma degree/ 1 st semester
Specialty:-----	No. of hours: 28hr	Theory: 2hr / 28 weeks Practice:-----

2- The Aim of Course:	The course aims to provide the Students how examine both sociological and applied principles of psychology; as well as, explore the relationship between individual attitudes, behaviors and the community through utilizing effective skills.
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3 – Intended Learning Outcomes of Course (ILOs)

By the end of this course each student will be able to:

a-Knowledge and Understanding skills:	<ul style="list-style-type: none"> a.1- Enumerate basic concepts of human relation. a.2-Determine change process. a.3-identify factor affecting on stress. a.4-Describe techniques that facilitate the therapeutic communication. a.5-identify factor affecting of listening skills. a6- Discuss emotional intelligence a7- list types of conflict. a.8- identify types of motivation. a.9-Discuss self disclosure. a.10-identify factor affecting on person's attitude. a.11-identify how to facilitate organizational climate.
b-Intellectual Skills	<ul style="list-style-type: none"> b1-Evauate factors to reduce resistance to change. B2-Discover the nature of workplace conflict and strategies for conflict resolution. b.3-Defferntiate between types of emotions b.4- Compare between values & attitude b.5. discuss barriers to self-disclosure b.6-describe strategies plane on work place. B7.discuss communication models.

c-Professional and Practical Skills:	Not applicable
d-General and Transferable Skills:	d1- Demonstrate interpersonal communication to collaborate with health care team to attain desired patient outcome.



	<p>d.2-Use stress techniques when deal with patient& health care team d.3-Advocate for patients' rights. d.4- Follow ethical principles when applying human relation. d.5-Use managerial skills in the group in workplace. d.6-Implement counseling skills</p>
4- Course Contents:	Introduction of human relation.
	Change
	Communication
	Stress
	Self disclosure
	Emotions& Emotional intelligence.
	Listening skills
	Conflicts& conflict resolution
	Motivation
	Attitude
	Ethics and value
organizational climate and how to deal with difficulty people,	
5- Teaching and Learning Methods	<p>5.1- Modified lecture 5.2- Group discussion and brainstorming 5.3- Group presentation 5.4- Role Play</p>
Facilities Required for Teaching and Learning	<p>-Data show, - Computer and microphone. - White board</p>
Teaching and Learning Methods for students with low achievement	Not applicable
7-Students assessment	
a- Student Assessment Methods	Written exam
b- Time	Written exam at the end of the course
	Semester Work



c-Weighting of Assessments	(presentation-group discussion)	20%	20
	Mid Term Exam	20%	20
	Final Clinical Exam		60
	Total	60%	100
		100%	

8- List of References	<i>Antai-Otong D. (2008):</i> Psychiatricnursing biological and behavioral concepts, 2 nd ed.
Essential books	<i>Eby L., Brown N. (2005):</i> Mental healthnursing care, upper saddle river, New Jersey.
Recommended books	<i>Mohr W. (2006):</i> Psychiatric mentalhealth nursing, 6 th ed., Walters Kluwer,
Periodicals, Web Sites, ... etc	www.eulc.edu.eg www.sciencedirect.com

Course Coordinator

Head of the department:

Course Matrix

Course content	week	Knowledge And Understanding skills	Intellectual skills	Practical skills	General and Transferable skills
Introduction of human	1 st week	a1	-	-	d3,4



relation					
Change	2 nd week	a2	b1	-	d5
Communication & therapeutic communication	3 rd week	a4	b7	-	d1
Stress	4 th week	a3	-	-	d2
Self disclosure	5 th week	a9	b5	-	-
Emotions & Emotional intelligence	6 th week	a6	b3	-	d5
Mid term	7 th week				
Listening skills	8 th week	a5	-	-	d5
Conflict & conflict resolution	9 th week	a7	b2	-	d5
Motivation	10 th week	a8	-	-	d5
Attitude	11 th week	a10	b4	-	-
Ethics & Values	12 th week	a10	b4	-	-
Organizational climate and how to deal with difficult people	13 th week	a11	b6,7	-	d5
Revision	14 th week	-	-	-	-

University: Port Said

Faculty : Nursing

Department: Psychiatric Nursing Department/Faculty of Nursing

COURSE SPECIFICATIONS

1- Course Data



Code: PSY615	Course title: Advice in psychiatric nursing and addiction	Academic year / Level : diploma/ 1 st semester
Specialty: -----	No. of hours : 2 Credit hour	Theory: : 2hr / 14 weeks Practice:-----

2– Overall Aim of Course:	This course will provide students with knowledge as well as apply significant counseling skills to deal with different psychiatric disorders.
3 – Intended Learning Outcomes of Course (ILOs) By the end of this course each student will be able to;	
a-Knowledge and Understanding:	<ul style="list-style-type: none"> a.1- identify basics concepts of counseling. a.2-identify purpose of counseling. a.3 discuss counseling skills process a.4-list elements of counseling a.5- list principles of counseling a.6 enumerate nursing role in counselor. a.7- discuss ethical stander in counseling. a.8-list technique and tools used in counseling a.9-list limitation of counseling. a.10.list types of counseling. a.11Enumerate models of counseling. A12.List qualities of counselor
b-Intellectual Skills:	<ul style="list-style-type: none"> b.1- Analyze Top Ten Basic Counseling Skills b.2-apply counseling skills.



