

Year 2021/2022	Subject: طب نفسي
1st Term Exam	Fourth level: Psychiatric Nursing and mental Health
Date : / 1 /2022	Total Marks: 60
Time Allowed: 2 Hours	Prof. Ashraf Tantawy

Final MCQ

1) which of the following is an important factor in substance abuse?

- a. Whether the substances are regularly used by other family members
- b. Whether the family environment is rural or urban
- c. Whether you are a twin
- d. Whether you are born in winter

2) Which of the following is an example of a substance use disorder (SUD)?

- a. Alcohol related disorders
- b. Caffeine related disorders
- c. Inhalant related disorders
- d. All of the above

3) Extra pyramidal Symptom are commonly seen in treatment with

- a. Antipsychotic Drugs
- b. Antibiotics
- c. Anticonvulsant drugs
- d. Antidepressant drugs

4) As a nurse in charge of ICU where a patient is recovering from suicidal attempt, the most important step for further management would be, interviewing the patient for

- a. Cause for suicidal attempt
- b. Substance used and its quantity
- c. Persisting suicidal ideation
- d. Family history of suicide

5) A patient presented to ER with sudden onset of palpitation, fear of impending doom, breathlessness and sweating. This lasted for about 10 – 15 mins and gradually subsided down. All the necessary investigations done were normal. Most likely diagnosis is

- a. Cannabis intoxication
- b. Hypoglycemia
- c. Panic Attack
- d. Partial Seizure

6) Extrapyrarnidal syndrome that causes inner subjective restlessness and inability to sit still following antipsychotic administration is called

- a. Akathisia
- b. Dystonia
- c. Coarse tremor
- d. Oculogyric crisis

7) A patient is brought to ER with a state of altered sensorium. History revealed that the patient was on lithium treatment for mania. Two days before, he had severe diarrhea and vomiting with abdominal pain. After this, the dose of lithium was continued, with which the vomiting episode increased. In addition, he started complaining of difficulty in speech and walking. On examination, he had coarse tremors, and brisk deep tendon reflexes. The cause of this condition is

- a. Lithium toxicity

- b. Cholera
- c. Manic stupor
- d. Neuroleptic malignant syndrome

8) Characteristics of OCD include all the following, EXCEPT:

- a. Obsessive thoughts
- b. Compulsive acts
- c. Considerable degree of anxiety
- d. Ordered flight of ideas

9) When an individual is suffering from body dysmorphic disorder the symptoms include:

- a. Having unnecessary invasive procedures.
- b. Becoming obsessively concerned about imagined or minor physical defects in their appearance.
- c. Feelings of hopelessness.
- d. All of the above.

10) Which of the following is the most common symptom of acute schizophrenia?

- a. Auditory hallucinations
- b. Delusions of reference
- c. Suspiciousness
- d. Lack of insight

11) Which of the following is not a hallucinogenic?

- a. Cannabis
- b. MDMA

- c. LSD
- d. Antibiotics**

12) Treatment options for bipolar disorder include:

- a. Antidepressants and electroconvulsive therapy
- b. Yoga and meditation
- c. Hydrotherapy and oxygen therapy
- d. None of the above

13) Amnesic reaction and delirium are seen with:

- a. Alcohol
- b. Opiates
- c. Cannabis
- d. Amphetamines

14) You are assessing a 21 year old female patient who attempted suicide, which of the following is least likely to indicate a suicidal intent

- a. Using a dangerous method in suicidal attempt
- b. Wishing that she was not saved
- c. Attempts to obtain help afterwards
- d. Precaution to avoid discovery

15) Recurrent, intrusive, senseless ideas, thoughts, and images that are ego-dystonic and involuntary are termed as

- a. Obsession
- b. Compulsions

- c. Hypochondreasis
- d. Obstrusiveness

16) Which of the following neurotransmitter\ (s) has been implicated in the pathophysiology of schizophrenia?

- a. Glutamate
- b. Serotonin
- c. Dopamine
- d. All of the above

17) The following are clinical features of mania, EXCEPT:

- a. Elation of mood
- b. Disorientation
- c. Pressure of speech
- d. Grandiose delusions

18) The following are risk factors for suicide, EXCEPT:

- a. Old age
- b. Depression
- c. Married status
- d. Substance Abuse

19) For a diagnosis of schizophrenia, how long should the disturbance be present?

- a. 1 month
- b. 3 months
- c. 6 months
- d. 9 months

20) The most common obsession is:

- a. fear of contamination
- b. pathological doubt
- c. need for symmetry
- d. aggressive obsessions

21) When someone can't resist the urge to pull out their hair, it is called:

- a. Trichotillomania
- b. Excoriation
- c. Pyromania
- d. Kleptomania

22) All are second generation antipsychotics except

- a. Aripiprazole
- b. Risperidone
- c. haloperidol
- d. Olanzapine

23) A 42-year-old female patient with schizophrenia stops in the middle of a sentence while being interviewed. She is not able to explain why she stopped. What is this phenomenon called?

- a. Thought withdrawal
- b. Thought blocking
- c. Thought broadcasting
- d. None of the above

24) The model of the etiology of obsessive-compulsive disorder suggests that in order for an individual to develop OCD, _____ must be present.

- a. biological vulnerability
- b. psychological vulnerability
- c. both biological and psychological vulnerabilities
- d. neither biological nor psychological vulnerabilities

25) Catatonic Behavior in Schizophrenia is characterized by which if the following:

- a. Resisting attempts to be moved
- b. Maintaining rigid, immobile postures
- c. Decrease in reactivity to the environment
- d. All of the above