



Year 20 <sup>٢١</sup> -20 <sup>٢١</sup>	Subject: palliative care
	<b>First year</b>
Date : / / 20 <sup>٢٢</sup>	Total Marks: ٢٥
Time allowed:	Dr. Hayat Mohamed

**“ALL Questions should be answered”.**

**(٢5 Marks)**

**Part I**

**(8 Mark)**

**Read the following statement carefully, then circle (T) if statement is true and (F) if the statement is false.**

1.	person who complain bypass diarrhea suspect constipation	(T) (F)
٢	A score of 5/12 indicates severe constipation and requires aggressive intervention to empty the colon.	(T) (F)
٣	hypomagnesemia and hypocalcemia are causes diarrhea	(T) (F)
٤	Cachexia is defined as a loss of desire to eat or a loss of appetite associated with a decrease in food intake .	(T) (F)
٥	Nausea is a mechanism whereby the body tries to purge itself of noxious.	(T) (F)
٦	Dexamethasone the drug of choice for mechanical and chemical causes of nausea	(T) (F)
٧	Fatigue is always a sign of a serious medical condition.	(T) (F)
٨	Palliative care is best used for simple problems like colds and flus	(T) (F)

**Part II**

**(٧Marks)**

**Read the following statement carefully, and then choose one answer.**

**1. A client, 45 years old, has acute pain following a fractured ankle. The physician’s order is acetaminophen (Tylenol) with 30 mg of codeine one to two tablets, q3–4h prn. Although the client had taken two tablets 1 hour ago, she reports having severe pain. What nursing action is most appropriate?**

- Consult the nurse-in-charge
- Reassess the client’s pain in 15 minutes
- Notify the physician of the client’s pain level
- Administer an additional dose while awaiting a new order

**2. A nurse is caring for a 50-year-old client who is clinically obese and presented to the emergency department with complaints of right-sided back pain. The nurse removes the bedpan and notes white, pasty stool. What would be the most appropriate action?**

- Encouraging the client to increase daily fluid intake
- Encouraging the client to increase daily fibre intake
- Documenting the findings and notifying the health care provider
- Obtaining a thorough dietary history for the past 72 hours

**3. Non-verbal communication all of the following except**

- Reflect feeling
- Listening
- Talking
- Respect



**4. Besides watery stools, which of these symptoms also may occur during diarrhea**

- a. Abdominal cramping
- b. Fever
- c. Hypertension
- d. Chest pain

**5. Step 2 (moderated pain) ladder analgesic according the WHO consist of**

- a. Nonopioid adjuvants
- b. Weak opioid adjuvants
- c. Weak opioid, nonopioid adjuvants
- d. Strong opioid, nonopioid adjuvants

**6. Neuralgic pain signs and symptoms is**

- a. Constant pain that occasionally radiates
- b. Heat, burning, numbness or tingling over the area.
- c. Light pressure from non-painful stimuli can produce severe pain.
- d. Sudden attack of stabbing pain

**7. The chief aim of palliative care is -----**

- a. To cure illness
- b. To improve quality of life
- c. To hasten death
- d. To prolong life

## **Part IV**

**(10 Marks)**

**Answer the following questions**

- 1. Discuss the pharmacological management about dyspnea?**
- 2. List the ten steps to breaking bad news?**

*Best wishes*

*Dr. Hayat Mohamed*