	<p>b.3-discuss ethical standards in counseling..</p> <p>b.4- discuss counseling skills.</p> <p>b.5- discuss qualities of counselor.</p> <p>b.6 describe process of counseling process.</p> <p>b.7-Apply counseling process.</p> <p>b.8-Discuss nursing role in counselor</p> <p>b.9- discuss ethical stander in counseling</p> <p>b.10-. describe technique and tools used in counseling.</p> <p>b.11- distinguish between types of counseling.</p> <p>b.12- distinguish between models of counseling.</p> <p>b.13-describe principles of counseling.</p>
c-Professional and Practical Skills:	-----
d-General and Transferable Skills:	<p>d1.Involve all team members in a assigned resources, activities, meeting and discussion</p> <p>d2. Apply interpersonal communication and ethics in caring for psychiatric patient in different setting.</p> <p>d.3. Apply problem solving skills at different situation faced at different clinical Setting.</p> <p>d4-Use technology to enhance psychiatric patient ,functions, independence and safety.</p> <p>d5- Develop critical thinking abilities.</p> <p>d6.Apply ethical and legal principles to complex issues that arise in psychiatric patient.</p> <p>d7- Manage effectively time, resources and set priorities.</p> <p>d8- Provide health education and counseling based on updated according the need of psychiatric patient.</p>



<p>4- Course Contents</p>	<ol style="list-style-type: none"> 1) Introduction on counseling. 2) Counseling models. 3) Types of counseling. 4) Counseling process. 5) Counseling principles. 6) Counseling skills. 7) Limitations in counseling. 8) Ethical standards used in counseling. 9) Techniques and tools in counseling process. 10) Counselor role. 11) Qualities of counselor 									
<p>5- Teaching and Learning Methods</p> <p>Facilities Required for Teaching and Learning</p> <p>6- Teaching and Learning Methods for low achievement students:</p>	<p>5.1- Lecture 5.2- Group discussion</p> <ul style="list-style-type: none"> - Classroom - Data show, computer and microphone. - Active board <p>Not Applicable</p>									
<p>7-Students assessment</p>										
<p>a- Student Assessment Methods</p>	<p>Written exam</p>									
<p>b- Time</p>	<table border="0"> <tr> <td>Written exam</td> <td>at the end of the course</td> </tr> <tr> <td>Mid-term exam</td> <td>during the course</td> </tr> <tr> <td>Semester work</td> <td>during the course</td> </tr> </table>	Written exam	at the end of the course	Mid-term exam	during the course	Semester work	during the course			
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	Total	60%	100
		100%	
List of references Essential books Recommended books Periodicals, Web Sites, ... etc	www.eulc.edu.eg		

Professor of Subject:

Head of the department

Course matrix

Course content	Week	Knowledge And Understanding skills	Intellectual skills	Practical skills	General and Transferable skills
Introduction on	1 st week	a1,2	-	-	d1,7



counseling.					
Counseling models.	2 nd week	a1,2	b12	-	d5
Types of counseling	3 rd week	a10	b11	-	d1
Counseling process.	4 th week	a4	b6,7	-	d2,8
Counseling principles.	5 th week	a5	b13	-	d6
Counseling skills.	6 th week	a3	b1,2,4	-	d5,8
Mid term	7 th week				
Limitations in counseling.	8 th week	a9	-	-	d5,8
Ethical standards used in counseling.	9 th week	a7	b3,9	-	d1
Techniques and tools in counseling process	10 th week	a8	b6,7,10	-	d2,4,8
Counselor role.	11 th week	a6	b8	-	d3,5,8
Qualities of counselor	12 th week	a10	b5	-	d5,8
Revision	13 th week	-	-	-	-

University: Port Said

Faculty : Nursing

Department: Psychiatric Nursing and Mental Health Department

COURSE SPECIFICATIONS



1-Course data

Code: PSY621	Course title: Psychiatric Nursing and Mental Health (2).	Academic year / Level : Diploma Degree
Specialty: Psychiatric Nursing and Mental Health.	No. of hours: 3credit hour	Theory: 3hr / 14 weeks Practice: -----

2– Overall Aim of Course:	Provide advanced professional and scientific roles in psychiatric nursing for various types of health care systems as well as provides theoretical foundation for diploma degree in psychiatric nursing and mental health.
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3 – Intended Learning Outcomes of Course (ILOs)

By the end of this course each student will be able to;

a-Knowledge and Understanding:	<p>a1- Discuss the most important theories that explain mental illness and their application in psychiatric nursing practice</p> <p>a2- Describe the clinical pictures of psychotic and neurotic disorders.</p> <p>a3- Detect sleep wake cycle disorder.</p> <p>a4- Describe forensic psychiatric nursing.</p> <p>a5-Enumerate the various psychosocial needs that involved older adult client.</p>
b-Intellectual Skills:	<p>b1- Discuss the basic rights of mentally ill people.</p> <p>b2- Explore the appropriate psychiatric treatment modalities to patients in accordance with best evidence-based practice.</p> <p>b3- Synthesize clinical evidence in order to solve problems related to the management of patient with psychotic or neurotic disorders .</p> <p>b4- Describe neuroleptic Malignant Syndrome.</p> <p>b5- Differentiate between types of personality disorders.</p> <p>b6- Describe the grieving process.</p> <p>b7-Evaluate the role of the psychiatric nurse in a psychiatric health facility.</p>



