



Year: 2020/2021	Obstetrics and Gynecology Nursing (Cod Nur304)
2 nd term Exam	3 rd year student- 3 rd level
Date: 12 / 6 /2021	Total Marks(100)
Time allowed: 3 hours	ADr: Nagat Salah
	Dr/ Gehan ahmed , Nor Elehoda mohamed

1- Choose the best correct answer (60 marks)

1-	The	hormone	responsible fo	or a	positive	pregnancy	test	is:
_				- -	000202.0	P 5		_~ .

a. Estrogen hormone

b. Progesterone hormone

c. Human Chorionic Gonadotropin d.Follicle Stimulating hormone

2- During a pelvic exam the nurse notes a purple-blue tinge of the cervix. The nurse documents this as which of the following?

a. Braxton-Hicks sign

b. Chadwicks sign

c.Goodells sign

d. McDonalds sign

3- The client tells the nurse that her last menstrual period started in 14/3/2019. Using Nageles' rule, the nurse determines her expected date of delivery (EDD) to be which of the following?

a. 21-Seb-2020

b. 21-Dec-2021

c. 21-Nov-2019

d. 21- Dec-2019

4-During the 7th & 8th month of pregnancy, a primigravida should visit the antenatal unit every

a. One Week

b. Two weeks

c. Three Weeks

d. Four weeks

5- At any time of gestation most likely fetal movement (quickening) are felt for the first time

a- 14 weeks

b- 20 weeks

c-12 weeks

d- 24 weeks

6-Frequency of micturition occurs in early pregnancy due to :

a- Pressure of fetal presenting part on bladder

b. urinary tract infection

c.Hormonal changes

d. Pressure of growing uterus



b. Flexion



7- The pigmentation of the midline	, abdominal skir	during pregnancy
called		

cam	eu						
	a. Striaegravidarum.	b.Linea nigra.					
	c. Chloasma.	d. Melasma.					
8-	- Causative organism for monilia infection is						
í	a. Tricomonas vaginalis	b. chlamydia trachomatis					
(c. Candida albicans	d. Neisseria gonorrhea					
9- V	Vhich of the following fundal he	ights indicates less than 12					
wee	eks gestation when the date of th	ne LMP is unknown?					
	he uterus in the pelvis.	b. The uterus at the xiphoid level.					
	he uterus located under the uml The fetal head is in which of the	bilicus. d. The uterus at the umbilicus. following positions with a face presentation?					
•	a. Completely flexed	b. Completely extended					
	b. Partially extended	d. Partially flexed					
	•	tages of labor would the nurse assess					
	wning?	ages of about would the nurse assess					
ä	a. First stage	b. Second stage					
ł	b. Third stage	d. Fourth stage					
12- 7	True onset of labor is defined by	which one of the following					
a. Pa	assage of bloody show	b. Occurrence of uterine contraction					
c. E	xcessive fetal movement	d. Formation of bag of fore water					
		a role in the descent of the fetus into the					
pelv	vis during 1 st stage of labor?						
í	a. Contractions of the uterus						
ł	b. Bearing down efforts of the ab	. Bearing down efforts of the abdominal muscles					
(c. Vaginal mucosal changes	d. All of the above					
14-1	What is the term used for the ne	xt step in the mechanism of labor after					
desc	cent?						
í	a. Flexion	b. Extension					
ł	b. Rotation	d. Restitution					
15- <i>A</i>	As soon as the birth of the head	is over, the neck untwists and the head					
		on to the body. This is called what?					
ä	a. Extension	b. Rotation					

d. Restitution





16-What is the diameter of fetal skull that presents at vulva during normal labour:

a. Suboccipitofrontal.b. Mentovertical.c. Suboccipitobregmatic.D. Occipitofrontal.

17-Crowning define as:

- **a.** When the greatest diameter of fetal head comes through vulva.
- b. When presenting part reaches the pelvic floor.
- c. When the perineum bulges in front of fetal head.
- d. When fetal head is visible at vulva.

18-Duration of latent phase in a multigravida is:

a. 1-2 hours. b.2-4 hours. c.4-6 hours. d.6-8 hours.

19-True contractions characterized by all of the following Except?

a. Occur at regular intervalsb. Intervals get gradually smaller

c. Intensity increases d. Pain stop with sedation

20-A 31-year-old multipara is admitted to the birthing room after initial examination reveals her cervix to be at 8 cm, completely effaced (100 %), and at 0 station. What phase of labor is she in?

a. Active phaseb. Latent phase

b. Transitional Phase

d. Expulsive phase

21-The laboring patient has transitioned to second stage of labor. What changes in the perineum indicate the birth of the baby is imminent?

- a) Edema and retracting perineum
- b) Retracting perineum and anus with an increase of bloody show
- c) Intense contractions and retracting perineum
- d) Bulging perineum and the anal orifice starts to dilate.

22-After the delivery of fetus, placenta should be removed by:

a. Fundal pressure. b. D & C.

c. Brandt-Andrews method. d. Manual removal.

23- When postpartum primipara woman can have sexual intercourse again?

- a. Anytime the couple wants to do.
- b. As soon as a woman chooses a contraceptive method.
- c. When the discharge has stopped and the incision is healed.
- d. After 3 weeks examination.