	b8- Discuss meaning and theories of bereavement and grieving process..
c-Professional and Practical Skills	Not applicable.
d-General and Transferable Skills:	d1- Apply critical thinking and problem solving skills during the development and implementation of the nursing care plan for psychotic patients. d2- Relate information technology to the field of psychiatric nursing. d3- Implement counseling skills.
4- Course Contents	<ul style="list-style-type: none"> • Introduction course syllabus • Forensic Psychiatric Nursing • Legal and ethical aspects of psychiatric patients • Personality disorders • Eating disorders • Sexual disorders • Aggression / violent behavior • Sleep-Wake Disorders • Psychosocial needs of the Older Adult • Neuroleptic malignant syndrome • Psychological treatment • The Bereaved Individuals
1. Teaching and learning Methods	<ol style="list-style-type: none"> 1. Lectures. 2. Group discussion. 3. Simulation. 4. Presentation 5. Role play. 6. Audio – visual aids e.g. films
Facilities Required for Teaching and Learning	<ul style="list-style-type: none"> -Classroom -Data show, computer and microphone. -Active board
a- Student Assessment Methods	<ol style="list-style-type: none"> 7.1-Written exam 7.2-oral exam 7.3- semester work



b- Time	Written exam at the end of the course Mid-term exam during the course Semester work during the course																		
c-Weighting of Assessments	<table border="1"><tr><td>Semester Work (presentation-group discussion)</td><td>20%</td><td>20</td></tr><tr><td>Mid Term Exam</td><td>20%</td><td>20</td></tr><tr><td>Final Clinical Exam</td><td></td><td>60</td></tr><tr><td></td><td>60%</td><td></td></tr><tr><td>Total</td><td></td><td>100</td></tr><tr><td></td><td>100%</td><td></td></tr></table>	Semester Work (presentation-group discussion)	20%	20	Mid Term Exam	20%	20	Final Clinical Exam		60		60%		Total		100		100%	
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	60%																		
Total		100																	
	100%																		
8- List of References ESSENTIAL BOOKS Recommended books	1-Kneisl C. (2014): Contemporary psychiatric mental health nursing, 3 rd USA. 2-Sharma P. (2013): Essentials of mental health nursing, 1 st ed, India. 3-Mohr W. (2011): Psychiatric mental health nursing, 3 th ed., Walters Kluwer, New York, London. 4-Videbeck S. (2014): Psychiatric mental health nursing, 6 th ed, New Y																		
Periodicals, Web Sites, ... etc	WWW.EULC.EDU.EG www.ekb.eg																		

Professor of Subject

Head of the department

Course Matrix



Course Content	Week	Knowledge and Understanding skill	Intellectual skills	Practical skills	General and Transferable skills
Introduction course syllabus	1 st week	-	-	-	-
Forensic Psychiatric Nursing	2nd week	a4	-	-	d 2,3
Legal and ethical aspects of psychiatric patients	3rd week	a1	b1	-	d2
Personality disorders	4th week	a2	b3,5	-	d2,3
Eating disorders	6th week	a2	b3	-	d2,3
Sexual disorders	7th week	a2	b3	-	d1,2,3
Aggression / violent behaviour	8th week	a2	b3,	-	
Sleep-Wake Disorders	9th week	a2,3	b3	-	d2,3
Psychosocial needs of the Older Adult	10th week	a5	b7	-	d2,3
Neuroleptic malignant syndrome	11th week	a2	b4	-	d2,3
The Bereaved individual	12th week	a1	b6,7	-	d2,3
Psychological treatment	13th week	a1	b2,7	-	d2,3



Department: Psychiatric Nursing Department

COURSE SPECIFICATIONS

1-Course data

Code: PSY622	Course title: Psychiatric Nursing and Mental Health Clinical. (2)	Academic year / Level : post graduate _ Diploma Degree
Specialty: Psychiatric Nursing and Mental Health.	No. of hours: 3 Credit hour	Theory: ----- Practice: 3hr / 14 weeks

2- Overall Aim of Course:	By the end of the course the student will be prepared for advanced professional practice roles in psychiatric nursing, education and administration for various types of health care systems as well as provides theoretical and practical foundation for diploma degree, Recognize his role in community development, be prepared to be knowledgeable consumer of clinical practice.
3 – Intended Learning Outcomes of Course (ILOs) By the end of this course each student will be able to;	
a-Knowledge and Understanding:	NOT applicable.
b-Intellectual Skills:	b1-Identify principles and different psychiatric treatment modalities for psychiatric patient. b2- Determine acquired critical thinking skills as the basis for managing nursing care for psychiatric patients. b3- Judge the effectiveness of nursing interventions with psychotic patients . b4-Evaluate patient’s response to psychotherapy. b5- Describe characteristics of seclusion room. b6- Explore appropriate activity therapy according patient state.



<p>c-Professional and Practical Skills</p>	<p>C1- Interpret patient's mental health by utilizing interview and observation skills and performing a complete mental status exam. C2- Apply competency in establishing and maintaining a therapeutic nurse-patient relationship utilizing effective communication techniques. C3- Apply nursing process (assessment, diagnosis, planning, implementation and evaluation) for patient with psychiatric disorders. C5- Demonstrate nursing management for the patient suffering from side effects of psychotropic medications. C6- Apply the nursing care before, during and after ECT. C7- Communicate effectively with psychotic patients. C8- Apply limits setting steps.</p>
<p>d-General and Transferable Skills:</p>	<p>d.1- Apply critical thinking and problem solving skills during the development and implementation of the nursing care plan for psychotic patients. d.2- Demonstrate interpersonal communication to collaborate with health care team to attain desired patient outcome. d.3- Relate information technology .</p>
<p>4- Course Contents</p>	<p>1-Introduction course syllabus 2-Electro compulsive therapy 3- Limit setting 4- Restraint and seclusion 1- Activity therapy 2- Psychiatric treatment modalities 7-Training in psychiatric hospital (Acute Psychiatric Ward)</p>
<p>1. Teaching and learning Methods</p>	<p>1. Lectures. 2. Group discussion. 3. clinical practice.</p>
<p>Facilities Required for Teaching and Learning</p>	<p>1. Simulation. 2. Presentation</p>



	<p>3. Post clinical conference. 4. Role play. 5. Audio – visual aids e.g. films. 6. Case studies</p> <ul style="list-style-type: none"> - Classroom - Data show , computer and microphone. - Active board - White board - Paper & Pencil • Group discussion. <ol style="list-style-type: none"> 1- Student Activities 2- History taking 3- Mental health assessment 4- Psychometric assessment 5- Personality assessment 6- Process recording 7- Therapies- Group Therapy 8- Family Therapy 9- Psychotherapy 10- The Therapeutic Community 11- Occupational therapy 12- Recreational therapy 13- Play therapy 14- Counseling <p>Assisted ECT Assisted EEG Case studies</p>						
<p>Teaching and Learning Methods for students with low achievement</p>	<p>- Not Applicable</p>						
<p>a- Student Assessment Methods</p>	<p>7.1- Oral and Practical exam 7.2- Oral exam 7.3- Semester work</p>						
<p>b- Time</p>	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%;">Oral and Practical exam</td> <td style="width: 50%;">at the end of the course</td> </tr> <tr> <td>Mid-term exam</td> <td>during the course</td> </tr> <tr> <td>Semester work</td> <td>during the course</td> </tr> </table>	Oral and Practical exam	at the end of the course	Mid-term exam	during the course	Semester work	during the course
Oral and Practical exam	at the end of the course						
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Semester work	during the course						



c-Weighting of Assessments	Semester work	20%	20
	Oral & Practical exam	20%	20
	Final-term Examination	60%	60
	Total	100%	100
	8- List of References		
ESSENTIAL BOOKS Recommended books	1- Ialitha K. (2013): Mental health and Psychiatric nursing, 1 ST ed. New Delhi, India.		
	2- Dogra N. (2011): Psychiatry, 1st ed. Great Britain. UK.		
Periodicals, Web Sites, ... etc	3- Mohr W. (2011): Psychiatric mental health nursing, 3 th ed., Walters Kluwer, New York, London.		
	4- Gupta M. (2015): A Text book of therapeutic modalities in psychiatric nursing. 1 st ed., India.		
WWW.EULC.EDU.EG			

Professor of Subject

Head of the department

Course Matrix

Course Content	week	Knowledge and Understanding	Intellectual skills	Practical skills	General and Transferable skills
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		skill			
1-Introduction course syllabus	1 nd week	-	-	-	-
2-Electro compulsive therapy	2 rd week	-	b2,3	C5	d1
3- Limit setting	3 rd week	-	b2	C8	d1
4-Activity therapy	4 th week	-	b6	c3	d1,3,4
5-Psychiatric treatment modalities	5 ^h week	-	b1,4	c1,2,3	d1,3,4
6-Restraint and seclusion	6 th week	-	b2,5	c2	d2
7-Training in psychiatric hospital (Acute Psychiatric Ward)	7 th week	-	b2,3,4	C1,2,3,4,6	d1,2

University: Port Said

Faculty : Nursing

Department: Psychiatric Nursing and Mental Health Department

COURSE SPECIFICATIONS



1-Course data		
Code: PSY623	Course title: Regimens for mental illnesses	Academic year / Level : Diploma degree.
Specialty: Psychiatric Nursing and Mental Health	No. of hours: 2 Credit hour	Theory: 2hr / 14 weeks Practice: -----

2. Overall Aim of Course:	To explore the biological basis of neuropsychiatric dysfunction and resulting behavioral syndromes. The contributions of a broad expanse of disciplines in preclinical and clinical areas to the etiology, diagnosis, treatment, and management of brain dysfunction will be presented. Emphasis is placed on critical evaluation of research strategies and hypotheses used in the investigation & treatment modalities of neural mechanisms involved in the control of complex behaviors.
3 – Intended Learning Outcomes of Course (ILOs) By the end of this course each student will be able to;	
a-Knowledge and Understanding:	<ul style="list-style-type: none"> a1. identify importance of using evidence based practice a2. Identify effective teamwork skills a3. Identify motivational enhancement techniques for people with serious mental illness. a4. List recovery treatment planning steps. a5. Identify methods of medication regimes and patients' compliance. a6. List drugs of abuse. a7. Identify importance of cultural competence when delivering mental health services a8. Identify history of psycho-education in relationship to the family and consumer advocacy movements a9. Discuss social skills training models. a10. Explain etiology of trauma, post-traumatic stress disorder, and related illnesses in individuals with a diagnosis of serious mental illness. a11. List benefits for mental health provider system a12. Identify key supported employment components
b-Intellectual Skills:	<ul style="list-style-type: none"> b1. Discuss different skills of effective teamwork b2. Differentiate between stages of change