24- The nurse assesses the vital signs of a client, 4 hours postpartum that are as follows: BP 90/60; pulse 100 weak, thread; R 20 per minute. Which of the following should the nurse do first?

- a. Report the temperature to the physician
- b. Recheck the blood pressure with another cuff
- c. Assess the uterus for firmness and position
- d. Determine the amount of lochia

25- The nurse assesses the postpartum vaginal discharge (lochia) on four clients. Which of the following assessments would warrant notification of the physician?

- a. A dark red discharge on a 2-day postpartum client
- b. A pink to brownish discharge on a client who is 5 days postpartum
- c. Almost colorless to creamy discharge on a client 2 weeks after delivery
- d. A bright red discharge 5 days after delivery

26-During the first hours following delivery, the post-partum client is given IV with oxytocin added to them. The nurse understands the primary reason for this is----?

a. To promote uterine involution.

b. To promote uterine contraction.

c. To promote healing.

d. To promote breast feeding.

27- A woman is considered to be menopause if she has experienced cessation of her menses for a period of

a. 6 months
b. 12 months
c. 18 months
d. 24 months

28- Vasomotor symptoms of menopause is -----

- Recurrent, transient episodes of flushing accompanied by a sensation of warmth
- b. Bleeding after sexual intercourse
- c. Skipped menstrual periods
- d. Not of above.

29 -The main cause of vaginal dryness during menopause is----?

a. Drop of estrogen hormone

b. Drop of progesterone hormone

c. Bartholin gland obstruction

d. Ovarian atrophy

30-Azoospermia means ----

a. Spermatozoa with abnormal morphology

b. No spermatozoa in the ejaculate

c. Normal ejaculation with low number of sperm

d. No ejaculate

31-Vasectomy is a procedure done on a male for sterilization. The organ involved in this procedure is

a. Prostate gland

b. Seminal vesicle

b. Testes

d. Vas deferens





32-which of the following is appropriate nursing diagnosis for infertile couple

- a. Self-esteem disturbance related to diagnosis
- b. Personal Identity disturbance, related to unsuccessful treatment
- c. Ineffective family coping, compromised live and decision making
- d. All of above

33-Some men experience ejaculation problems as retrograde ejaculation which means?

- a. semen is ejaculated into bladder
- b. semen is ejaculated too slowly
- c. no ejaculation done
- d. Semen is ejaculated with immature sperm

34- Hypogonadism is an abnormally low level of ----?

a. Testosterone

b. Progesterone

c.Thyroid hormone

d. FSH

35-Which of the following is diagnostic procedure for Infertility?

- a. Huhner test
- b. Artificial insemination
- c. Embryo cryopreservation
- d. Gamete intrafallopian transfer

36-When teaching a client about contraception. Which of the following would the nurse include as the most effective method for preventing sexually transmitted infections?

a. Spermicides

b. Diaphragm

c.Condoms

d. Vasectomy

37 mechanism of action in chemical family planning method is -----

- a. Kill the sperms by different mechanism
- b. Prevent entry of sperms on female reproductive tract.
- c. Prevent release of ovum from ovary.
- d. Thickening the cervical mucus.

38-For the client who is using oral contraceptives, the nurse informs the client about the need to take the pill at the same time each day to accomplish which of the following-----?

- a. Decrease the incidence of nausea
- b. Maintain hormonal levels
- c. Reduce side effects
- d. Prevent drug interactions





39- Which of the following times the Natural barriers against infection are weakened?

a. After labor or abortion. b.During menstruation

c.Before puberty & after menopause. C. All of above.

40- Mrs. Noha missed her pills for 2 days

- a. Take it as soon as she remember.
- b. Take 2 pills the day she remember and 2 pills the next day.
- c. She must use another form of birth control until you finish the pill pack
- d. She must take one pill daily until Sunday and then start a new pack.

II- Read the following situation carefully and answer the following questions .(40 marks)

Mrs. Aisha is 27 years old. Was admitted to delivery room on 05-12-2020 at 8.A.M. with complains of pain in lower abdomen with back ache since 4.A.M., her obstetric code was G40030. Vital signs (at the time of admission) Temperature -37.4 degree C Pulse -94/min Respiration -20/min B.P.- 124/80 mm of Hg. On auscultation F.H.S. 148/min. Presenting part is a head and is fixed. Uterine contraction; 3contraction/10min, duration >20 second. On vaginal examination; Cervical dilatation 2cm, effacement 30%, Membrane intact, Diagonal conjugate diameter is 12.5cm.

Questions

- Q1- Is Mrs. Aisha in active labor? Give a reason? (2Marks)
- Q2- What the EDD of Mrs. Aisha? (2Marks)
- Q3-Describe the obstetric code of Mrs. Aisha? (2Marks)
- Q4- Estimate the length of the obstetric conjugate diameter? (3Marks)
- Q.5 Mention the most important questions the nurse should asked this woman? (6Marks)
- Q6. A vaginal exam revealed that the cervix is completely dilated and +2. What should be the nursing interventions at this time? (4Marks)
- Q7- List the characteristic of second stage of labor? (5Marks)
- Q8. What are the nursing interventions of this case? (6Marks)

Mrs. Aish delivered female newborn weight 3700 gm at 2 pm.

Q9. Design the nursing care plan for Mrs. Aisha? (10Marks)

GOOD LUCK