	<p>b3. Enumerate medication rights b4. Differentiate between models of social skill training b5. Recognize history of psycho-education in relationship to the family and consumer advocacy movements. Discuss critical perspective of service delivery b7. Discuss stages of change</p>
c-Professional and Practical Skills:	Not applicable
d-General and Transferable Skills:	<p>d1. Demonstrate evidence based practices in the field of psychiatric nursing. d2. Apply distinguishing research, evidence implementation, and quality improvement</p>
4- Course Contents	<p>1-Introduction 2- Introduction to evidence-based practice and review of serious mental illness (SMI) 3- Program for assertive community treatment 4- Motivating for change and motivational interviewing 5- Wellness self-management and recovery 6- Medication management 7- Treatment for concomitant mental health and substance abuse problems 8- Cultural competency in the delivery of mental health evidenced-based practice 9- Family intervention 10- Social skills training 11-Trauma and serious mental illness 12- Peer support & self-help module 13- Supported employment</p>

5- Teaching and Learning Methods	<p>1. Lectures. 2. Group discussion. 3. Presentation</p>
Facilities Required for Teaching and Learning	<ul style="list-style-type: none"> - Data show, computer and microphone. - Active board - White board - Paper & Pencil
7-Students assessment:-	
a- Student	Semester Work



Assessment Methods:	Midterm Exam Final Written exam																		
b- Time	Written exam at the end of the course Mid-term exam during the course Semester work during the course																		
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8- List of References Essential books Recommended books Periodicals, Web Sites,... etc	Melnyk,B& Overholt,E(2015). Evidence-based practice in nursing & healthcare a guide to best practice, 3 st ed., Lippincott Williams& Wilkins, Philadelphia, New York. Elders R., Evans K., Nizette D., Trenoweth S. (2014): Mental Health Nursing: A manual for practice. Churchill; Livingstone. Elsevier. www. evidence based practice in Nursing.org www. Nursing- world.org																		

Professor of Subject:

Head of the department:

Date: Course Matrix

Course Content	Week	Knowledge and Understanding	Intellectual skills	Practical skills	General and Transferable skills
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		skill			
1-Introduction	1 st week	-	-	-	-
2- Introduction to Evidence-based practice and Review of Serious Mental Illness (SMI)	2 nd week	a1	-	-	d1-d2
3- Program for Assertive Community Treatment	3 rd week	a2,3	b1	-	-
4- Motivating for Change and Motivational Interviewing	4 th week	a3,	b2,7	-	-
5- Wellness Self-Management and Recovery	5 th week	a4	-	-	-
6- Medication Management	6 th week	a5,6	b3	-	-
7- Treatment for Concomitant Mental Health and Substance Abuse Problems	7 th week	a6	-	-	-
8- Cultural Competency in the Delivery of Mental Health Evidenced-Based Practice	8 th week	a7	-	-	-
9- Family Intervention	9 th week	a8	b5	-	-
10- Social Skills Training	10 st week	a9	b4,6	-	-
11-Trauma and Serious Mental Illness	11 th week	a10	-	-	-
12- Peer Support & Self-help Module	12 th week	a11	-	-	-
13- Supported Employment	13 th week	a12	-	-	-
14-Revision	14 th week	-	-	-	-



Department: Psychiatric Nursing and Mental Health Department

COURSE SPECIFICATIONS

1-Course data		
Code: PSY624	Course title: Psycho social perspective of addiction	Academic year / Level : Diploma degree.
Specialty: Psychiatric Nursing and Mental Health	No. of hours: 2 Credit hour	Theory: 2hr / 14 weeks Practice: -----

2. The Aim of Course:	At the end of course student will be able to examine the physical, psychological, and sociological aspects of alcohol and drug use, abuse, and dependence as well as, provide an opportunity for students to examine their belief system about drug and alcohol use and will review the processes of addiction/dependence including the signs, symptoms, and behavior patterns through utilizing evidence based practice and effective social skill training.
3 – Intended Learning Outcomes of Course (ILOs) By the end of this course each student will be able to;	
a-Knowledge and Understanding:	a1. Identify incidence of addiction. a2. Identify prevalence of addiction. a3. Identify etiology of addiction and co-occurring disorders a4. Discuss impact of crises, disasters, and other trauma causing events on persons with addictions a5. Detect a variety of models of addiction related to substance use and other addictions a6. Mention theories of addiction related to substance use and other addictions a7. Recognizes the potential for addictive disorders to mimic a variety of medical and psychological disorders a8. Identify factors that increase the likelihood for a person, community, or group to be at risk for or resilient to psychoactive substance use disorders. a9. Identify the behavioral, psychological, physical health, and social effects of psychoactive substances and addictive disorders a10. Identify various prevention strategies.



	a11. Identify various techniques to remain healthy and grow professionally within the field of addiction
b-Intellectual Skills:	<p>b1. Differentiate between models of addiction related to substance use and other addictions</p> <p>b2. Discriminate between theories of addiction related to substance use and other addictions</p> <p>b3. Discuss factors that increase the likelihood for a person, community, or group to be at risk for or resilient to psychoactive substance use disorders.</p> <p>b4. Discuss impact of crises, disasters, and other trauma causing events on persons with addictions</p> <p>b5. Discuss the behavioral, psychological, physical health, and social effects of psychoactive substances and addictive disorders</p> <p>b6. Utilize prevention strategies for addiction</p>
c-Professional and Practical Skills:	Not applicable
d-General and Transferable Skills:	<p>d1. Demonstrate ethical decision making approach in nursing care plan for psychiatric patients</p> <p>d2. Demonstrate an individualized treatment plan which will meet the unique needs of the client with addictions</p> <p>d3. Apply various techniques to remain healthy and grow professionally within the field of addiction</p>
4- Course Contents	<p>1- Introduction</p> <p>2-Epidemiology of addiction</p> <p>3-Genetic basis of addiction</p> <p>4-Current approaches in diagnosis & treatment of substance use disorders</p> <p>5-Neurobehavioral & neuroimaging studies of alcoholism</p> <p>6-Neurochemistry & neurobiology of addiction</p> <p>7-Development of pharmacological treatments for substance use disorders</p> <p>8-Impact of drug addiction on family & society</p> <p>9-Clinical trials for addiction disorders</p> <p>10-Prevention of addiction</p>



<p>5- Teaching and Learning Methods</p> <p>Facilities Required for Teaching and Learning</p>	<p>6.1. Lectures. 6.2. Group discussion. 6.3. Presentation</p> <ul style="list-style-type: none"> - Data show, computer and microphone. - Active board - White board - Paper & Pencil 																		
<p>7-Students assessment:-</p>																			
<p>a- Student Assessment Methods:</p>	<p>Semester Work Midterm Exam Final Written exam</p>																		
<p>b- Time</p> <p>c-Weighting of Assessments</p>	<p>Written exam at the end of the course Mid-term exam during the course Semester work during the course</p> <table border="1" data-bbox="496 1169 1393 1512"> <tr> <td>Semester Work (presentation-group discussion)</td> <td>20%</td> <td>20</td> </tr> <tr> <td>Mid Term Exam</td> <td>20%</td> <td>20</td> </tr> <tr> <td>Final Clinical Exam</td> <td></td> <td>60</td> </tr> <tr> <td></td> <td>60%</td> <td></td> </tr> <tr> <td>Total</td> <td></td> <td>100</td> </tr> <tr> <td></td> <td>100%</td> <td></td> </tr> </table>	Semester Work (presentation-group discussion)	20%	20	Mid Term Exam	20%	20	Final Clinical Exam		60		60%		Total		100		100%	
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Professor of Subject:

Head of the department:



Course Matrix

Course Content	week	Knowledge and Understanding skill	Intellectual skills	Practical skills	General and Transferable skills
1- Introduction	2 nd week	-	-	-	-
2-Epidemiology of Addiction	3 rd week	a1,2,3	b1,5	-	-
3-Genetic Basis of Addiction	4 th week	-	b2	-	-
4-Current Approaches in Diagnosis & Treatment of Substance Use Disorders	6 th week	a4	-	-	d2,3
5-Neurobehavioral & Neuroimaging Studies of Alcoholism	7 th week	-	-	-	-
6-Neurochemistry & Neurobiology of Addiction	8 th week	a5	b3	-	-
7-Development of Pharmacological Treatment	9 th week	a6	b6	-	d1,2
8-Psychoactive Substance Use Disorders	10 th week	a7,9	b5	-	-
9-Impact of Drug Addiction on Family & Society	11 th week	a10	b2,5	-	-
10-Clinical Trials for Addiction Disorders	12 st week	a10,11	b6	--	d1,2
Revision	13 th week	-	-	-	-



University: Port Said
Faculty : Nursing
Department: Psychiatric Nursing Department

COURSE SPECIFICATIONS

<i>1-Course data</i>		
Code: PSY625	Course title: General Psychology	Academic year / Level : Post graduate Diploma Degree.
Specialty: Psychiatric Nursing and Mental Health	No. of hours: 2Credit hour	Theory: 2hr / 14 weeks Practice: -----

2. The Aim of Course:	At the end of the course student will be able to identify physiological factors, learning, motivation, emotions, personality, adjustment, stress, psychological disorders, and therapies applied to the human behaviors.
3 – Intended Learning Outcomes of Course (ILOs) By the end of this course each student will be able to;	
a-Knowledge and Understanding:	a1. identify the various research methods used to gain knowledge about human thought and behavior within the science of psychology a2. explain human behavior at multiple levels, including (but not limited to) the neural level, developmental level, cognitive level, social level, evolutionary level, and genetic level; a3. Describe the processes of sensation and perceptions a4. Describe the concepts, theories, research and physiological and psychological processes behind human behaviors, motivation and emotion. a5. State the relationship between stress and disease processes. a6. Explain how psychological needs and cognitive processes affect motivation a7. List the characteristics needed for behavior to be described as abnormal. a8. Discuss the processes whereby people are likely to exhibit prosaically and antisocial behavior.



	<p>a9. Describe the various types of psychotherapy</p> <p>a10 Describe the goals and methods of psychodynamic therapies, and how these therapies differ from other approaches.</p> <p>a11. discuss level of consciousness</p> <p>a12. Identify process of learning.</p>
b-Intellectual Skills:	<p>b1. Distinguish between the processes of sensation and perception.</p> <p>b2. Compare and contrast motivation and emotion.</p> <p>b3. Differentiate between habituation, instincts, and imprinting.</p> <p>b4. Differentiate between the major classes of diagnoses.</p> <p>b5. Describe the goals and methods of biological therapies, and how to distinguish among psychotropic medications</p> <p>B6. Describe group approaches to psychotherapy.</p>
c-Professional and Practical Skills	Not applicable.
d-General and Transferable Skills:	<p>d1. Demonstrate ethical decision making approach in nursing care plan for psychiatric patients.</p> <p>d2. Apply moral action in nursing practices.</p> <p>d3. Demonstrate methods of cognitive therapies and different types of psychotherapy to abnormally mentally persons.</p>
4- Course Contents	<ul style="list-style-type: none">• 1-Introduction to scientific psychology including research methods• 2-Learning• 3-human Behavior• 4-personality• 5-stress• 6-Motivation& emotion• 8-Sensation & Perception• 9-Memory & Consciousness• 10Social Psychology• 11-Psychological Disorders• 12-Treatment&therapies



<p>5- Teaching and Learning Methods</p> <p>Facilities Required for Teaching and Learning</p>	<p>6.1. Lectures. 6.2. Group discussion. 6.3. Presentation</p> <p>-Data show, computer and microphone.</p> <ul style="list-style-type: none"> - Active board - White board - Paper & Pencil 																		
<p>Teaching and Learning Methods for students with low achievement</p>	<p>- Not applicable</p>																		
<p>7-Students assessment:-</p>																			
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Course Matrix

Course Content	week	Knowledge and Understanding skill	Intellectual skills	Practical skills	General and Transferable skills
• 1-Introduction to scientific psychology including research methods	2 nd week	a1	-	-	-
• 2-Learning	3 rd week	a7-a10	b3	-	-
• 3-human Behavior	4 th week	a2	-	-	-
• 4-personality	5 th week	a6	-	-	-
• 5-stress	6 th week	a5	-	-	-
• 6-Motivation& emotions	7 th week	a4-a8	b2	-	-
• 7-Sensation & Perception	8 th week	a3	b1	-	-
• 8-Memory & Consciousness	9 th week	a15	-	-	-
• 9-Social Psychology	10 th week	a12	-	-	-
• 10-Psychological Disorders	11 st week	a9-a11	b4	-	-
• 11-Treatment&therapies	12 th week	a13-a14	b5-b6	c1-c2	d1-d2
• 12-Revision	13 th week	-	-	-	-

Professor of Subject:

Head of the department:

University: Port Said



Faculty : Nursing

Department: Psychiatric Nursing Department

COURSE SPECIFICATIONS

1-Course data		
Code: GEN 901	Course title: Evidence based practices in nursing.	Academic year / Level : Post graduate -2016-2017 Diploma Degree.
Specialty: Psychiatric Nursing and Mental Health	No. of hours: 28Credit hour	Theory: 2hr / 14 weeks Practice: -----

2. Overall Aim of Course:	This course is intended to give the student nurse an overview of the model of evidence based practices, understand steps of evidence based practices and its sources, recognize research relevant to practice, role of nurse and application of evidence based practices in each field of nursing.
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3 – Intended Learning Outcomes of Course (ILOs) By the end of this course each student will be able to;	
a-Knowledge and Understanding:	a1. Define evidence based practices a2. Identify model of evidence based practices. a3. Discuss each model of evidence based practices. a4. Identify sources of evidence based practices. a5. Discuss role of nurse in evidence based practices. a6. List steps of evidence based practices. a7. Identify ethical and Practical Consequences of evidence based practices. a8. Identify Critical Appraising Qualitative Evidence for Clinical Decision Making. a9. Identify Essential resources for teaching evidence-Based Practice. a10. List barriers to Evidence-Based Practice a11. Discuss how to overcoming Barriers and obstacles of evidence – Based Practice.
b-Intellectual Skills:	b1. Discuss each model of evidence based practices b2. Differentiate between model of evidence based practices b3. Discuss sources of evidence based practices.



	<p>b4. Discuss component of evidence based practices. b5. Differentiate between steps of evidence based practices. b6. Recognize research relevant to practice.</p>
c-Professional and Practical Skills:	Not applicable.
d-General and Transferable Skills:	<p>d1. Demonstrate of evidence based practices in each field of nursing. d2. Apply distinguishing research, evidence implementation, and quality improvement .</p>
4- Couse Content	<ol style="list-style-type: none"> 1- Introduction to evidence based practices. 2- obstacles and opportunities of evidence based practices 3- Steps of evidence based practices. 4- Model of evidence based practices 5- Sources of evidence based practices. 6- Role of nurse in evidence based practices 7- Ethical Considerations for Evidence Implementation and Evidence Generation. 8- Critically Appraising Qualitative Evidence for Clinical Decision Making 9- Teaching Evidence-Based Practice in Clinical Settings. 10- Application of evidence based practices in each field of nursing.

5– Teaching and Learning Methods	<p>6.1. Lectures. 6.2. Group discussion. 6.3. Presentation</p>
Facilities Required for Teaching and Learning	<p>-Data show, computer and microphone. - Active board - White board</p>



	- Paper & Pencil																		
Teaching and Learning Methods for students with low achievement	Not applicable																		
7-Students assessment:-																			
a- Student Assessment Methods:	Semester Work Midterm Exam Final Written exam																		
b- Time	Written exam at the end of the course Mid-term exam during the course Semester work during the course																		
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Professor of Subject:

Head of the department:



Course Matrix

Course Content	week	Knowle dge and Underst anding skill	Intellectu al skills	Practi cal skills	General and Transferable skills
Introduction course syllabus	2 nd week	-	-	-	-
Introduction to evidence based practices.	3 rd week	a1	b4	-	-
obstacles and opportunities of evidence based practices	4 th week	a10,11	-	-	-
Steps of evidence based practices.	6 th week	a6	b5	-	-
Model of evidence based practices	7 th week	a2,3	b1,2	-	-
Sources of evidence based practices.	8 th week	a4	b3	-	-
Role of nurse in evidence based practices	9 th week	a5	-	-	-
Ethical Considerations for Evidence Implementation and Evidence Generation.	10 th week	a7	b6	-	-
Critically Appraising Qualitative Evidence for Clinical Decision Making	11 th week	a8	-	-	d2
Teaching Evidence-Based Practice in Clinical Settings	12 st week	a9	-	-	-
Application of evidence based practices in each field of nursing.	13 th week	-	-	-	d1
Reversion	14 th week	-	-	-	-



University: Port Said

Faculty : Nursing

Department: Psychiatric Nursing Department

COURSE SPECIFICATIONS

1-Course data		
Code: GEN 902	Course title: laws and ethics of Profession	Academic year / Level : Post graduate Diploma Degree.
Specialty: Psychiatric Nursing and Mental Health	No. of hours: 28Credit hour	Theory: 2hr / 14 weeks Practice: -----

2. Overall Aim of Course:	This course is intended to give the student nurse an overview of the nurse's code of ethics, emphasize on ethical obligations of professional nurses in their roles as members of a profession, providers of care, and designers and managers of care and provide a comprehensive framework for ethical decision making in clinical practice.
3 – Intended Learning Outcomes of Course (ILOs) By the end of this course each student will be able to;	
a-Knowledge and Understanding:	a1. Identify professional nursing values a2. Define profession concepts. a3. Describe responsibilities of nursing as a profession. a4. Discuss principles of nursing ethics. a5. Discuss basic actions every nurse must implement to protect patient confidentiality. a6. Recognize the impact of personal and professional values on decision making and professional behavior. a7. Determine principles of ethical decision making a8. Discuss ethical issues related to each field of nursing. a9. Identify the principle of fidelity to professional practice a10. Describe the role of the ethic of care in client advocacy a11. Recognize strategies for promoting moral action in nursing practice.
b-Intellectual Skills:	b1. Discuss the criteria of a profession and professionalization of nursing.



	<p>b2. Differentiate between values, morals and ethics. b3. Discriminate between confidential and non- confidential patient information. b4. Discriminate between major ethical theories. b5. Explain professional standards for nurse practitioners. b6. Discuss advocacy strategies for nurses to employ when dealing with vulnerable populations. b7. Select a clinically useful ethical decision-making framework that incorporates moral concepts, professional ethics, and law and respects diverse values and beliefs. b8. Describe the relationship between ethical theory, ethical decision-making frameworks and nursing practice.</p>
c-Professional and Practical Skills:	Not applicable.
d-General and Transferable Skills:	<p>d1- Demonstrate ethical decision making approach in nursing care plan for psychiatric patients. d2. Apply moral action in nursing practices.</p>
4- Course Contents	<p>1- Introduction. 2- Professionalism. 3- Ethical theories. 4- Ethical principles. 5- Legal rights of psychiatric patients. 6- Confidentiality. 7- Ethical decision making. 8- Fidelity to professional practice 9- Ethic of care in client advocacy. 10- Moral Action in Nursing Practice.</p>

5- Teaching and Learning Methods	<p>6.1. Lectures. 6.2. Group discussion. 6.3. Presentation</p>
Facilities Required for Teaching and	<p>-Data show, computer and microphone. - Active board</p>



Learning	<ul style="list-style-type: none"> - White board - Paper & Pencil 																		
Teaching and Learning Methods for students with low achievement	<ul style="list-style-type: none"> - Extracurricular activities - Assignments - Lecture revision 																		
7-Students assessment:-																			
a- Student Assessment Methods:	Semester Work Midterm Exam Final Written exam																		
b- Time	<p>Written exam at the end of the course Mid-term exam during the course Semester work during the course</p>																		
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:Professor of Subject:

Head of the department



Course Matrix

Course Content	week	Knowle dge and Underst anding skill	Intellectu al skills	Practi cal skills	General and Transferable skills
Introduction course syllabus	2 nd week	-	-	-	-
Professionalism.	3 rd week	a1,2,3	b1,5	-	-
Ethical theories.	4 th week	-	b4,8	-	-
Ethical principles.	6 th week	a4	-	-	-
Legal rights of psychiatric patients.	7 th week	-	-	-	-
Confidentiality.	8 th week	a5	b3	-	-
Ethical decision making.	9 th week	a6	b7,8	-	d1
Fidelity to professional practice	10 th week	a9	--	-	-
Ethics of care in client advocacy.	11 th week	a10	b2	-	d1
Moral Action in Nursing Practice	12 st week	a11	b2,6	-	d2
Reversion	13 th week	-	-	-	-